



Nature Care College

advanced
diploma

Advanced Diploma of Homœopathy

Course Outline For International Students

National Training Code: HLT60607 CRICOS Accredited

Please note: Course content is current as of 15 June 2011

advanced diploma

Homœopathy is a comprehensive and truly holistic system of medicine. The medicines (or remedies) contain trace elements of the active ingredient in a specially prepared form. These gentle preparations boost a person's wellbeing by dynamically evoking his or her own internal healing response. Homœopathic remedies effectively treat a vast range of symptoms, from acute complaints (eg. coughs, colds, fevers and injuries) to long term and chronic physical conditions (eg. asthma, eczema, migraines and arthritis) and a broad range of mental and emotional symptoms (eg. forgetfulness, panic attacks, mood swings and unresolved psychological trauma). Each medicine is chosen for the unique and specific needs of the individual client at that moment in time.

As a practising homœopath, you will develop your own style and approach to the healing art which draws upon your unique strengths and talents, and focusses on your areas of interest - children's health, emotional health right through to sports injuries. A typical day in practice might consist of new cases (typically a one to two hour in-depth assessment) and follow up consultations (typically half to one hour evaluating the client's progress and deciding the next step in treatment). You will also treat acute cases such as fevers, coughs and the flu. Other cases might include disease prevention, travel remedies and treatment pre and post surgery.

A Homœopath may also choose to be involved in post graduate research, the proving of new remedies, writing journal and magazine articles and complementary health care team work. Professional development for graduates may also include attendance at some of the regular seminars which feature leading Australian and international homœopaths.

Nature Care College is proud to offer what we believe is the most comprehensive and rewarding Advanced Diploma course in Homœopathy in Australia. The Advanced Diploma of Homœopathy may be completed in three years full-time or longer part-time. Students have a maximum of five years in which to complete this Advanced Diploma.

Advanced Diploma of Homœopathy - Course Content

Please note: This qualification is comprised of 12 common units and 9 specialised units of competency.

▶Homœopathy 1A, 1B, 1C	- 72 hours
▶Homœopathy 2A, 2B, 2C	- 72 hours
▶Homœopathy 3A, 3B, 3C	- 108 hours
▶Homœopathy 4A, 4B, 4C	- 72 hours
▶Homœopathy 5A, 5B, 5C	- 72 hours
▶Homœopathy 6A, 6B, 6C	- 72 hours
▶Homœopathic Case Management 1A, 1B, 1C	- 40 hours
▶Chemistry 1A, 1B, 1C	- 72 hours
▶Biochemistry 1A, 1B, 1C	- 72 hours
▶Anatomy & Physiology 1A, 1B, 1C	- 72 hours
▶Anatomy & Physiology 2A, 2B, 2C	- 72 hours
▶Wet Labs 1 & 2	- 2 sessions (4 hours each)
▶Symptomatology, Diagnosis & Pathology 1A, 1B, 1C	- 144 hours
▶Symptomatology, Diagnosis & Pathology 2A, 2B, 2C	- 72 hours
▶Physical Examination & Integrated Pathology	- 24 hours
▶Nutrition 1A, 1B, 1C	- 72 hours
▶Communicate With Clients	- 24 hours
▶Communicate In Health	- 24 hours
▶Safe Practices	- 12 hours
▶Business Skills	- 21 hours
▶Develop Professional Expertise	- 24 hours
▶Evidence Based Practice	- 14 hours
▶Clinical Supervision - Ingestive	- 24 hours
▶Homœopathic Student Training Clinic	- minimum 225 hours
▶Apply First Aid Certificate	- 12 hours
Visa Requirement	
▶Medical Science Review 1A, 1B & 1C – International Student	- 90 hours
▶Medical Science Review 2A, 2B & 2C – International Student	- 90 hours
▶Chemistry Review 1A, 1B & 1C – International Student	- 90 hours
▶Biochemistry Review 1A, 1B & 1C – International Student	- 90 hours
▶Student Clinic Observation Year 1, 2, 3 – International Student	- 300 hours

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Nature Care College Pty Ltd
ABN 77 105 282 264

