



Advanced Diploma of Naturopathy

Course Outline for International Students

National Training Code: HLT60507 CRICOS Accredited

Please note: Course structure is current as of 14 June 2011

Advanced Diploma of Naturopathy - Course Content

Please note: This qualification is comprised of 12 common units, 12 specialised units and 2 elective choices.

▶Anatomy & Physiology 1A, 1B, 1C	- 72 hours
▶Anatomy & Physiology 2A, 2B, 2C	- 72 hours
▶Wet Labs 1& 2	- 2 sessions (4 hrs each)
▶Chemistry 1A, 1B, 1C	- 72 hours
▶Biochemistry 1A, 1B, 1C	- 72 hours
▶Symptomatology, Diagnosis & Pathology 1A, 1B, 1C	- 144 hours
▶Symptomatology, Diagnosis & Pathology 2A, 2B, 2C	- 72 hours
▶Physical Examination & Integrated Pathology	- 24 hours
▶Pharmacology	- 36 hours
▶Clinical Studies (Naturopathic) 1A, 1B, 1C	- 40 hours
▶Nutrition 1A, 1B, 1C	- 72 hours
▶Nutrition 2A, 2B, 2C	- 72 hours
▶Nutrition 3A, 3B, 3C	- 72 hours
▶Traditions in Herbal Medicine	- 24 hours
▶Modern Phytotherapy	- 24 hours
▶Herbal Medicine 1A1, 1A2, 1A3 (Introduction)	- 72 hours
▶Herbal Medicine 1B (Botany)	- 24 hours
▶Herbal Medicine 1C (Manufacturing)	- 24 hours
▶Herbal Medicine 1D (Local Medicinal Plants & Weeds)	- 24 hours
▶Herbal Medicine 2A1, 2A2, 2A3 (Therapeutics)	- 72 hours
▶Herbal Medicine 2B1, 2B2 (Pharmacognosy)	- 48 hours
▶Herbal Medicine 2C1, 2C2 (Female Reproductive System)	- 48 hours
▶Herbal Medicine 3A, 3B, 3C (Therapeutics)	- 72 hours
▶Introduction to Naturopathy	- 24 hours
▶Iridology 1A, 1B	- 48 hours
▶Bach Flower Remedies	- 24 hours
▶Naturopathic Diagnosis	- 36 hours
▶Communicate With Clients	- 24 hours
▶Communicate In Health	- 24 hours
▶Safe Practices	- 12 hours
▶Business Skills	- 21 hours
▶Develop Professional Expertise	- 24 hours
▶Evidence Based Practice	- 14 hours
▶Clinical Supervision - Ingestive	- 24 hours
▶Apply First Aid Certificate	- 12 hours
▶Supervised Student Clinic	- 400 hours
Option One: Homoeopathy	
▶Homoeopathy 1A, 1B, 1C	- 72 hours
▶Homoeopathy 2A, 2B, 2C	- 72 hours
VISA Requirements	
▶Medical Science Review 1 & 2C - International Student	- 120 hours
▶Biochemistry Review 1C – International Student	- 30 hours
▶Study Skills	- 10 hours
Option Two: Massage Therapy	
▶Swedish Massage	- 42 hours
▶Remedial Massage 1	- 42 hours
▶Remedial Massage 2	- 42 hours
VISA Requirements	
▶Medical science Review 1A & B – International Student	- 60 hours
▶Chemistry Review 1A, 1B, 1C – International Student	- 90 hours
▶Student Clinic observation	- 33 hours

It is a requirement of your International Student VISA that the approved course is composed of 20 hours face to face study. This requirement may necessitate additional hours of study to be undertaken to comply with your VISA requirements.

Anatomy and Physiology 1A (Regional) (2 hours a week for 12 weeks OR Distance learning)

This unit of study will teach you about the structure, general function and organisation of the human body.

Anatomy and Physiology 1B (Systematic) (2 hours a week for 12 weeks OR Distance learning)

This unit of study introduces you to the structure and function of the following body systems: nervous, endocrine, cardiovascular, lymphatic, digestive, respiratory, & genito-urinary.

Pre-requisite: Anatomy & Physiology 1A

Anatomy and Physiology 1C (Applied) (2 hours a week for 12 weeks OR Distance learning)

This unit of study integrates your knowledge of Anatomy & Physiology 1A & 1B, increasing your understanding of a wide range of body functions. Subjects studied include the anatomy and physiology of stress, sleep, consciousness, memory, emotions and behaviour.

