



Nature Care College

COMPULSORY TEXTS BOOKLIST and COURSE LEARNING GUIDES

Section 1: Compulsory Text Books A – Z

Section 2: Learning Guides A – Z

(January 2012)

This list of compulsory texts and Learning Guides is published on the Nature Care College website

<http://www.naturecare.com.au>

**Select: Student Centre
2012 Booklist 'Compulsory Texts'**

The compulsory texts and recommended readings are listed on the individual Unit of Study Outlines and can also be viewed on the website.

Compulsory Text Books can be purchased from the Nature Care College Emporium.

Price guide:

The retail prices, where listed, are a guideline only and are subject to change

Please note:

Nature Care Students receive a 10% discount on most Compulsory Texts when purchasing through Nature Care College

Prior to your first lesson you will need to collect your free course Learning Guide/s from the Nature Care College Emporium. To collect them you will be required to present your Confirmation of Enrolment to the Emporium Staff

Should you require a replacement Learning Guide during the Term you can purchase one at a cost of \$25 from the Nature Care College Emporium.

For further recommended reading/texts, please refer to the relevant Unit of Study Outlines.

Section 1: Compulsory Text Books A - Z

A...

ADVANCED AROMATHERAPY

Battaglia S, 2004. *The Complete Guide to Aromatherapy*, 2nd ed. The Perfect Potion \$69.95

ADVANCED COACHING SKILLS AND TOOLS

Whitworth L, Kimsey-House K, Kimsey-House H, Sandahl P (latest edition) *Co-Active Coaching: New Skills for Coaching People Towards Success in Work and Life*. Davies-Black, Mountain View, CA. \$65.95

AN INTRODUCTION TO TRANSPERONAL PSYCHOLOGY

Nil.

ANATOMY & PHYSIOLOGY 1A)

Tortora G. Derrickson B (2012) *Principles of Anatomy and Physiology* 13th Edition, John Wiley & Sons Inc
Unbound document \$83.95

ANATOMY & PHYSIOLOGY 1B

Tortora G. Derrickson B (2012) *Principles of Anatomy and Physiology* 13th Edition, John Wiley & Sons Inc
Unbound document \$83.95

ANATOMY & PHYSIOLOGY 1C

Tortora G. Derrickson B (2012) *Principles of Anatomy and Physiology* 13th Edition, John Wiley & Sons Inc
Unbound document \$83.95

ANATOMY & PHYSIOLOGY 2

Tortora, G Derrickson B (2012) *Principles of Anatomy & Physiology*. 13th Edition John Wiley & Sons Inc.
Unbound document \$83.95

AROMATHERAPY FOR COMPLEX NEEDS

Nil

AROMATHERAPY STUDIES – An Introduction

Battaglia S, 2004. *The Complete Guide to Aromatherapy*, 2nd ed. The Perfect Potion. - \$69.95

AROMATHERAPY TECHNIQUES 1

Battaglia S. 2004. *The Complete Guide to Aromatherapy*, 2nd ed. The Perfect Potion. - \$69.95

AROMATHERAPY TECHNIQUES 2

Battaglia S. 2004. *The Complete Guide to Aromatherapy*, 2nd ed. The Perfect Potion.. - \$69.95

ASANA (POSTURES) LEVEL 1

Desikachar T.K.V 1995. *The Heart of Yoga*, Inner Traditions \$39.95

Hanson Lasater, J. 2003 30 Essential Yoga Poses for Beginning Students and their Teachers \$39.95

Kaminoff ,L. Mathews A. 2007 *Yoga Anatomy*.. -2nd Edition Human Kinetics \$34.95

Satyananda, S. 1996. *Asana, Pranayama, Mudra, Bandha*. Bilhar Yoga Bharati, Bilar. \$37.50

ASANA (POSTURES) LEVEL 2

Desikachar T.K.V 1995. *The Heart of Yoga*, Inner Traditions \$39.95

Hanson Lasater, J. 2003 30 Essential Yoga Poses for Beginning Students and their Teachers \$39.95