National Provider No: 91149
CRICOS Provider No:

46 Nicholson Street, St Leonards NSW 2065
Tel: +61(2) 8423 8333 Fax: +61(2) 9436 0503
email: info@naturecare.com.au website: www.naturecare.com.au
Office Use Only: Course Reference D287 2010

Advanced Diploma of Homœopathy

Unit of Study Descriptions & Study Options

Homœopathy 1 (2 hrs/week for 36 weeks OR 4 hrs/week for 18 weeks)

This unit of study covers the history, philosophy and principles of homœopathy, as well as patient assessment using homœopathic criteria.

Homœopathy 2 (2 hrs/week for 36 weeks OR 4 hrs/week for 18 weeks)

In this continuation of Homœopathy 1, constitutional remedies are covered in greater depth, as well as a substantial range of illnesses and their corresponding homœopathic remedies.

Pre-requisites: Homœopathy 1

Co-requisite: Anatomy & Physiology 1A, 1B & 1C

Homœopathy 3 (3 hours a week for 36 weeks)

This unit of study provides students with a thorough knowledge of homœopathic therapeutics and materia medica, as well as introducing clinical practice.

Pre-requisites: Homœopathy 1 & 2, Anatomy & Physiology 1A, 1B & 1C

Co-requisites: Anatomy & Physiology 2, Chemistry, Symptomatology, Diagnosis & Pathology 1

Homœopathy 4 (2 hours a week for 36 weeks)

This is an integrative subject which focusses on case-taking skills and deepening the understanding of materia medica. Differential diagnosis of medicines within the same repertorial rubric is covered in detail.

Pre-requisites: Homœopathy 1, 2 & 3 Anatomy & Physiology 1A, 1B, 1C, Chemistry,

Co-requisites: Symptomatology, Diagnosis & Pathology 1, Biochemistry, Communicate With Clients, Communicate In Health.

Homœopathy 5 (2 hours a week for 36 weeks)

In this unit of study of applied Homœopathy, comes the practical application of Homœopathic medicine, ethics, law and industrial standards in a Homœopathic practice and research. A proving also takes place.

Pre-requisites: Homœopathy 1, 2, Anatomy & Physiology 1A, 1B, 1C & 2, Chemistry.

Co-requisites: Homœopathy 3, Symptomatology, Diagnosis & Pathology 1, Communicate With Clients, Communicate In Health, Biochemistry

Homœopathy 6 (2 hours a week for 36 weeks)

In this unit of study students study the role of dreams, the periodic table and their impact on homœopathic medicine along with further materia medica studies to finely hone their skills in homœopathic prescribing.

Pre-requisites: Homœopathy 1, 2, 3 & 5 Anatomy & Physiology 1A, 1B, 1C & 2, Chemistry,

Symptomatology, Diagnosis & Pathology 1, Communicate With Clients, Communicate In Health

Co-requisites: Homœopathy 4, Symptomatology, Diagnosis & Pathology 2, Biochemistry

Chemistry (2 hours a week for 36 weeks OR Distance learning)

This one-year unit of study is essential in helping you understand the human condition at a cellular level. The course will explore the fundamentals of chemistry and enable you to identify the many substances in common use.

Biochemistry (2 hours a week for 36 weeks OR Distance learning)

With an emphasis on organic chemistry, this unit of study describes the structure and interactions of substances as they relate to biochemical processes within the human body.

Pre-requisite: Chemistry

Anatomy and Physiology 1A (Regional) (2 hours a week for 12 weeks OR Distance learning)

A fundamental component of all major modalities, this course will teach you about the structure, general function and organisation of the human body.

Anatomy and Physiology 1B (Systematic) (2 hours/week for 12 weeks OR Distance learning)

This unit of study introduces you to the structure and function of the following body systems: nervous, endocrine, cardiovascular, lymphatic, digestive, respiratory, & genito-urinary.