Pre-requisites: Anatomy & Physiology 1A & 1B

Anatomy and Physiology 2 (2 hours a week for 36 weeks OR Distance learning)

This unit of study offers a deeper study of the physiological systems of the human body by exploring the clinical application and relevance of the material studied in Anatomy and Physiology 1A, 1B and 1C.

Pre-requisites: Anatomy & Physiology 1A, 1B, 1C

Wet Lab 1 & 2 (4 hour workshops x2)

Students observe actual specimens of the human body, in a laboratory environment at Sydney University, to further enhance their theoretical knowledge.

Co-requisite: Anatomy & Physiology 1C

Chemistry (2 hours a week for 36 weeks OR Distance learning)

This one-year unit of study is essential in helping you understand the human condition at a cellular level.

The unit of study will explore the fundamentals of chemistry and enable you to identify the many substances in common use.

Biochemistry (2 hours a week for 36 weeks OR Distance learning)

Time to explore the microcosm in detail! With an emphasis on organic chemistry, this unit of study describes the structure and interactions of substances as they relate to biochemical processes within the human body.

Pre-requisite: Chemistry

Symptomatology, Diagnosis & Pathology 1 (4 hours/week for 36 weeks OR Distance learning)

A one year unit of study which introduces students to basic pathological processes, methodology of history taking, physical examination and incorporating studies of diseases in each body system.

Pre-requisites: Anatomy & Physiology 1A, 1B, 1C

Co-requisite: Anatomy & Physiology 2

Symptomatology, Diagnosis & Pathology 2 (2 hours/week for 36 weeks OR Distance learning)

In this unit of study you will acquire the skills and knowledge to comprehend and analyse the symptoms and signs presented by a patient and to relate these to the changes occurring in their body. The unit of study will reinforce information learnt in Symptomatology, Diagnosis & Pathology 1, and incorporates studies in paediatrics, drug and alcohol abuse and psychiatry.

Pre-requisites: Symptomatology, Diagnosis & Pathology 1, Anatomy & Physiology 1A, 1B, 1C, Anatomy & Physiology 2

Physical Examination & Integrated Pathology (2 hours a week for 12 weeks OR Intensive)

This unit of study is designed to expose students to a wide range of tests that are currently being used in holistic practice - techniques which form an integral part of the modern Naturopathic Clinic. Current pathology skills are also discussed. Students will learn physical examination techniques for the Digestive and Respiratory Systems, Cardiovascular and Nervous Systems.

Pre-requisites: Symptomatology, Diagnosis & Pathology 1, Anatomy & Physiology 1A, 1B, 1C, Anatomy & Physiology 2

Co-requisite: Symptomatology, Diagnosis & Pathology 2

Pharmacology (3 hours a week for 12 weeks)

Pharmacology familiarises the student with pharmacological terminology, introduces the classification of commonly used drugs according to their pharmacological actions, and investigates drug side effects and interactions

Pre-requisites: Symptomatology, Diagnosis & Pathology 1, Anatomy & Physiology 2, Biochemistry

Clinical Studies (Naturopathic) (Eight sessions over three terms)

These lectures will enable you to consolidate your knowledge of medical sciences and herbal medicine, aiming to assist you in solving problems, emulating the methods used by herbalists in their own clinics. The course will then focus on those health complaints commonly encountered in early practice, but will not exclude those which are more uncommon by covering these in differential diagnosis.

Pre-requisites: Anatomy & Physiology 1 & 2, Symptomatology, Diagnosis & Pathology 1, Herbal Medicine 1 & 2

Co-requisites: Symptomatology & Diagnosis 2 and Herbal Medicine 3

Nutrition 1 (2 hours a week for 36 weeks OR Distance learning)

In this stimulating unit of study you will gain a solid understanding of the concepts of naturopathic nutrition. You will be introduced to the macronutrients, including their role in absorption, metabolism and diet and will also study nutrient values, specific food groups and the effects of processing on foods.

Nutrition 2 (2 hours a week for 36 weeks OR Distance learning)

In your second year of Nutrition, you will be provided with the knowledge and skills to prescribe nutritional supplements for illness or imbalance, or simply to maintain wellbeing in the human body.