Kaminoff ,L. Mathews A. 2007 *Yoga Anatomy*.. -2nd Edition Human Kinetics \$34.95

Satyananda, S. 1996. *Asana, Pranayama, Mudra, Bandha*. Bilhar Yoga Bharati, Bilar. \$37.50

ASTROLOGY 1

Parampara, Porteous C. 2000. *Star Lore - A Beginner's Guide to Astrology*. Self published. - \$30.00

ATTACHMENT, ADDICTIONS & CHANGE

Nil

AYURVEDIC KITCHEN HERBS

Dr. Vasant Lad and Dr. David Frawley, *The Yoga of Herbs*, Lotus Press \$36.95

Bhagwan Dash and Manfred Junius, *A Handbook of Ayurveda*, Concept Publishing Company \$24.95

AYURVEDIC PSYCHOLOGY & YOGA THERAPY

Ayurveda and the Mind, David Frawley, Lotus Press, Winsconsin, 1996..- \$39.95

B...

BACH FLOWER REMEDIES

Dr Edward Bach *The Essential Writings of Dr Edward Bach*. Vermillion 2005 \$16.95

Barnard JA, 1979. *Guide to the Bach Flower Remedies*. C.W. Daniel, Essex, England. \$15.95

Weeks N, 1973. *Medical Discoveries of Edward Bach*. C.W. Daniel, Essex, England. \$24.95

BACH FLOWER REMEDIES 2

Chancellor, P.M., 2000. *Illustrated Handbook of the Bach Flower Remedies*, Saffron Walden, Great Britain. \$49.95

BASIC MARKETING FOR COACHES

Whitworth L, Kimsey-House K, Kimsey-House H, Sandahl P (latest edition) *Co-Active Coaching: New Skills for Coaching People Towards Success in Work and Life*. Davies-Black, Mountain View, CA. \$65.95

BIOCHEMISTRY

Bettelheim. 2012. *Introduction to General, Organic & Biochemistry*. 10th Edition. Cengage Learning \$147.95

BUILDING YOUR COACHING SPECIALTY

Whitworth L, Kimsey-House K, Kimsey-House H, Sandahl P (latest edition) *Co-Active Coaching: New Skills for Coaching People Towards Success in Work and Life*. Davies-Black, Mountain View, CA. \$65.95

BUSINESS SKILLS-

Allen & Unwin 2011 - 4th Edition *Complementary Medicine: Ethics & Law* - Michael Weir \$49.95

C...

CARE FOR LOSS & GRIEF

Robert Neimeyer, *Lessons of Loss, A Guide to Coping*, Centre for Grief Education, Inc VIC 2000 \$64.00

CASE MANAGEMENT IN CONTEXT

Nil

CHEMISTRY

Bettelheim et al 2012. *Introduction to General, Organic & Biochemistry*. 10th Edition. Cengage Learning \$147.95

CHEMISTRY & PHARMACOLOGY OF ESSENTIAL OILS

Clarke, S. 2002. *Essential Chemistry for Safe Aromatherapy*. Churchill Livingstone. \$80.00

Battaglia S. 2004 *The Complete Guide to Aromatherapy 2nd ed. The Perfect Potion* \$69.95

CLINICAL AROMATHERAPY

Battaglia, S. 2004 *The Complete Guide to Aromatherapy, 2nd ed. The Perfect Potion*. \$69.95

CLINICAL STUDIES – NUTRITION

Pizzorno JE, Murray MT, Joiner-Bey H. *The Clinician's Handbook of Natural Medicine*. London: \$75.00

Churchill Livingstone; 2008 Osiecki H. *The Physician's Handbook of Clinical Nutrition*. 7th ed. Eagle Farm: Bioconcepts; 2006. **Currently Out of Print**

Students will be required to seek out further appropriate reference material for the cases with which they are presented.

