



FLEXIBLE STUDY OPTIONS

NATURE CARE COLLEGE DELIVERS
STUDY/LIFE BALANCE

THE DIPLOMA OF TRANSPERSONAL COACHING COURSE CAN BE STUDIED:

> Part-time over four terms on campus

COURSE START DATES

- > Term 1, February
- > Term 2, May (Introduction to Transpersonal Psychology only)
- > Term 3, September (Introduction to Transpersonal Psychology only)

WHAT IS TRANSPERSONAL COACHING?

Transpersonal Coaching is the artistry of working in partnership with a person to enable them to live and work more fully and deeply, with heart and soul, with purpose and meaning. It facilitates an aliveness and alignment with one's authentic self and spirit in all aspects of being in today's world.

Transpersonal means 'beyond the personal', beyond the individualised personality self. Transpersonal Psychology, regarded as the fourth development wave in the science of psychology, is the study of humanity's highest potential, and recognises that human beings are far more than their everyday selves. Where as traditional coaching focuses primarily on enabling a person to consciously design and achieve their personal life, relationship and career goals, the transpersonal approach dances with goals at a far deeper level, opening into the inner values, needs and longings of the whole person, in mind, body and particularly soul.

Transpersonal Coaching can powerfully bring forth a fulfilling life that embraces both the internal and external, creating expanded levels of personal happiness, wholeness, excellence and success in the world.

DO YOU ENJOY?

- Supporting people to achieve good health, personal happiness and wholeness
- Listening and observing
- Using your excellent communication skills

JILL DANKS – GRADUATE/EXECUTIVE COACH



“ WITHIN WEEKS

I was applying my new skills to my executive coaching business and continued to learn and integrate throughout the diploma. The learning was deeply transpersonal for me and highly applied for my clients.





RECOGNITION OF OUR COURSE

The Diploma of Transpersonal Coaching is fully aligned with the Core Competencies and Ethical Guidelines of the International Coach Federation (ICF). Graduates are eligible to apply to the ICF via a portfolio process for a credential. For further details of the credentialing process please visit www.icfaustralasia.com

Nature Care College is currently in the process of applying for formal accreditation of the Diploma with the ICF.

Note: Professional Training Association recognition is determined by the Professional Association and may be subject to change. Whilst the information printed on this outline is current at the time of printing, Nature Care College cannot take responsibility for changes that occur in relation to Professional Association requirements.

ON-GOING EDUCATION - COMPLEMENTARY COURSES

You may also like to consider undertaking the following courses as they complement the Diploma of Coaching.

- Meditation 1 & 2
(as part of the Meditation Facilitator's Certificate)
- Nourishing the Self & Creative Expression as Healing
(as part of the Diploma of Energetic Healing)
- Business Skills
- The Artist's Way

COURSE ENTRY REQUIREMENTS

DIVERSITY ADDS TO A SENSE OF COMMUNITY

At Nature Care College, we are committed to welcoming, nurturing and developing growth. Nature Care's students have a wide range of backgrounds such as people straight from school to people with life experience but no educational background. This diversity adds to Nature Care's life-enriching community.

Admission to Nature Care College is based on program entry requirements. This may include but is not limited to academic merit, knowledge and skills achieved through formal courses of study, work experience, mature age entry and the potential for tertiary study.

ENTRY REQUIREMENTS

- To qualify for admission course entry is through high school matriculation or mature age entry of 21 years and over
- Writing and submitting a personal statement indicating your special areas of interest, any related experience you may have, and why you wish to undertake the course (limited to one A4 page)
- Due to the nature of the course, it is compulsory that applicants make an appointment with a Course Advisor prior to enrolling

YOUR PAYMENT OPTIONS

PAY TERM BY TERM AS YOU GO Study programs can be structured to suit your individual lifestyle needs. Course fees are charged on a term by term basis & are dependant on the number of units of study you enrol into each term.

SPREAD THE COST OF YOUR COURSE THROUGHOUT THE TERM Payment Plans provide an option for students to spread the cost of your course fees throughout the term, in weekly or fortnightly instalments. A 50% deposit on the terms fees is payable at enrolment, the remaining fees are then spread throughout the term. A 10% surcharge applies to the outstanding balance for the use of a Payment Plan.



REASONS TO STUDY AT NATURE CARE COLLEGE [THE NATURE CARE BENEFIT]

- We are Australia's most experienced trainers of natural therapists, teaching since 1973
- Course study plans are designed to maximise learning outcomes & allow time for interactive class discussions
- Work Ready qualifications written with industry consultation
- Highly regarded on campus Student Clinic—vital to put theory into practice, working with the general public as patients and being closely mentored by specialist practitioners
- Nature Care College graduates are the industry preferred employees
- Providing study/life balance
- Flexible payment options
- Nature Care College's unique campus atmosphere & wide demographic of students
- The Nature Care Café – in-house vegetarian café
- Library
- Job Assistance – multitude of job opportunities advertised through Nature Care College

YOUR TRAINERS

Your trainers at NCC are professionals who are passionate about their fields of expertise. They bring a wealth of knowledge, clinical expertise and industry experience to provide for you an exciting, engaging and relevant educational experience as you learn the knowledge and skills needed to be a competent and Transpersonal Coach.