Pre-requisite: Nutrition 1, Chemistry

Co-requisite: Biochemistry

Nutrition 3 (2 hours a week for 36 weeks OR Distance learning)

As you progress to your third year of Nutrition, you will be provided with the knowledge and skills to effectively assess nutritional problems and treat a wide variety of pathologies and system dysfunctions, using various diets, specific foods, and vitamin and mineral supplements.

Pre-requisites: Nutrition 1 & 2, Chemistry, Biochemistry

Co-requisites: Symptomatology, Diagnosis & Pathology 1

Traditions in Herbal Medicine (2 hours a week for 12 weeks)

This philosophy based unit of study will look at the rich history of traditional herbal medicine and explore the different approaches to dosage and treatment.

Modern Phytotherapy (Intensive)

Modern herbal medicine - often referred to as phytotherapy - stands at a crossroads. Whilst trying to maintain our more traditional roots, we are also facing changes in practice concepts and philosophies to adapt to the modern world. With unprecedented media, political and regulatory involvement in our profession, this unit of study provides a foundation for the student to understand the environment into which they will be entering, and equips them with a framework to confidently develop as a herbalist.

Pre-requisites: Traditions in Herbal Medicine, Herbal Medicine 1A, 1B, 1C, 1D, 2

Co-requisites: Herbal Medicine 3

Herbal Medicine 1A1 (Introduction) (2 hours a week for 12 weeks OR Distance learning)

Welcome to the magical world of Herbal Medicine! This one-year unit of study introduces the philosophy and science of herbalism in its historical perspective. You will explore the materia medica, learn about the therapeutic effects, constituents, preparation and usage of plants as medicine.

Co-requisite: Herbal Medicine 1B

Herbal Medicine 1B (Botany) (2 hours a week for 12 weeks)

An introduction to basic plant botany and plant morphology as well as the process of plant identification. Includes one field trip.

Co-requisite: Herbal Medicine 1A

Herbal Medicine 1C (Manufacturing) (2 hours a week for 12 weeks OR Intensive)

Methods of herbal manufacturing are covered in this course, including harvesting, drying and storing as well as extraction methods. You will learn how to identify legal restrictions on manufacturing and dispensing herbs.

Pre-requisite: Herbal Medicine 1B

Co-requisite: Herbal Medicine 1A

Herbal Medicine 1D (Local Medicinal Plants & Weeds) (2 hrs/week/12 weeks OR Intensive)

Being able to make use of the plants growing in our own backyard is an essential component of herbalism. This course will teach students to differentiate between the toxic and medicinal native plants and weeds in Australia.

Pre-requisites: Herbal Medicine 1B & 1C

Co-requisite: Herbal Medicine 1A

Herbal Medicine 2A (Therapeutics) (2 hours a week for 36 weeks)

You will learn how to diagnose, manage, prescribe and dispense herbal medicines for disease/dysfunction of the digestive, respiratory and musculoskeletal systems.

Pre-requisites: Herbal Medicine 1A, 1B, 1C

Co-requisite: Herbal Medicine 2B, 2C

Herbal Medicine 2B (Pharmacognosy) (2 hours a week for 24 weeks)

This course investigates the chemistry, pharmacological activity and toxicology of certain 'active constituents' within medicinal plants. Students will consider their relevance and use in both allopathic and herbal medicine.

Pre-requisite: Herbal Medicine 1A, 1B, 1C, 1D

Co-requisite: Herbal Medicine 2A

Herbal Medicine 2C (Female Reproductive System) (2 hours a week for 24 weeks)

You will learn how to diagnose, manage, prescribe and dispense herbal medicines for disease/dysfunction of the female reproductive system.

Pre-requisites: Herbal Medicine 1A, 1B, 1C, 1D

Co-requisite: Herbal Medicine 2A

Herbal Medicine 3 (Therapeutics) (2 hours a week for 36 weeks)

You will learn how to diagnose, manage, prescribe and dispense herbal medicines for disease/dysfunction of the skin, the genitourinary, endocrine, cardiovascular and nervous systems plus paediatrics.

Pre-requisites: Herbal Medicine 1A, 1B, 1C, 1D

Co-requisite: Herbal Medicine 2

Introduction To Naturopathy (2 hours a week for 12 weeks OR Intensive)

This inspiring foundation subject will provide you with an understanding of the philosophy and fundamental beliefs of naturopathy, as well as natural healing principles and the basic principles of holistic health.