COACHING APPLICATIONS

Whitworth L, Kimsey-House K, Kimsey-House H, Sandahl P (latest edition) *Co-Active Coaching: New Skills for Coaching People Towards Success in Work and Life*. Davies-Black, Mountain View, CA. \$65.95

COACHING PRESENCE

Whitworth L, Kimsey-House K, Kimsey-House H, Sandahl P (latest edition) *Co-Active Coaching: New Skills for Coaching People Towards Success in Work and Life*. Davies-Black, Mountain View, CA. \$65.95

COMMUNICATE WITH CLIENTS

Nil

CORE SKILLS FOR TRANSFORMATION

Whitworth, L., Kimsey-House K, Kimsey-House, H. & Sandahl. 1998. *Co-Active Coaching: New Skills for Coaching People Toward Success in Work and in Life*, Palo Alto, Ca, Davies- Black. \$69.95

COUNSELLING AND THE THERAPEUTIC RELATIONSHIP

Gerald Corey: *Theory and Practice of Counselling and Psychotherapy* 2009 \$117.95

COUNSELLING 1A

Geldard D. *Basic Personal Counselling* Prentice Hall. (7th edition) \$65.00

COUNSELLING 1B

Geldard D. *Basic Personal Counselling* Prentice Hall. (7th edition) \$65.00

COUNSELLING SKILLS IN PRACTICE A

Nil

COUNSELLING SKILLS IN PRACTICE B

Nil

COUNSELLING THEORIES

Gerald Corey : *Theories and Practice of Counseling & Psychotherapy*. 7th Edition. 2009 \$117.95

CREATIVE EXPRESSION AS HEALING

Cassou M & Cubley S, 1995. *Life, Paint & Passion*. Tarcher Putnam. \$24.96

CREATING AWARENESS AND TRANSFORMATION

Whitworth, L. Kimsey-House, K, Kimsey-House, H. & Sandahl. 1998. *Co-Active Coaching: New Skills for Coaching People Toward Success in Work and in Life*, Palo Alto, Ca, Davies- Black \$69.95

CRISIS INTERVENTION

Nil.

CURRENT ISSUES IN HEALTHCARE

There are no set texts or references in this subject. However, students will be required to use a range of current journals and other publications in the library at Nature Care College, and consult newspapers and websites. This subject places an emphasis on research using the Internet.

E...

EMOTIONAL DEVELOPMENT AND HEALING

Ruskan, J. (1998) *Emotional Clearing*. Rider Books, Random House, London \$39.95

Johnson, R.A., (1991) *Owning your own Shadow*, Harper, San Fransisco \$27.95

ENERGETIC HEALING IN PRACTICE 2

Landsdowne PH.D., *The Chakra & Esoteric Healing* \$24.95

Angelo, J & J. *The Spiritual Healing Handbook* \$59.95

Angelo, J & J. *Scared Healing*

ETHICS, CULTURAL DIVERSITY AND REFERRAL

Corey, Gerald *Theories and Practice of Counselling and Psychotherapy*, 7th ed. 2009, Brooks/Cole, US \$117.95

EVIDENCE BASED PRACTICE

Nil

EXPLORING THE TRANSPERSONAL & HEALING

Cornell, A, 1996. "*The Power of Focusing: A Practical Guide to Emotional Self-Healing*" Oakland, CA, New harbinger Publications. \$24.95

F...

FENG SHUI

Roxanne. 2004. Feng Shui – A Practical and easy Guide. \$27.95
Change Your Energy, Change Your Life. Feng Shui Laws

FUNCTIONAL ASSESSMENT

Nil.

FOOD FUNDAMENTALS

Murray M. The complete book of juicing. Three Rivers Press USA 1998 \$24.95
Stanton R. (Consultant Nutritionist) Reader's Digest Foods that harm, foods that heal: An A-Z guide to safe and healthy eating 2nd edition. Reader's Digest Australia Pty Ltd 2009. \$59.95

H...

