



CERTIFICATE OF WESTERN HERBAL REMEDIES

A Herbalist is a Natural Therapist who uses a range of herbal medicine & nutrition to diagnose, treat & prevent physical illness or dysfunction.

The Certificate of Western Herbal Medicine provides foundational education in Medicinal herbs, history, theory and philosophy and material medica.

Employment Opportunities: Graduate skills and knowledge are suited to those wishing to work in the complementary medicine or pharmaceutical industry areas such as manufacturing, sales and the increasing demand for industry promotion, or as a clinical assistant.

Articulation: Graduates may articulate with credit into the Advance Diploma of Western Herbal Medicine or the Advanced Diploma of Naturopathy and upon completion will be eligible to apply for professional membership of The Australian Traditional Medicine Society (ATMS).

Nature Care College is proud to offer what we believe is a comprehensive and rewarding Certificate course in Western Herbal Medicine. The Certificate of Western Herbal Medicine may be completed in one year or two.

Certificate of Western Herbal Remedies- Course Content

▶ Herbal Medicine 1A1, 1B, 1D	- 72 hours	\$1,650
▶ Introduction to Naturopathy	- 24 hours	\$550
▶ Traditions in Herbal Medicine	- 24 hours	\$550

TOTAL HOURS TO COMPLETE CERTIFICATE: 120 hours **\$2,750**

Tuition Fees may be paid term by term basis. Please refer to enrolment form for Terms & Condition.

Suggested Units of Study to complement this certificate

▶ Safe Practices	- 12 hours
▶ Apply First Aid Certificate	- 12 hours

Unit of Study Descriptions & Study Options

Traditions in Herbal Medicine (2 hours a week for 12 weeks)

This philosophy based unit of study will look at the rich history of traditional herbal medicine and explore the different approaches to dosage and treatment.

Introduction To Naturopathy (2 hours a week for 12 weeks)

This inspiring foundation subject will provide you with an understanding of the philosophy and fundamental beliefs of naturopathy, as well as natural healing principles and the basic principles of holistic health.

Herbal Medicine 1A (Introduction) (2 hours a week for 36 weeks or Distance Learning)

Welcome to the magical world of Herbal Medicine! This one-year unit of study introduces the philosophy and science of herbalism in its historical perspective. You will explore the materia medica, learn about the therapeutic effects, constituents, preparation and usage of plants as medicine.

Herbal Medicine 1B (Botany) (2 hours a week for 12 weeks)

An introduction to basic plant botany and plant morphology as well as the process of plant identification. Includes one field trip.

Co-requisite: Herbal Medicine 1A

Herbal Medicine 1D (Local Medicinal Plants & Weeds) (2 hours a week for 12 weeks OR Intensive)

Being able to make use of the plants growing in our own backyard is an essential component of herbalism. This course will teach students to differentiate between toxic & medicinal native plants & weeds in Australia.

Pre-requisites: Herbal Medicine 1B & 1C

Co-requisite: Herbal Medicine 1A



Nature Care College

Assessment

If you are studying for interest sake only and do not wish to receive a Certificate or be credited for these units in future, you may bypass the Assessment Requirements. Courses are assessed through a variety of assessments eg practical and written examinations & assignments. Individual subject outlines detailing the timing and assessment methods and weighting will be given out in your first week of class for each subject and are available prior to enrolment by contacting Student and Learning Services on 02 8423 8333 or info@naturecare.com.au

Teaching Methods

A range of teaching methods are incorporated for delivery of course content as relevant to the subject. These include a combination of modified lectures utilizing visual aids, workbooks and handouts, class and group discussions, theory and practical exercises,

Recognition of our Course

The Certificate of Western Herbal Medicine is a Nature Care College accredited certificate and is not regarded as a qualification. Successful completion of this certificate will enable seamless articulation with credit into

1. The Advanced Diploma of Naturopathy
2. The Advanced Diploma of Western Herbal Medicine

Note: Professional Training Association recognition is determined by the Professional Association and may be subject to change. Whilst the information printed on this outline is current at the time of printing, Nature Care College cannot take responsibility for changes that occur in relation to Professional Association requirements.

1 Year Study Plan

	term one	term two	term three
year one	<ul style="list-style-type: none"> ▶ Herbal Medicine 1A1 (Introduction to Herbal Medicine) (Distance or face to face) ▶ Herbal Medicine 1B (Botany) (Face to face) 	<ul style="list-style-type: none"> ▶ Introduction to Naturopathy (Face to face) ▶ Traditions in Herbal Medicine (Face to face) Suggested Study ▶ Apply First Aid (Face to face) 	<ul style="list-style-type: none"> ▶ Herbal Medicine 1D (Local Plants & Weeds) (Distance or face to face) Suggested Study ▶ Safe Practices (Distance or face to face)

Should you wish to take longer than one year to complete the Certificate, please speak to a Course Advisor on 8423-8333