Iridology 1A & 1B (2 hours a week for 24 weeks OR Intensive)

Learn to interpret signs in the iris which give insight into our state of health. Once learned, this highly effective diagnostic tool will complement and enhance other healing modalities. Analysis of iris photographs taken in class will also give students a greater understanding of their own health.

Pre-requisites: Anatomy & Physiology 1A & 1B

Bach Flower Remedies (2 hours a week for 12 weeks OR Distance Learning)

This unit of study looks at the subtle healing system by Dr Edward Bach for treating negative states of mind and disturbed emotions. You will learn about the 38 unique remedies, including how to prescribe, dispense and manufacture them.

Naturopathic Diagnosis (3 hours a week for 12 weeks)

A fascinating and relevant unit of study designed specifically for holistic practitioners who wish to upgrade and integrate their diagnostic skills. Practical topics include face, pulse and tongue diagnosis, as well as advanced iridology skills and other naturopathic techniques.

Pre-requisite: Symptomatology, Diagnosis & Pathology 1

Communicate With Clients (2 hours a week for 12 weeks OR Intensive)

This unit of study covers the skills required by practitioners to establish and maintain effective communication with the client throughout all interactions and provide basic counselling as required and as appropriate to facilitate the treatment or health service being provided.

Communicate In Health (2 hrs a week for 12 weeks OR Intensive)

This unit of study specifies the outcomes required to gather information and maintain effective working relationships and networks, with particular regard to communication and representation.

Safe Practices (Workshop OR Distance Learning)

This unit of study incorporates two topics: Infection Control in Alternative Health Clinics and Occupational, Health and Safety (OHS). This unit incorporates the skills and knowledge required to comply with infection control policies and procedures and contribute to OHS processes.

Business Skills (Intensive OR Distance Learning)

This unit of study will prepare you for working in a clinical health setting by providing you with the knowledge and skills to administer a practice. You will also learn how to make referrals to other health care professionals and community services when appropriate, develop your networking skills and maintain ethical work practices.

Develop Professional Expertise (2hrs/week for 12 weeks, Intensive OR Distance Learning)

This unit of study will provide you with the knowledge and skills required to establish and manage a successful complementary health care practice. You will also learn how to continue your professional development once your formal study is completed, keep up to date with the latest industry news, make a positive contribution to the knowledge base of your profession and critically evaluate some specific types of research.

Evidence Based Practice (Workshop OR Distance Learning)

This unit of study will enhance your critical thinking skills and will provide you with the knowledge and skills required to source and evaluate relevant information and then apply those findings to clinical practice.

Clinical Supervision – Ingestive (2hrs/week for 12 weeks)

This unit of study supports students in the facilitation of effective communication in relation to clinical practice and the health sector.

Apply First Aid Certificate

It is a requirement of the unit of study that students hold a current First Aid Certificate at graduation.

Option One: Homoeopathy Strand

Homœopathy 1 (2 hrs/week for 36 weeks OR 4 hrs/week for 18 weeks)

This unit of study covers the history, philosophy and principles of Homœopathy, as well as patient assessment using Homœopathic criteria.

Homœopathy 2 (2 hrs/week for 36 weeks OR 4 hrs/week for 18 weeks)

In this continuation of Homœopathy 1, constitutional remedies are covered in greater depth, as well as a substantial range of illnesses and their corresponding homœopathic remedies.

Pre-requisites: Homœopathy 1

Co-requisite: Anatomy & Physiology 1A, 1B & 1C

Option Two: Massage Strand

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Swedish Massage (3.5 hours a week for 12 weeks OR Intensive)

This unit of study offers a wonderful introduction to the principles and fundamental techniques of massage. You will learn massage routines for the whole body, consider contra-indications and professional conduct.

Remedial Massage 1 (3.5 hours a week for 12 weeks OR Intensive)

A continuation of Swedish Massage, Remedial Massage 1 will provide you with the skills and knowledge to treat musculoskeletal problems using advanced massage techniques.

Pre-requisites: Swedish Massage, Anatomy & Physiology 1A

Co-requisite: Anatomy & Physiology 1B

Remedial Massage 2 (3.5 hours a week for 12 weeks OR Intensive)

A continuation of Remedial Massage 1, you will be given the skills and knowledge to enable you to treat musculoskeletal problems using basic postural diagnosis techniques as well as soft tissue techniques.

