



FLEXIBLE STUDY OPTIONS

NATURE CARE COLLEGE DELIVERS STUDY/LIFE BALANCE

THE DIPLOMA OF ENERGETIC HEALING COURSE CAN BE STUDIED:

- > Part-time 2 years
- > A study plan can be created by our Course Advisors to suit your individual lifestyle needs

COURSE START DATES

- > Term 1, February
- > Term 2, May (Introduction to Energetic & Spiritual Healing and Meditation only)
- > Term 3, September (Introduction to Energetic & Spiritual Healing and Meditation only)

DIPLOMA OF ENERGETIC HEALING STUDY OPTIONS:

- > On campus
- > Distance Learning (Communicate with Clients & Safe Practices only)

WHAT IS AN ENERGETIC HEALING PRACTITIONER?

Energetic Healing works with a person's body system to bring about balance and encourage healing and vitality on all levels. An Energetic Healer works with a person's subtle bodies to identify any blockages to healing, and assists the client to release these. A high degree of client awareness and participation in their own healing and personal growth is promoted, as is exploration of the mind, body, spirit connection.

An Energetic Healing practitioner draws on a diverse range of therapeutic & diagnostic approaches, including:

- Chakra, Meridian & Aura assessment & balancing
- Meditations & guided visualisations
- Colour Therapy
- Crystal & Pendulum work
- Creative Expression exercises
- Essences
- Releasing blockages specialist counselling skills & other healing techniques

DO YOU HAVE?

- A desire to help people achieve optimal health & balance
- An interest in helping clients achieve vitality
- A passion for supporting people
- Listening & observation skills

GRACE HO – ENERGETIC HEALER/GRADUATE



MY TIME AT NCC

was a life-changing experience. I learnt so much about myself, others and holistic health, in a caring supportive environment. I always felt nourished physically, emotionally, mentally & spiritually. I love working as an Energetic Healer!



RECOGNITION OF OUR COURSE



The Diploma of Energetic Healing is accredited with the Professional Association EHA Energetic Healing Association.

Note: Professional Training Association recognition is determined by the Professional Association and may be subject to change. Whilst the information printed on this outline is current at the time of printing, Nature Care College cannot take responsibility for changes that occur in relation to Professional Association requirements.

ON-GOING EDUCATION

Graduates are eligible for advanced standing in the following Nature Care College qualifications.

- Meditation Facilitator's Certificate
- Certificate in Astrology (if Astrology 1 is completed as the elective)

You may also like to consider undertaking the following courses as they complement the Diploma of Energetic Healing.

- Certificate IV in Kinesiology
- Marketing with Heart
- Aura Soma 2 (if you have completed Aura Soma 1 as an elective)
- Business Skills
- Meditative Healing Sounds
- Metaphysical Mastery
- The Artist's Way
- Animal Communication
- Revealing and Understanding Your Dreams
- The Psychic Pathway
- Tarot Reading

COURSE ENTRY REQUIREMENTS

DIVERSITY ADDS TO A SENSE OF COMMUNITY

At Nature Care College, we are committed to welcoming, nurturing and developing growth. Nature Care's students have a wide range of backgrounds such as people straight from school to people with life experience but no educational background. This diversity adds to Nature Care's life-enriching community.

Admission to Nature Care College is based on program entry requirements. This may include but is not limited to academic merit, knowledge and skills achieved through formal courses of study, work experience, mature age entry and the potential for tertiary study.

Selection Process: For Vocational Education and Training (VET) courses, Nature Care does not require students to have any specific prior knowledge or a particular University Admissions Index (UAI) for course entry.

ENTRY REQUIREMENTS

- To qualify for admission course entry is through high school matriculation or mature age entry of 21 years and over
- Writing and submitting a personal statement indicating your special areas of interest, any related experience you may have, and why you wish to undertake the course (limited to one A4 page)
- Applicants may be requested to participate in a phone or in person appointment with a Course Advisor prior to final selection

YOUR PAYMENT OPTIONS

PAY TERM BY TERM AS YOU GO Study programs can be structured to suit your individual lifestyle needs. Course fees are charge on a term by term basis & are dependant on the number of units of study you enrol into each term.

SPREAD THE COST OF YOUR COURSE THROUGHOUT THE TERM Payment Plans provide an option for students to spread the cost of your course fees through out the term, in weekly or fortnightly instalments. A 50% deposit on the terms fees is payable at enrolment, the remaining fees are then spread through out the term. A 10% surcharge applies to the outstanding balance for the use of a Payment Plan.



REASONS TO STUDY AT NATURE CARE COLLEGE [THE NATURE CARE BENEFIT]

- We are Australia's most experienced trainers of natural therapists, established in 1973
- Course study plans are designed to maximise learning outcomes & allow time for interactive class discussions
- Work Ready qualifications written with industry consultation
- Highly regarded on campus Student Clinic – vital to put theory into practice, working with the general public as patients and being closely mentored by specialist practitioners
- Nature Care College graduates are the industry preferred employees
- Flexible study options providing study/life balance
- Flexible payment options
- Nature Care College's unique campus atmosphere & wide demographic of students
- The Nature Care Café – in-house vegetarian café
- Library
- Job Assistance – a multitude of job opportunities advertised through Nature Care College

YOUR TRAINERS

Nature Care College trainers are professionals who are passionate about their fields of expertise. They bring a wealth of knowledge, clinical expertise and industry experience to provide for you an exciting, engaging and relevant educational experience as you learn the knowledge and skills needed to be a competent and successful Energetic Healer.