HERBAL MEDICINE 1A –INTRODUCTION

Bartram, T. 2002. *Bartram's Encyclopaedia of Herbal Medicine*. Marlowe & Co \$39.95
Griggs, B. 1997. *Green Pharmacy*. Healing Arts Press. USA. \$42.95

HERBAL MEDICINE 1B: BOTANY

Wohlmuth H, 2001. *Plants and Plant Form - An Illustrated Guide*

HERBAL MEDICINE 1C - MANUFACTURING

Adams J, Tan E. 1999. *Herbal Manufacturing*. Self published \$33.50

HERBAL MEDICINE 2A – THERAPEUTICS

Compulsory:

Braun, L & Cohen M, 2004. *Herbs & Natural Supplements*. Churchill Livingstone. 3rd ed. \$99.95
Mills, Simon & Bone, Kerry *Principles & Practices of Phytotherapy* Churchill Livingstone 2000 \$129.95

Strongly recommended for purchase

Davidson's Principles and Practice of Medicine. Current ed, Edited by Macleod J, Edwards C, Bouchier I. Churchill Livingstone, Edinburgh \$125.00

or

Porth C, *Pathophysiology 2005: Concepts of Altered Health States*. 16th Edition. Lippincott, Philadelphia. \$148.50

Berkow M, *Merck Manual*. 17th Edition. Merck Sharpe & Dohme, USA. \$89.00
(available online at: www.merck.com)

HERBAL MEDICINE 2B – PHARMACOGNOSY

Wohlmuth H, 1998. *Pharmacognosy and Medicinal Plant Pharmacology Student Manual*. \$35.00
Planta Medica.

HERBAL MEDICINE 2C – FEMALE REPRODUCTIVE SYSTEM

Trickey, Ruth. *Women, Hormones and the Menstrual Cycle*, 2nd Edition. Allen & Unwin, Sydney, 2003. \$130.00

HERBAL MEDICINE 3 - THERAPEUTICS

Mills, Simon & Bone, Kerry *Principles & Practices of Phytotherapy* Churchill Livingstone 2000 \$140.00
Weiss R, 2000. *Herbal Medicine*. 2nd ed. Thieme Medical Publishers, Stuttgart. \$156.00

HOMOEOPATHIC CASE MANAGEMENT

Those textbooks currently used as compulsory for Symptomatology & Diagnosis, Pathology and Anatomy & Physiology.

Vermuelen, F. *Concordant Materia medica* 2nd Edition 1997 or later. ISBN 90-76189-02-1 \$188.00

Schroyens F. *Synthesis, Repertorium Homoeopathicum Syntheticum*. 9.1 ed, London \$145.00

Hahnemann S. *Organon of Medicine*. 5th & 6th ed. (Dudgeon translation). B.jain publishers \$21.00

MIMS Companion, 2000 onwards

HOMOEOPATHY 1

- Pocket Manual of Materia Medica and repertory Boericke (new) \$35.00
or
Vermuelen, F. *Concordant Materia medica* 2nd Edition 1997 or later. ISBN 90-76189-02-1 \$188.00
Schroyens F. *Synthesis, Repertorium Homoeopathicum Syntheticum*. 9.1 ed, London \$145.00
Hahnemann S. *Organon of Medicine*. 5th & 6th ed. (Dudgeon translation). B.jain publishers \$21.00

HOMOEOPATHY 2

- Pocket Manual of Materia Medica and repertory Boericke (new) \$35.00
or
Vermuelen, F. *Concordant Materia medica* 2nd Edition 1997 or later. ISBN 90-76189-02-1 \$188.00
Schroyens F, *Synthesis, Repertorium Homoeopathicum Syntheticum*. 9.1 ed. onwards. London \$145.00