YOUR QUALIFICATION

The Diploma of Transpersonal Coaching provides outstanding holistic and vocational training for those wishing to practice in the field of professional coaching. Nature Care College's leading edge course provides a depth and wholeness with the client's process that makes it unique amongst coach training courses in Australia. The course provides substantial opportunity for experiential learning, skills practice and application, personal growth and professional supervision of one's developing coaching style and practice.

This training stands alone in its grounded and effective application of transpersonal psychology and perennial wisdom to everyday life process, work, relationships, discernment of life and career directions, quality living and the in-depth exploration and integration of personal vision, purpose and meaning.

CAN I APPLY FOR RECOGNITION OF PRIOR LEARNING (RPL), CREDIT TRANSFERS & NATIONAL RECOGNITION AT NATURE CARE COLLEGE?

At Nature Care College we recognise prior learning and encourage you to apply. If you have fully or partially completed studies in the last 10 years with a recognised Higher Education provider with Australia, you can apply for Credit Transfer. If you have acquired knowledge or skills through avenues other than those mentioned above you are encourage to apply for Recognition of Prior Learning. Further details can be found on our website <http://www.naturecare.com.au/enrolment/?id=57> or alternatively please contact a Course Advisor who will assist you with the process."

DID YOU KNOW?

THE GLOBAL COACHING INDUSTRY IS **WORTH \$1.5 BILLION USD***

GLOBALLY, THE AVERAGE FEE FOR A ONE-HOUR COACHING SESSION IS **\$205 USD***

THE MAJORITY OF COACHES MAINTAIN **11 ACTIVE (ONGOING) CLIENTS** AT ANY TIME*

COACHING ATTRACTS A HIGH LEVEL OF PART-TIME PROFESSIONALS (61%). FOUR IN TEN COACH ON A **FULL-TIME BASIS***

*International Coaching Federation Global Coaching Study. Executive Summary Revised February 2008.



RECOMMENDED SET FOUR TERM STUDY PLAN

	Term One	Term Two	Term Three
Year 1	<ul style="list-style-type: none"> • An Introduction to Transpersonal Psychology • Core Skills for Transformation • Coaching Presence 	<ul style="list-style-type: none"> • Creating Awareness and Transformation • Transformational Coaching in Practice • Basic Marketing for Coaches 	<ul style="list-style-type: none"> • The Transpersonal Coaching Relationship • Advanced Coaching Skills and Tools • Transpersonal Coaching in Practice
Year 2	<ul style="list-style-type: none"> • Transformation in the Workplace • Building Your Coaching Specialty • Transpersonal Coaching Integration 		

In order to complete this Diploma over 2 years students must follow the study plan as subjects are only offered in the terms shown, with the exception of Introduction to Transpersonal Psychology which may be available in Terms 2 and 3. Students have a maximum of four years in which to complete this Diploma.

Please note: Personal coaching sessions are an additional requirement to be completed as a series of 12 outside class time, at any point during the 4 terms.

CAREER PATHS TO CONSIDER COACHING IS A GROWING PROFESSION AND IS IN INCREASING DEMAND IN MANY SECTORS OF THE COMMUNITY AND WORKFORCE | COACHING IS A POTENT TOOL FOR TRANSFORMATION AND HAS THE POTENTIAL TO BE A STAND-ALONE CAREER OR ACT AS A POWERFUL ADJUNCT TO ANY LINE OF WORK. | PRIVATE PRACTICE | EMPLOYMENT WITHIN THE CORPORATE SECTOR | WORKSHOPS AND GROUP COACHING FACILITATION | SPECIALIST COACHING: BUSINESS COACHING, HEALTH AND WELLNESS, LIFE VISION AND ENHANCEMENT, GROUP COACHING, RELATIONSHIP COACHING, AND MORE



Individual Unit of study Course Outlines can be downloaded from the website for all classes www.naturecare.com.au homepage under 'Course Finder'. The outline has the course description, pre & co-requisites, assessment, textbook & week by week lesson outline information.

DIPLOMA OF TRANSPERSONAL COACHING COURSE CONTENT

Module Name	Hours
An Introduction to Transpersonal Psychology	- 24 hours
Core Skills for Transformation	- 24 hours
Coaching Presence	- 24 hours
Creating Awareness and Transformation	- 24 hours
Transformational Coaching in Practice	- 24 hours
Basic Marketing for Coaches	- 24 hours
The Transpersonal Coaching Relationship	- 24 hours
Advanced Coaching Skills and Tools	- 24 hours
Transpersonal Coaching in Practice	- 24 hours
Transformation in the Workplace	- 24 hours
Building Your Coaching Specialty	- 24 hours
Transpersonal Coaching Integration	- 24 hours
Personal Coaching Sessions (not included in course fees)	- 12 sessions

The fee for these 1:1 sessions is payable directly to the coach.

Nature Care provides a list of transpersonal coaches you can consider working with. Students can complete this series of 12 sessions outside of class time at any point during the 4 terms.