Pre-requisite: Anatomy & Physiology 1A

Anatomy and Physiology 1C (Applied) (2 hours a week for 12 weeks OR Distance learning)

This unit of study integrates your knowledge of Anatomy & Physiology 1A & 1B, increasing your understanding of a wide range of body functions. Subjects studied include the anatomy and physiology of stress, sleep, consciousness, memory, emotions and behaviour.

Pre-requisites: Anatomy & Physiology 1A & 1B

Anatomy and Physiology 2 (2 hours a week for 36 weeks OR Distance learning)

This course offers a deeper study of the physiological systems of the human body by exploring the clinical application and relevance of the material studied in Anatomy and Physiology 1A, 1B and 1C.

Pre-requisites: Anatomy & Physiology 1A, 1B & 1C

(In terms 2 and 3, Wet Labs are a co-requisite of Anatomy & Physiology 2)

Symptomatology, Diagnosis & Pathology 1 (4 hours/week for 36 weeks OR Distance learning)

A one year course which introduces students to basic pathological processes, methodology of history taking, physical examination and incorporating studies of diseases in each body system.

Pre-requisites: Anatomy & Physiology 1A, 1B, 1C

Co-requisite: Anatomy & Physiology 2

Symptomatology, Diagnosis & Pathology 2 *(2 hours/week for 36 weeks OR Distance learning)*

In this unit of study you will acquire the skills and knowledge to comprehend and analyse the symptoms and signs presented by a patient and to relate these to the changes occurring in their body. The subject will reinforce information learnt in Symptomatology, Diagnosis & Pathology 1, and incorporates studies in paediatrics, drug and alcohol abuse and psychiatry.

Pre-requisites: Symptomatology, Diagnosis & Pathology 1, Anatomy & Physiology 1 & 2

Physical Examination & Integrated Pathology *(2 hours a week for 12 weeks OR Intensive)*

This unit of study is designed to expose students to a wide range of tests that are currently being used in holistic practice - techniques which form an integral part of the modern Homœopathic Clinic. Current pathology skills are also discussed. Students will learn physical examination techniques for the Digestive and Respiratory Systems, Cardiovascular and Nervous Systems.

Pre-requisites: Symptomatology, Diagnosis & Pathology 1, Anatomy & Physiology 1 & 2

Co-requisite: Symptomatology, Diagnosis & Pathology 2

Homœopathic Case Management *(10 x 4 hour sessions over 3 terms)*

These lectures will enable you to consolidate your knowledge of medical sciences and homœopathy, aiming to assist you in solving problems, emulating the methods used by homœopaths in their own clinics. The course will focus on those health complaints commonly encountered in early practice, but will not exclude those which are more uncommon by covering these in differential diagnosis. This subject involves a considerable amount of home study.

Pre-requisites: Anatomy & Physiology 1 & 2, Symptomatology, Diagnosis & Pathology 1, Homœopathy 1, 2 & 3, Nutrition 1, Biochemistry, Communicate With Clients, Communicate In Health.

Co-requisites: Symptomatology, Diagnosis & Pathology 2, Homœopathy 5, Student Clinic

Nutrition 1 *(2 hours a week for 36 weeks OR Distance learning)*

In this stimulating unit of study you will gain a solid understanding of the concepts of naturopathic nutrition. You will be introduced to the macronutrients, including their role in absorption, metabolism and diet and will also study nutrient values, specific food groups and the effects of processing on foods.

Communicate With Clients *(2 hours a week for 12 weeks OR Intensive)*

This unit of study covers the skills required by practitioners to establish and maintain effective communication with the client throughout all interactions and provide basic counselling as required and as appropriate to facilitate the treatment or health service being provided.

Communicate In Health *(2 hrs a week for 12 weeks OR Intensive)*

This unit of study specifies the outcomes required to gather information and maintain effective working relationships and networks, with particular regard to communication and representation.

Safe Practices *(Workshop OR Distance Learning)*

This unit of study incorporates two topics: Infection Control in Alternative Health Clinics and Occupational, Health and Safety (OHS). This unit incorporates the skills and knowledge required to comply with infection control policies and procedures and contribute to OHS processes.