Pre-requisites: Swedish Massage, Remedial Massage 1, Anatomy & Physiology 1A & 1B

Visa Requirements – Additional Units of Study to meet study

Medical Science Review 1A – International Student (2.5 hours a week for 12 weeks)

In this unit of study, students are introduced to medical terminologies, mathematical concepts and basic chemistry to assist in their current and future studies. On line workshops will be used to assist in knowledge and visualisation of body systems and muscles. A series of DVDs are presented with learning activities to assess skills and knowledge.

Medical Science Review 1B– International Student (2.5 hours a week for 12 weeks)

In this unit of study, students will expand on their knowledge of the human body systems. Each body system will be studied in detail with DVD and online resources to assist in the knowledge and skills acquired.

Medical Science Review 1C– International Student (2.5 hours a week for 12 weeks)

In this unit of study, students will expand their knowledge of the human body systems. Online workshops will be used to assist in knowledge and visualisation of body systems and muscles. A series of DVDs are presented with learning activities to assess skills and knowledge.

Medical Science Review 2C– International Student (2.5 hours a week for 12 weeks)

Course work to complete this requirement of these units of study will be composed of two 2 hour tutorials in term one of the year two study plan for MSR 2A, two 2 hour tutorials in term two of the year two study plan for MSR 2B, and two 2 hour tutorials in term three of the year two study plan for MSR 2C. These tutorials are designed to enhance understanding with material taught in class, and to further expand student knowledge.

Biochemistry Review 1C – International Student (2.5 hours a week for 12 weeks)

In this unit of study, students are supported in their study of Biochemistry and it's relevance to nutritional medicine. Online resources are used to assist students in understanding of Biochemical concepts with learning activities and tutorial style workshops.

Chemistry Review 1A, 1B, 1C – International Student (2.5 hours a week for 12 weeks)

In this unit of study, students are supported in their study of Chemistry and it's relevance to nutritional medicine. Online resources are used to assist students in understanding of Chemical concepts with learning activities and tutorial style workshops.

Study Skills Development of library on line research skills to support study and assessment.

Student Clinic Observation - International Student

Fees Payable

Fees are payable as per Nature Care College's terms and conditions.

Nominal Hours and Duration of Course

Nominal hours for the international version of the Advanced Diploma of Naturopathy is 2256 hours. The duration of this course is a total of 9 terms equal to 108 weeks of term class contact and 42 weeks of holidays and mid term breaks, making a total of 150 weeks.

Assessment

All courses are assessed through a variety of assessments eg practical and written examinations, assignments, class presentations, role plays etc. Individual subject outlines detailing the timing and assessment methods and weighting will be given out in your first week of class for each subject and are available prior to enrolment by contacting Student and Learning Services on 02 84238333 or info@naturecare.com.au

Teaching Methods

A range of teaching methods are incorporated for delivery of course content as relevant to the subject These include a combination of modified lectures utilizing visual aids, workbooks and handouts, class and group discussions, theory and practical exercises, demonstrations role plays and presentations.

Recognition of Our Course

The Advanced Diploma of Naturopathy is fully Government accredited with ASQA (The Australian Skills Quality Authority) and CRICOS approved.
The Advanced Diploma of Naturopathy is also accredited with the professional associations - the Australian Traditional Medicine Society (ATMS), and the Australian Natural Therapists Association (ANTA).
Note: Professional Training Association recognition is determined by the Professional Association and may be subject to change. Whilst the information printed on this outline is current at the time of printing, Nature Care College cannot take responsibility for changes that occur in relation to Professional Association requirements.

Degree Pathway

"Students on any International Visa sub-class who wish to pursue this pathway to the Bachelor of Health Science (Complementary Medicine) need to be aware that the course is delivered by Distance Education and is not CRICOS Registered. Charles Sturt University cannot support an international Student Visa for this course and you should seek approval from your CRICOS registered provider to apply for this pathway. You can continue to study with CSU towards this degree even if no longer able to remain in Australia."

Massage Tables

It is essential that students following the massage strand of this qualification acquire, or have access to, a massage table as they will be required to practice massage for the Certificate IV in Massage Therapy Practice.
Massage tables are available for hire from the Nature Care Clinic (phone: 8423 8444), or for purchase from The Emporium (phone: 8423 8477).