HOMOEOPATHY 3

- Schroyens, F. *Syntheses Repertorium*, 9.1 Edition London \$145.00. (Or Dr Frederick Schroyens, *The Essential Synthesis* \$125.00
Hardback - ISBN 0 9522744-18 Soft back - ISBN 0 9522744-26
Vermuelen, F. *Concordant Materia medica* 2nd Edition 1997 or later. ISBN 90-76189-02-1 \$188.00
Hahnemann. S. *Organon of Medicine* - Translated (5 & 6th Ed) by R. E. Dudgeon (B. Jain -Indian publication) \$17.95
Hahnemann, S. '*Materia medica Pura*' (2 Vol's) (B. Jain -Indian publication) \$55.95
Hahnemann, S. '*The Chronic Diseases*' (2 Vol's) (B. Jain -Indian publication) \$54.00

HOMOEOPATHY 4

- Hahnemann S. *Organon of the Medicine*. 5th and 6th ed. Translated by Dudgeon. \$17.95
Watson Ian. *A Guide to the Methodologies of Homoeopathy*.
Sankaran R. *The Substance of Homoeopathy* \$158.00
Schroyens F. *Synthesis Repertorium*. 9.1 ed London \$145.00
Vermeulen F, 1997. *Concordant Materia Medica*. 2nd ed. \$188.00
Compton-Burnett J. *Curability of Tumours*. \$12.95
Compton-Burnett J. *Organ Diseases of Women* \$8.00

HOMOEOPATHY 5

- Sherr, J., *The Dynamics and Methodology of Homoeopathic Provings* Herscu, P.,
Provings Vol I and II \$76.70
Gray, A. *Experience of Medicine* Volume 1. \$36.00
Wier, M., 4th ed *Law and Ethics in Complementary Medicine* \$49.99

I...

INTRODUCTION TO NUTRITION

- McGuire M, Beerman K A. *Nutritional Sciences - From Fundamentals to Food*. Thomson Wadsworth, 2009 \$92.95

INTRODUCTION TO ORIENTAL HEALING

- Kaptchuk T, 1994. *Chinese Medicine -The Web That Has No Weaver*. 11th ed. Random House, Sydney. \$42.95

INTRODUCTION TO THE HOLISTIC PERSPECTIVE

IRIDOLOGY

- Tart-Jensen E. *Through the Eyes of the Masters: A History of Iridology*. Birmingham, AL: Natural Reader Press: 2007. \$27.95
Iriscope — (these can be purchased from Nature Care College Shop – The Emporium)
Slides and photograph of own iris (taken in term 1) during class
Jensen Iris Chart

K...

KINESIOLOGY FUNDAMENTALS TOUCH FOR HEALTH 1

- Thie, John., "Touch For Health" Book 1, International Kinesiology College of Zurich \$52.00
Lilley,Toni "Touch for Health a step by step guide to Natural Health" \$59.00
Touch for Health Pocketbook with Chinese 5 Element Metaphors.M.Ed \$35.00

KINESIOLOGY 1A

- Mental Fitness for Professionals by Marion Miller and Wendy Bennett \$20.00

M...

MEDITATION 1

- Monaghan and Viereck, Revised edition *Meditation: The Complete Guide*. New World Library. \$24.95

MERIDIANS

- Jarmey C, 2008. A Practical Guide to Acu points. Lotus Publishing, North Atlantic Book. \$75.00

N...

NATURES ESSENCES

- Small, Wright M, *Flower Essences: Reordering our Understanding and Approach to Illness and Health*,
Perelandra Ltd, Warrenton, VA, 1988 \$29.95

NATUROPATHIC DIAGNOSIS

- Weatherby D. and Ferguson S. 2002. *Blood chemistry and CBC analysis; clinical laboratory testing from a functional perspective*. \$89.99
Pagana K.D. and Pagana T.J. 2007. *Mosby's diagnostic and laboratory test reference*. 8th edition.\$87.00