Business Skills *(Workshop OR Distance Learning)*

This unit of study will prepare you for working in a clinical health setting by providing you with the knowledge and skills to administer a practice. You will also learn how to make referrals to other health care professionals and community services when appropriate, develop your networking skills and maintain ethical work practices.

Develop Professional Expertise *(Intensive OR Distance Learning)*

This unit of study will provide you with the knowledge and skills required to establish and manage a successful complementary health care practice. You will also learn how to continue your professional development once your formal study is completed, keep up to date with the latest industry news, make a positive contribution to the knowledge base of your profession and critically evaluate some specific types of research.

Evidence Based Practice *(Workshop OR Distance Learning)*

This unit of study will enhance your critical thinking skills and will provide you with the knowledge and skills required to source and evaluate relevant information and then apply those findings to clinical practice.

Clinical Supervision – Ingestive *(2 hrs a week for 12 weeks OR Intensive)*

This unit of study supports students in the facilitation of effective communication in relation to clinical practice and the health sector.

Pre-Requisite – 100 hours of modality clinic

Co-Requisite – Student clinic

Apply First Aid

It is a requirement of the course that students hold a current First Aid qualification at graduation.

Visa Compliance Requirements – Additional Units of Study

Medical Science Review 1A – International Student

In this unit of study, students are introduced to medical terminologies, mathematical concepts and basic chemistry to assist in their current and future studies. On line workshops will be used to assist in knowledge and visualisation of body systems and muscles. A series of DVDs are presented with learning activities to assess skills and knowledge.

Medical Science Review 1B – International Student

In this unit of study, students will expand on their knowledge of the human body systems. Each body system will be studied in detail with DVD and online resources to assist in the knowledge and skills acquired.

Medical Science Review 1C – International Student

In this unit of study, students will expand their knowledge of the human body systems. Online workshops will be used to assist in knowledge and visualisation of body systems and muscles. A series of DVDs are presented with learning activities to assess skills and knowledge.

Medical Science Review 2A, 2B & 2C – International Student

Course work to complete this requirement of these units of study will be composed of two 2 hour tutorials in term one of the year two study plan for MSR 2A, two 2 hour tutorials in term two of the year two study plan for MSR 2B, and two 2 hour tutorials in term three of the year two study plan for MSR 2C. These tutorials are designed to enhance understanding with material taught in class, and to further expand student knowledge.

Biochemistry Review

In this unit of study, students are supported in their study of Biochemistry and it's relevance to nutritional medicine. Online resources are used to assist students in understanding of Biochemical concepts with learning activities and tutorial style workshops.

Chemistry Review

In this unit of study, students are supported in their study of Chemistry and it's relevance to nutritional medicine. Online resources are used to assist students in understanding of Chemical concepts with learning activities and tutorial style workshops.

Assessment

All courses are assessed through a variety of assessments eg practical and written examinations, assignments, class presentations, role plays etc. Individual subject outlines detailing the timing and assessment methods and weighting will be given out in your first week of class for each subject and are available prior to enrolment by contacting Student and Learning Services on 02 8423 8333 or info@naturecare.com.au

Teaching Methods

A range of teaching methods are incorporated for delivery of course content as relevant to the subject. These include a combination of modified lectures utilizing visual aids, workbooks and handouts, class and group discussions, theory and practical exercises, demonstrations role plays and presentations.

Student Clinic

Total requirement: 225 hours

Pre-requisites: Safe Practices; Homœopathy 1A, 1B, 1C, 2A, 2B & 2C; Symptomatology, Diagnosis & Pathology 1.

When students are ready to start they enrol through Student & Learning Services.

Nominal Hours and Duration of Course

Nominal hours for the international version of the Advanced Diploma of Homœopathy is 2156 hours. The duration of this course is a total of 9 terms equal to 108 weeks of term class contact and 42 weeks of holidays and mid term breaks, making a total of 150 weeks.

Fees Payable

Fees are payable as per Nature Care College's terms and conditions.