Student Clinic

Total requirement: a minimum of 400 hours

Option One: Homoeopathy strand of the Advanced Diploma of Naturopathy

125 hours Homœopathy Clinic

Pre-requisites: Safe Practices; Homœopathy for Naturopaths, Homœopathy 1A, B&C, 2A,B &C

Co-requisites: Symptomatology, Diagnosis & Pathology 1

275 hours in Naturopathic Clinic

Pre-requisites: Safe Practices; Nutrition 2; Herbal Medicine 1A, 1B, 1C, 1D, 2A & 2B;

Symptomatology, Diagnosis & Pathology 1.

Option Two: Massage strand of the Advanced Diploma of Naturopathy

400 hours in Naturopathic Clinic

Pre-requisites: Safe Practices; Nutrition 2; Herbal Medicine 1A, 1B, 1C, 1D, 2A & 2B

Symptomatology, Diagnosis & Pathology 1.

Students are required to do a minimum of 400 hours in total of Clinical training where students dispense, observe and eventually conduct consultations with clients in the College's Professional Training Clinic, under the supervision of experienced practitioners. This kind of experiential learning is the most effective way to help students gain confidence and expertise.

When students are ready to commence student clinic they register with Student & Learning Services.

Full Time 3 Year Study Plan – Homoeopathy Strand

	term one	term two	term three
year one	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 1A ▶ Chemistry 1A ▶ Nutrition 1A ▶ Homœopathy 1A/1B ▶ Herbal Medicine 1A1 & 1B ▶ Traditions in Herbal Medicine ▶ Introduction to Naturopathy ▶ Medical Science Review 1A – International Student 	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 1B ▶ Chemistry 1B ▶ Nutrition 1B ▶ Homœopathy 1C/2A ▶ Herbal Medicine 1A2 & 1C ▶ Bach Flower Remedies ▶ Develop Professional Expertise ▶ Medical Science Review 1B - International Student 	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 1C ▶ Chemistry 1C ▶ Nutrition 1C ▶ Homœopathy 2B/2C ▶ Herbal Medicine 1A3 & 1D ▶ Safe Practices ▶ Evidence Based Practice ▶ Medical Science Review 1C - International Student ▶ Study Skills
year two	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 2A ▶ Biochemistry 1A ▶ Symptomatology, Diagnosis & Path. 1A ▶ Herbal Medicine 2A1 & 2B1 ▶ Nutrition 2A ▶ Communicate with Clients ▶ Homœopathic Student Clinic 	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 2B ▶ Wetlab 1 ▶ Biochemistry 1B ▶ Symptomatology, Diagnosis & Path. 1B ▶ Herbal Medicine 2A2, 2B2 & 2C1 ▶ Nutrition 2B ▶ Homœopathic student clinic 	<ul style="list-style-type: none"> ▶ Anatomy & Physiology 2C ▶ Wetlab 2 ▶ Biochemistry 1C ▶ Symptomatology, Diagnosis & Path. 1C ▶ Herbal Medicine 2A3 & 2C2 ▶ Nutrition 2C ▶ Business Skills ▶ Communicate in Health ▶ Biochemistry Review 1C – International Student ▶ Medical Science Review 2C – International Student
year three	<ul style="list-style-type: none"> ▶ Symptomatology, Diagnosis & Path. 2A ▶ Herbal Medicine 3A ▶ Nutrition 3A ▶ Iridology 1A ▶ Clinical Studies (Naturopathic) 1A ▶ Physical Examination & Integrated Pathology ▶ Pharmacology ▶ Naturopathic Student Clinic 	<ul style="list-style-type: none"> ▶ Symptomatology, Diagnosis & Path. 2B ▶ Herbal Medicine 3B ▶ Nutrition 3B ▶ Iridology 1B ▶ Clinical Studies (Naturopathic) 1B ▶ Naturopathic Diagnosis ▶ Naturopathic Student Clinic 	<ul style="list-style-type: none"> ▶ Symptomatology, Diagnosis & Path. 2C ▶ Herbal Medicine 3C ▶ Nutrition 3C ▶ Clinical Studies (Naturopathic) 1C ▶ Modern Phytotherapy ▶ Clinical Supervision - Ingestive ▶ Apply First Aid Certificate ▶ Naturopathic Student Clinic