NUTRITION 1

- Ellie Whitney, Sharon Rady Rolfes, Tim Crowe, David Cameron:Smith, Adam Walsh -*Understanding Nutrition*: Australian and New Zealand. 1st Ed. Wadsworth, Cengage Learning 2011. \$129.95

NUTRITION 2

- Higdon, J., Drake V 2012. *An Evidence Based Approach to Vitamins and Minerals*. Thieme International \$83.95

NUTRITION 3

- Pizzorno JE, Murray MT, Joiner-Bey H. *The Clinician's Handbook of Natural Medicine* \$75.00
London: Churchill Livingstone; 2008 Osiecki H. *The Physician's Handbook of Clinical Nutrition*. 7th ed. Eagle Farm: Bioconcepts; 2006. **Currently Out of Print**

Highly Recommended Reading:

- Higdon, J. *An Evidence Based Approach to Vitamins and Minerals*. Thieme International. 2003. \$95.00

NUTRITION ACROSS THE LIFESPAN

- Brown J.E. *Nutrition Through the Lifecycle*. 4th ed. Thompson Wadsworth; 2008 \$112.95

O...

ORIENTAL DIAGNOSIS 1 & 2

- Kaptchuk T, 1998. *Chinese Medicine - The Web That Has No Weaver*. Random House, UK. \$42.95

ORIENTAL THERAPIES IN PRACTICE

- Beresford-Cooke Carol. *Shiatsu Theory & Practice*. Churchill & Livingstone. \$149.00

P...

PHARMACOLOGY

Bryant, B., Knights, K. and Salerno E, 3rd Edition. (2011). *Pharmacology for Health Professionals*. Sydney: Mosby. \$121.95

PRANAYAMA (Yogic Breathing)

Satyananda S, 1996. *Asana, Pranayama, Mudra, Bandha*. Bihar Yoga Bharati, Bihar. \$37.50

Desikachar T, 1996. *The Heart of Yoga*. Inner Traditions, Vermont \$39.95

R...

REIKI MASTER

Stiene, Bronwen and Frans, *The Japanese Art of Reiki*, Winchester, UK, 2005. \$39.95

REMEDIAL MASSAGE 1

Tuchtan, C, Tuchtan V & Stelfox D. 2004. *Foundation of Massage 3rd ed*. Churchill Livingstone. \$99.95

REMEDIAL MASSAGE 2

Tuchtan, C, Tuchtan V & Stelfox D. 2004. *Foundation of Massage 3rd ed*. Churchill Livingstone. \$99.95

RESEARCH PERSPECTIVES IN NATURAL MEDICINE

Kane M (2004) *Research Made Easy in Complementary & Alternative Medicine*. Churchill Livingstone. \$41.00

RESEARCH PROPOSAL

Kane M (2004) *Research Made Easy in Complementary & Alternative Medicine*. Churchill Livingstone. \$41.00

S...

SAFE PRACTICES

Nature Care College - Safe Practices - Student Guidelines is included with the course.

SHIATSU 1

Beresford-Cooke, C. *Shiatsu Theory & Practice*. Churchill & Livingstone \$148.00

SPECIFIC SHIATSU THERAPY

SUBTLE ANATOMY 1

Harper, J. 2000 *Nine Ways to Body Wisdom*, Thorsons. Great Britain **Currently Out of Print**

SUBTLE ANATOMY 2

Myss, C. 1996 *Anatomy of the Spirit*. Bantam Books. Sth Australia \$24.95

SWEDISH MASSAGE

Tuchtan, C, Tuchtan V & Stelfox D. 2004. *Foundation of Massage 3rd ed*. Churchill Livingstone. \$99.95

SYMPTOMATOLOGY & DIAGNOSIS AND PATHOLOGY 1

Porth C, Matfin G. *Pathophysiology-Concepts of Altered Health States*. 8th Edition. Lippincott, Philadelphia, USA 2009 \$148.50

Strongly recommended for purchase:

Mosby, 2002, *Mosby's Medical, Nursing & Allied Health Dictionary*. Mosby, USA. or similar dictionary. \$104.95

Berkow R, *Merck Manual*. 17th Edition, Merck Sharpe & Dohme, USA. \$29.95

or

Huether S, McLance K, *Understanding Pathophysiology*. Mosby. USA.