Degree Pathway

"Students on any International Visa sub-class who wish to pursue this pathway to the Bachelor of Health Science (Complementary Medicine) need to be aware that the course is delivered by Distance Education and is not CRICOS Registered. Charles Sturt University cannot support an international Student Visa for this course and you should seek approval from your CRICOS registered provider to apply for this pathway. You can continue to study with CSU towards this degree even if no longer able to remain in Australia."

Recognition of our Course

The Advanced Diploma of Homœopathy is fully Government accredited with ASQA (The Australian Skills Quality Authority) and CRICOS approved.

The Advanced Diploma of Homœopathy is also accredited with the professional associations - The Australian Register of Homœopaths (AROH) and the Australian Traditional Medicine Society (ATMS).

Note: Professional Training Association recognition is determined by the Professional Association and may be subject to change. Whilst the information printed on this outline is current at the time of printing, Nature Care College cannot take responsibility for changes that occur in relation to Professional Association requirements.

VISA Compliance Requirements

▶ Medical Science Review 1A, 1B & 1C	- 90 hours
▶ Medical Science Review 2A, 2B & 2C	- 90 hours
▶ Chemistry Review 1A, 1B & 1C	- 90 hours
▶ Biochemistry Review 1A, 1B & 1C	- 90 hours
▶ Student Clinic Observation Year 1, 2, 3	- 300 hours

Full Time 3 Year Study Plan

	term one	term two	term three
year one	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 1A ▶ Chemistry 1A ▶ Homœopathy 1A & 1B ▶ Communicate With Clients ▶ Nutrition 1A ▶ Medical Science Review 1A – International Student ▶ Chemistry Review 1A– International Student ▶ Student Clinic Observation– International Student 	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 1B ▶ Chemistry 1B ▶ Homœopathy 1C & 2A ▶ Develop Professional Expertise ▶ Nutrition 1B ▶ Medical Science Review 1B– International Student ▶ Chemistry Review 1B– International Student ▶ Student Clinic Observation– International Student 	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 1C ▶ Chemistry 1C ▶ Homœopathy 2B & 2C ▶ Nutrition 1C ▶ Evidence Based Practice ▶ Medical Science Review 1C– International Student ▶ Chemistry Review 1C– International Student ▶ Student Clinic Observation– International Student
year two	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 2A ▶ Symptomatology, Diagnosis & Pathology 1A ▶ Biochemistry 1A ▶ Homœopathy 3A ▶ Homœopathy 5A ▶ Safe Practices ▶ Medical Science Review 2A– International Student ▶ Biochemistry Review 1A– International Student ▶ Student Clinic Observation– International Student 	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 2B ▶ Wet Lab 1 ▶ Symptomatology, Diagnosis & Pathology 1B ▶ Biochemistry 1B ▶ Homœopathy 3B ▶ Homœopathy 5B ▶ Medical Science Review 2B– International Student ▶ Biochemistry Review 1B– International Student ▶ Student Clinic Observation– International Student 	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 2C ▶ Wet Lab 2 ▶ Symptomatology, Diagnosis & Pathology 1C ▶ Biochemistry 1C ▶ Homœopathy 3C ▶ Homœopathy 5C ▶ Medical Science Review 2C– International Student ▶ Biochemistry Review 1C– International Student ▶ Student Clinic Observation– International Student
year three	<ul style="list-style-type: none"> ▶ Symptomatology, Diagnosis & Pathology 2A ▶ Homœopathic Case Management 1A ▶ Physical Examination & Integrated Pathology ▶ Homœopathy 4A ▶ Homœopathy 6A ▶ Business Skills ▶ Student Clinic ▶ Student Clinic Observation– International Student 	<ul style="list-style-type: none"> ▶ Symptomatology, Diagnosis & Pathology 2B ▶ Homœopathic Case Management 1B ▶ Homœopathy 4B ▶ Homœopathy 6B ▶ Communicate in Health ▶ Student Clinic ▶ Student Clinic Observation– International Student 	<ul style="list-style-type: none"> ▶ Symptomatology, Diagnosis & Pathology 2C ▶ Homœopathic Case Management 1C ▶ Homœopathy 4C ▶ Homœopathy 6C ▶ Clinical Supervision - Ingestive ▶ Apply First Aid Certificate ▶ Student Clinic ▶ Student Clinic Observation– International Student

The Advanced Diploma of Homœopathy (HLT60607) is nationally recognised under the Australian Quality Training Framework. The following table lists the Units of Competency achieved upon successful completion of the award. Subjects that correspond with each Unit of Competency are also listed below.