Full Time 3 Year Study Plan – Massage Strand

	term one	term two	term three
year one	<ul style="list-style-type: none"> ▶Anatomy & Physiology 1A ▶Chemistry 1A ▶Nutrition 1A ▶Herbal Medicine 1A1 & 1B ▶Traditions in Herbal Medicine ▶Introduction to Naturopathy ▶Medical Science Review 1A – International Student ▶Chemistry Review 1A – International Student ▶Student Clinic Observation – International Student 	<ul style="list-style-type: none"> ▶Anatomy & Physiology 1B ▶Chemistry 1B ▶Nutrition 1B ▶Herbal Medicine 1A2 & 1C ▶Bach Flower Remedies ▶Develop Professional Expertise ▶Medical Science Review 1B – International Student ▶Chemistry Review 1B – International Student ▶Student Clinic Observation – International Student 	<ul style="list-style-type: none"> ▶Anatomy & Physiology 1C ▶Chemistry 1C ▶Swedish Massage ▶Nutrition 1C ▶Herbal Medicine 1A3 & 1D ▶Safe Practices ▶Business Skills ▶Evidence Based Practice ▶Chemistry Review 1C – International Student ▶Student Clinic Observation – International Student
year two	<ul style="list-style-type: none"> ▶Anatomy & Physiology 2A ▶Biochemistry 1A ▶Symptomatology, Diagnosis & Path. 1A ▶Remedial Massage 1 ▶Herbal Medicine 2A1 & 2B1 ▶Nutrition 2A ▶Communicate with Clients 	<ul style="list-style-type: none"> ▶Anatomy & Physiology 2B ▶Wetlab 1 ▶Biochemistry 1B ▶Symptomatology, Diagnosis & Path. 1B ▶Remedial Massage 2 ▶Herbal Medicine 2A2, 2B2 & 2C1 ▶Nutrition 2B ▶Naturopathic Student Clinic 	<ul style="list-style-type: none"> ▶Anatomy & Physiology 2C ▶Wetlab 2 ▶Biochemistry 1C ▶Symptomatology, Diagnosis & Path. 1C ▶Herbal Medicine 2A3 & 2C2 ▶Nutrition 2C ▶Communicate in Health ▶Naturopathic Student Clinic
year three	<ul style="list-style-type: none"> ▶Symptomatology, Diagnosis & Path. 2A ▶Herbal Medicine 3A ▶Nutrition 3A ▶Iridology 1A ▶Clinical Studies (Naturopathic) 1A ▶Physical Examination & Integrated Pathology ▶Pharmacology ▶Naturopathic Student Clinic 	<ul style="list-style-type: none"> ▶Symptomatology, Diagnosis & Path. 2B ▶Herbal Medicine 3B ▶Nutrition 3B ▶Iridology 1B ▶Clinical Studies (Naturopathic) 1B ▶Naturopathic Diagnosis ▶Naturopathic Student Clinic 	<ul style="list-style-type: none"> ▶Symptomatology, Diagnosis & Path. 2C ▶Herbal Medicine 3C ▶Nutrition 3C ▶Clinical Studies (Naturopathic) 1C ▶Modern Phytotherapy ▶Clinical Supervision - Ingestive ▶Apply First Aid Certificate ▶Naturopathic Student Clinic

The Advanced Diploma of Naturopathy (HLT60507) is nationally recognised under the Australian Quality Training Framework. The following table lists the Units of Competency achieved upon successful completion of the award. Subjects that correspond with each Unit of Competency are also listed below.