Rowley N, 1998. *Hands On*. Hodder and Stoughton, Great Britain. \$26.00

or

Bates B & Hoekelman, RA. 1987. *A Guide to Physical Examination and History Taking*. 4th ed. Lippincott, Philadelphia, USA.

SYMPTOMATOLOGY & DIAGNOSIS AND PATHOLOGY 2

Porth C, Matfin G. *Pathophysiology - Concepts of Altered Health States*. 8th ed. Lippincott, Philadelphia, USA. \$148.50

Strongly recommended for purchase:

Bates BA, 1999. *Guide to Physical Examination and History Taking*. 7th Edition or most recent edition. Lippincott, Philadelphia, USA.

Krayton M, 1991. *The Complete Patient History*. 2nd Edition. McGraw Hill. **Currently Out of Print**

or
Merck Manual. 2nd Home edition Merck Sharpe & Dohme, USA. \$29.95

or
Huether S, McLance K, 2003. *Understanding Pathophysiology*. 3rd Edition. Mosby, USA.

Mosby's Dictionary of Medicine, Nursing & Health Professions. 1st Australian and New Zealand Edition. ISBN 0 7295 3754 4. \$104.95

or
similar dictionary

SYMPTOMATOLOGY & PATHOLOGY BODYWORKERS

Werner R. 2009. *A Massage Therapist's Guide to Pathology*, Lippincott, Williams & Wilkins. \$93.50

T...

THE TRANSPERSONAL COACHING RELATIONSHIP

Whitworth, L., Kimsey-House, H. & Sandahl. 1998. *Co-Active Coaching: New Skills for Coaching People Toward Success in Work and in Life*, Palo Alto, Ca, Davies- Black. \$65.95

TRANSFORMATIONAL COACHING IN PRACTICE

Whitworth, L., Kimsey-House, H. & Sandahl. 1998. *Co-Active Coaching: New Skills for Coaching People Toward Success in Work and in Life*, Palo Alto, Ca, Davies- Black. \$65.95

TRANSFORMATION IN THE WORKPLACE

Whitworth, L., Kimsey-House, H. & Sandahl. 1998. *Co-Active Coaching: New Skills for Coaching People Toward Success in Work and in Life*, Palo Alto, Ca, Davies- Black. \$65.95

TRANSPERSONAL COACHING IN PRACTICE

Whitworth, L., Kimsey-House, H. & Sandahl. 1998. *Co-Active Coaching: New Skills for Coaching People Toward Success in Work and in Life*, Palo Alto, Ca, Davies- Black. \$65.95

TRANSPERSONAL COACHING INTEGRATION

Whitworth, L., Kimsey-House, H. & Sandahl. 1998. *Co-Active Coaching: New Skills for Coaching People Toward Success in Work and in Life*, Palo Alto, Ca, Davies- Black. \$65.95

TRANSPERSONAL COUNSELLING IN PRACTICE

Weiser Cornell, Ann (Phd), (1996), *The Power of Focusing A Practical Guide to Emotional Self-Healing*. New Harbinger Publications, CA. \$24.95

TRANSPERSONAL COUNSELLING AND THERAPY

Nature Care College 'Readings: Transpersonal Counselling & Therapy' (Paul Perfrement).
Nature Care College *Transpersonal Counselling & Therapy Workbook*

TRANSPERSONAL PSYCHOLOGY & HEALING

Cornell, A1996 *The Power of Focusing: A Practical Guide to Emotional Self-Healing*. New Harbinger PublicationsOakland, CA, \$24.95

TSUBO-MOXA

Jarmey C, 2008. *A Practical Guide to Acu points*. Lotus Publishing, North Atlantic Book. \$75.00

U...