Code	Title	Common/ Specialist/ Elective
BSBFLM303B	Contribute to effective workplace relationships	Common*
HLTCOM502B	Develop professional expertise	Common*
HLTCOM503B	Manage a practice	Common*
HLTCOM404B	Communicate effectively with clients	Common*
HLTCOM406B	Make referrals to other health care professionals when appropriate	Common*
HLHIR501A	Maintain an effective health work environment	Common*
HLFA301B	Apply first aid	Common*
HLIN504B	Manage the control of infection	Common*
HLTOHS300A	Contribute to OHS processes	Common*
HLTAP401A	Confirm physical health status	Common*
HLTAP501A	Analyse health information	Common*
CHCORG28A	Reflect and improve upon professional practice	Common*
HLTHOM610B	Take homœopathic case	Specialist**
HLTHOM601B	Apply homœopathic diagnostic framework	Specialist**
HLTHOM602B	Conduct basic homœopathic research	Specialist**
HLTHOM603B	Manage work within the homœopathic framework	Specialist**
HLTHOM604B	Perform clinical screening examination and assessment	Specialist**
HLTHOM605B	Plan homœopathic treatment strategy	Specialist**
HLTHOM606B	Prepare and dispense homœopathic medicine	Specialist**
HLTHOM608B	Provide homœopathic treatment and manage the case	Specialist**
HLTHOM609B	Provide specific homœopathic assessment and care	Specialist**

Units of competency alignment with subjects		
Unit(s) of competency		Subject(s)
BSBFLM303B	Contribute to effective workplace relationships	Communicate in Health
HLTCOM404B	Communicate effectively with clients	Communicate with Clients
HLTCOM406B	Make referrals to other health care professionals when appropriate	Business Skills
HLTCOM503B	Manage a practice	Develop Professional Expertise
HLTCOM502B	Develop professional expertise	Develop Professional Expertise
HLTFA301B	Apply first aid	Apply First Aid
HLTHIR501A	Maintain an effective health work environment	Clinical Supervision - Ingestive
CHCORG28A	Reflect and improve upon professional practice	Clinical Supervision - Ingestive
HLTOHS300A	Contribute to OHS processes	Safe Practices
HLTIN504B	Manage the control of infection	Safe Practices
HLTAP401A	Confirm physical health status	Anatomy & Physiology 1A, 1B Symptomatology, Diagnosis & Pathology 1A
HLTAP501A	Analyse health information	Anatomy & Physiology 1C, 2 Wet Labs 1 & 2 Symptomatology, Diagnosis & Pathology 1B, 1C, 2 Chemistry Biochemistry
HLTHOM601B	Apply homœopathic diagnostic framework	Homœopathy 3 Homœopathic Student Clinic
HLTHOM602B	Conduct basic homœopathic research	Homœopathy 5 Evidence Based Practice
HLTHOM603B	Manage work within the homœopathic framework	Homœopathy 1 Homœopathy 4 Homœopathy 6
HLTHOM604B	Perform clinical screening examination and assessment	Physical Examination & Integrated Pathology Homœopathic Student Clinic
HLTHOM605B	Plan homœopathic treatment strategy	Nutrition 1 Homœopathic Student Clinic
HLTHOM606B	Prepare and dispense homœopathic medicine	Homœopathy 5 Homœopathic Student Clinic
HLTHOM608B	Provide homœopathic treatment and manage the case	Homœopathy 2 Homœopathic Student Clinic
HLTHOM609B	Provide specific homœopathic assessment and care	Homœopathy 4 Homœopathic Case Management
HLTHOM610B	Take homœopathic case	Homœopathic Student Clinic

The College reserves the right to change the course curriculum to reflect the changing needs of the profession and to retain leadership in academic standards.