



CERTIFICATE OF NATUROPATHY

A Naturopath is a Natural Therapist who uses a range of complementary therapies and remedies including homoeopathy, iridology, herbal medicine & nutrition to diagnose, treat & prevent physical illness or dysfunction.

The Certificate of Naturopathy provides foundational education in Naturopathic history, theory and philosophy or can be done as a general interest course.

Employment Options: Graduate skills and knowledge are suited to those wishing to work in the complementary medicine or pharmaceutical industry areas such as manufacturing, sales and the increasing demand for industry promotion, or as a clinical assistant.

Articulation: Graduates may articulate with credit into the Advance Diploma of Naturopathy and upon completion will be eligible to apply for professional membership of the The Australian Traditional Medicine Society (ATMS).

Nature Care College is proud to offer what we believe is a comprehensive and rewarding Certificate course in Naturopathy. The Certificate of Naturopathy may be completed in one year or two.

Certificate of Naturopathy - Course Content

▶ Introduction to Naturopathy	- 24 hours	\$550
▶ Introduction to Nutrition	- 24 hours	\$550
▶ Traditions in Herbal Medicine	- 24 hours	\$550
▶ Homoeopathy 1A	- 24 hours	\$550
▶ Bach Flowers Remedies	- 24 hours	\$550

TOTAL HOURS TO COMPLETE CERTIFICATE: 120 hours \$2,750

Tuition Fees may be paid term by term basis. Please refer to enrolment form for Terms & Condition.

Suggested optional Units of Study to complement this certificate

▶ Swedish Massage	-42 hours
▶ Apply First Aid Certificate	- 12 hours

Unit of Study Descriptions & Study Options – Refer to the College Time-table

Bach Flower Remedies *(2 hours a week for 12 weeks OR Distance Learning)*

This unit of study looks at the subtle healing system by Dr Edward Bach for treating negative states of mind and disturbed emotions. You will learn about the 38 unique remedies, including how to prescribe, dispense and manufacture them.

Homoeopathy 1A *(2 hrs/week for 12 weeks OR Distance Learning)*

This unit of study covers the history, philosophy and principles of homoeopathy.

Introduction To Naturopathy *(2 hours a week for 12 weeks)*

This inspiring foundation subject will provide you with an understanding of the philosophy and fundamental beliefs of naturopathy, as well as natural healing principles and the basic principles of holistic health.

Introduction to Nutrition *(2 hours a week for 12 weeks OR Distance Learning)*

This unit will enable you to develop an understanding of the basic concepts of established nutritional principles and practice and to overview current nutritional trends in order to identify basic dietary requirements and negotiate basic dietary change as appropriate to the individual.

Traditions in Herbal Medicine *(2 hours a week for 12 weeks)*

This philosophy based unit of study will look at the rich history of traditional herbal medicine and explore the different approaches to dosage and treatment.



Nature Care College

Assessment

If you are studying for interest sake only and do not wish to receive a Certificate or be credited for these units in future, you may bypass the Assessment Requirements.

Courses are assessed through a variety of assessments eg practical and written examinations & assignments. Individual subject outlines detailing the timing and assessment methods and weighting will be given out in your first week of class for each subject and are available prior to enrolment by contacting Student and Learning Services on 02 8423 8333 or info@naturecare.com.au

Teaching Methods

A range of teaching methods are incorporated for delivery of course content as relevant to the subject. These include a combination of modified lectures utilizing visual aids, workbooks and handouts, class and group discussions, theory and practical exercises.

Recognition of our Course

The Certificate of Naturopathy is a Nature Care College accredited certificate and is not regarded as a Professional Training Qualification. Successful completion of this certificate will enable seamless articulation with credit into the following Professional Qualifications:

1. The Advanced Diploma of Naturopathy
2. The Advanced Diploma of Western Herbal Medicine
3. The Advanced Diploma of Nutrition and
4. The Advanced Diploma of Homoeopathy

Note: Professional Training Association recognition is determined by the Professional Association and may be subject to change. Whilst the information printed on this outline is current at the time of printing, Nature Care College cannot take responsibility for changes that occur in relation to Professional Association requirements.

1 Year Study Plan

	term one	term two	term three
year one	<ul style="list-style-type: none"> ▶ Homoeopathy 1A (Distance or face to face) ▶ Introduction to Naturopathy (Face to face) 	<ul style="list-style-type: none"> ▶ Bach Flower Remedies (Distance or face to face) ▶ Traditions in Herbal Medicine (Face to face) 	<ul style="list-style-type: none"> ▶ Introduction to Nutrition (Distance or face to face) Suggested Options <ul style="list-style-type: none"> ▶ Swedish Massage (face to face) ▶ Apply First Aid (face to face)

2 Year Study Plan

	term one	term two	term three
year one	<ul style="list-style-type: none"> ▶ Traditions in Herbal Medicine (Distance or Face to face) 	<ul style="list-style-type: none"> ▶ Introduction to Naturopathy (Face to face) 	<ul style="list-style-type: none"> ▶ Introduction to Nutrition (Distance or face to face)
	<ul style="list-style-type: none"> ▶ Homoeopathy 1A (Distance or face to face) 	<ul style="list-style-type: none"> ▶ Bach Flower Remedies (Distance or face to face) 	