UNDERSTANDING LOSS & GRIEF

Robert Neimeyer, *Lessons of Loss, A Guide to Coping*, Centre for Grief Education, Inc VIC 2000. \$64.00

Y...

YOGA CLASSES FOR SPECIAL NEEDS

Nil

YOGA TEACHING METHODOLOGY

Desikachar TKV. 1997. *The Heart of Yoga, Developing a Personal Practice*. Inner Traditions, Rochester, Vermont. \$39.95

Satyananda, S. 1996. "Asana, Pranayama, Mudra, Bandha", Bilhar Yoga Bharati, Bihar Iyengar, BKS \$37.50

YOGIC ETHICS & LIFESTYLE PRACTICES

Nil

YOGIC PHILOSOPHIES

Nil

YOGIC PHYSIOLOGY

Nil

Z...

ZEN SHIATSU plus Tutorials

Beresford-Cooke Carol. *Shiatsu Theory & Practice*. Churchill & Livingstone

\$148.00

Masunaga S, 1977. *Zen Shiatsu*. Japan Pub, Tokyo.

\$39.95

Section 2: Course Learning Guides A – Z

Prior to your first lesson you will need to collect your free course Learning Guides/s from the Emporium. To be able to collect them you will need to present your **Confirmation of Enrolment** to the Emporium Staff

Should you require a replacement Learning Guide during the Term you can purchase one at a cost of \$25 from the Emporium

A ...

Advanced Coaching Skills and Tools
Anatomy & Physiology 1A
Anatomy & Physiology 1B
Anatomy & Physiology 1C
Anatomy & Physiology 2A
Anatomy & Physiology 2B
Anatomy & Physiology 2C
Applied Anatomy & Assessment Technique
Aromatherapy Studies - An Introduction

B...

Biochemistry 1A
Biochemistry 1B
Biochemistry 1C
Building your Coaching Specialty
Business Skills

C...

Chemistry 1A
Chemistry 1B
Chemistry 1C
Clinical Supervision - Ingestive
Clinical Supervision - Tactile
Communicate With Clients
Communicate In Health
Creating Awareness & Transformation

D...

Develop Professional Expertise

Distance Learning see NCC website for courses offered by Distance
Distance Learning Guides are mailed or may be collected, by arrangement, from
Student Learning Services

E...

Evidence Based Practice

F...

Food Fundamentals

Functional and Surface Anatomy

H...

Herbal Medicine 1A1
Herbal Medicine 1A2
Herbal Medicine 1A3
Herbal Medicine 2C1 & 2C2
Herbal Medicine 3A
Herbal Medicine 3B
Herbal Medicine 3C
Homoeopathy 1A
Homoeopathy 1B

Homoeopathy 1C
Homoeopathy 2A
Homoeopathy 2B
Homoeopathy 2C

I...

Introduction to Nutrition

K...

Kinesiology 1A
Kinesiology 1B

M...

Massage For Athletes
Massage for Chronic Conditions
Massage for Special Needs
Massage in the Workplace
Modern Phytotherapy

N...

Nutrition 1A
Nutrition 1B
Nutrition 1C
Nutrition 2A
Nutrition 2B
Nutrition 2C
Nutrition 3A
Nutrition 3B
Nutrition 3C

P...

Pharmacology
Physical Examination & Integrated Pathology
Professional Studies

R...

Reflexology 1
Reflexology 2
Reflexology 3
Remedial Massage 1
Remedial Massage 2

S...

Safe Practices
Swedish Massage
Symptomatology & Pathology for Body workers
Symptomatology, Diagnosis & Pathology 1A
Symptomatology, Diagnosis & Pathology 1B
Symptomatology, Diagnosis & Pathology 1C
Symptomatology, Diagnosis & Pathology 2A
Symptomatology, Diagnosis & Pathology 2B
Symptomatology, Diagnosis & Pathology 2C