Code	Title	Common/ Specialist/ Elective
BSBFLM303B	Contribute to effective workplace relationships	Common*
HLTCOM502B	Develop professional expertise	Common*
HLTCOM503B	Manage a practice	Common*
HLTCOM404B	Communicate effectively with clients	Common*
HLTCOM406B	Make referrals to other health care professionals when appropriate	Common*
HLTFA301B	Apply first aid	Common*
HLTHIR501A	Maintain an effective health work environment	Common*
HLTIN504B	Manage the control of infection	Common*
HLTOHS300A	Contribute to OHS processes	Common*
HLTAP401A	Confirm physical health status	Common*
HLTAP501A	Analyse health information	Common*
CHCORG28A	Reflect and improve upon professional practice	Common*
HLTNAT601B	Provide naturopathic treatment	Specialist**
HLTNAT602B	Provide western herbal medicine treatment	Specialist**
HLTNAT603B	Provide naturopathic nutritional treatment	Specialist**
HLTNAT605B	Plan naturopathic treatment strategy	Specialist**
HLTNAT606B	Perform naturopathic health assessment	Specialist**
HLTNAT607B	Manage work within a naturopathic framework	Specialist**
HLTNAT608B	Apply naturopathic diagnostic framework	Specialist**
HLTNAT609B	Work within a naturopathic framework	Specialist**
HLTHER608B	Provide specialised western herbal medicine treatment	Specialist**
HLTHER603B	Operate a western herbal medicine dispensary	Specialist**
HLTNUT601B	Apply literature research findings to clinical practice	Specialist**
HLTNUT602B	Provide specialised nutritional care	Specialist**
Option One Homoeopathic Strand		
HLTHOM612B	Work within a homoeopathic framework	Elective**
HLTNAT604B	Provide acute homoeopathic treatment	Elective**
Option Two Massage Strand		
HLTREM401B	Work within a massage framework	Elective**
HLTREM408B	Apply massage assessment framework	Elective**

Units of competency alignment with subjects		
Unit(s) of competency		Subject(s)
BSBFLM303B	Contribute to effective workplace relationships	Communicate in Health
HLTCOM404B	Communicate effectively with clients	Communicate with Clients
HLTCOM406B	Make referrals to other health care professionals when appropriate	Business Skills
HLTCOM502B	Develop professional expertise	Develop Professional Expertise
HLTCOM503B	Manage a practice	Develop Professional Expertise
HLTFA301B	Apply first aid	Apply First Aid
HLTHIR501A	Maintain an effective health work environment	Clinical Supervision - Ingestive
CHCORG28A	Reflect and improve upon professional practice	Clinical Supervision - Ingestive
HLTOHS300A	Contribute to OHS processes	Safe Practices
HLTIN504B	Manage the control of infection	Safe Practices
HLTAP401A	Confirm physical health status	Anatomy & Physiology 1A, 1B Symptomatology, Diagnosis & Pathology 1A
HLTAP501A	Analyse health information	Anatomy & Physiology 1C, 2 Wet Labs 1 & 2 Symptomatology, Diagnosis & Pathology 1B, 1C, 2 Chemistry Biochemistry Pharmacology
HLTNAT601B	Provide naturopathic treatment	Naturopathic Student Clinic
HLTNAT602B	Provide western herbal medicine treatment	Naturopathic Student Clinic
HLTNAT603B	Provide naturopathic nutritional treatment	Nutrition 1 Nutrition 2 Nutrition 3 Naturopathic Student Clinic
HLTNAT605B	Plan naturopathic treatment strategy	Naturopathic Student Clinic Herbal Medicine 2
HLTNAT606B	Perform naturopathic health assessment	Physical Examination and Integrated Pathology Naturopathic Student Clinic
HLTNAT607B	Manage work within a naturopathic framework	Modern Phytotherapy Traditions in Herbal Medicine Clinical Supervision – Ingestive Safe Practices Communicate in Health
HLTNAT608B	Apply naturopathic diagnostic framework	Naturopathic Diagnosis Naturopathic Student Clinic
HLTNAT609B	Work within a naturopathic framework	Introduction to Naturopathy Iridology Bach Flower Remedies
HLTHER608B	Provide specialised western herbal medicine treatment	Herbal Medicine 2 Herbal medicine 3 Clinical Studies
HLTHER603B	Operate a western herbal medicine dispensary	Herbal Medicine 1A Herbal medicine 1B, 1C, 1D Naturopathic Student Clinic
HLTNUT601B	Apply literature research findings to clinical practice	Evidence Based Practice
HLTNUT602B	Provide specialised nutritional care	Nutrition 1 Nutrition 2 Nutrition 3

	Option One Homoeopathic Strand	
HLTHOM612B	Work within a homoeopathic framework	Homoeopathy 1 Homoeopathy 2 Naturopathic Student Clinic (homoeopathic Component)
HLTNAT604B	Provide acute homoeopathic treatment	Homoeopathy 1 Homoeopathy 2 Naturopathic Student Clinic (homoeopathic Component)
	Option Two Massage Strand	
HLTREM401B	Work within a massage framework	Swedish Massage
HLTREM406B	Provide massage treatment	Remedial One Remedial Two

The College reserves the right to change the course curriculum to reflect the changing needs of the profession and to retain leadership in academic standards.