YOUR QUALIFICATION

Would you like to know more about the science behind the evolving world of energy medicine? Nature Care College's innovative program covers a diverse range of approaches based on subtle anatomy and subtle forms of energy. It is the only complete learning program of its kind in Australia, incorporating theory and hands-on practical work to lead the student into the new realms of learning and experience. It offers the opportunity for profound personal growth & readiness to be able to heal others. As well as philosophy, techniques learned include a variety of hands-on healing methods, meditations, essences, colour therapy, crystals and other ways of directly channelling healing energy.

Students are supported to open up to their own intuitive healing skills, and are guided closely by their facilitators. Additional personal support sessions such as counselling, bodywork or energetic healing may be required during your study as a result of the often profound impact of this course. All students are encouraged to attend Student Clinic in Terms 2 & 3.

CAN I APPLY FOR RECOGNITION OF PRIOR LEARNING (RPL), CREDIT TRANSFERS & NATIONAL RECOGNITION AT NATURE CARE COLLEGE?

At Nature Care College we recognise prior learning and encourage you to apply. If you have fully or partially completed a nationally endorsed Training Package and Australian Qualifications Framework (AQF) accredited course you can apply for National Recognition of Recognition of Current Competencies. If you have fully or partially completed studies in the last 10 years with a recognised Higher Education provider within Australia you can apply for Credit Transfer. If you have acquired knowledge and skills through avenues other than those mentioned above you are encouraged to apply for Recognition of Prior Learning. Further details can be found on our website <http://www.naturecare.com.au/enrolment/?id=57> or alternatively please contact a Course Advisor who will assist you with the process.

CAREER PATHS TO CONSIDER 1: 1 CLIENT SESSIONS - IN PERSON & DISTANCE HEALING | PRIVATE PRACTICE | WORKING IN HEALING CENTRES | WORKSHOP FACILITATION | WORKPLACE WELLBEING PROGRAMS

MORE AND MORE AMERICANS ARE SEEKING OUT ALTERNATIVE MEDICAL TREATMENTS - ABOUT 38%, ACCORDING TO THE 2007 NATIONAL HEALTH SURVEY. THE SURVEY ALSO REPORTED THAT OVER 1.2 MILLION ADULTS USED A FORM OF ENERGY HEALING DURING THE PREVIOUS YEAR.

RECOMMENDED STUDY PLANS



Nature Care
College

SET PART-TIME TWO YEAR STUDY PLAN

	Term One	Term Two	Term Three
Year 1	<ul style="list-style-type: none"> • Introduction to Energetic and Spiritual Healing • Subtle Anatomy 1 • Body Systems - An Introduction • Meditation 1 	<ul style="list-style-type: none"> • Subtle Anatomy 2 • Energetic Healing in Practice 1 • Meditation 2 • Communicate With Clients 	<ul style="list-style-type: none"> • Nature's Essences • The Energy of Colour • Nourishing the Self • Transformation and Change
Year 2	<ul style="list-style-type: none"> • Vibrational Healing • Realm of the Psyche • Energetic Healing in Practice 2 • From Psyche to Soul 	<ul style="list-style-type: none"> • Creative Expression as Healing • Journey of the Soul • Safe Practices** • Student Clinic 	<ul style="list-style-type: none"> • Energetic Practicum and Review • Elective* • Apply First Aid** • Student Clinic

* An elective must be a minimum of 24 hours in duration. See list of approved electives below.

** Safe Practices and Apply First Aid are usually offered every term. Safe Practices is a pre-requisite for Student Clinic.

In order to complete this Diploma over 2 years, students must follow this study plan, as many of the units are only offered in the term indicated above. Students have a maximum of three years to complete this Diploma.

ELECTIVES

- Reiki 1 & Reiki 2 (both must be completed to qualify as an elective – 12 hours each)
- Aura Soma (Level 1)
- Crystal Healing
- Kinesiology Fundamentals – Touch for Health 1 & 2
- Meditation 3 (Advanced Facilitator Skills)
- Astrology 1

DID YOU KNOW?

THE WORLD HEALTH ORGANIZATION ESTIMATES THAT BETWEEN 65 TO 80 PERCENT OF THE WORLD'S POPULATION (ABOUT 3 BILLION PEOPLE) RELY ON TRADITIONAL (ALTERNATIVE) MEDICINE AS THEIR **PRIMARY FORM OF HEALTH CARE** ([HTTP://LIBRARY.THINKQUEST.ORG/24206/FACTS-STATS.HTML](http://library.thinkquest.org/24206/facts-stats.html))

DR. MEHMET OZ, M.D., ONE OF THE MOST RESPECTED SURGEONS IN THE UNITED STATES & PRESENTER OF THE MAINSTREAM MEDICAL TV SHOW "DR OZ DECLARED IN 2011 THAT, "**THE NEXT BIG FRONTIER IN MEDICINE IS ENERGY MEDICINE.**" ([HTTP://WWW.YOUTHFULHEARTS.COM/2011/08/21/ENERGY-MEDICINE-WHAT-IS-IT-AND-WHY-USE-IT/](http://www.youthfulhearts.com/2011/08/21/energy-medicine-what-is-it-and-why-use-it/)) HE ALSO SAID, "REIKI IS ONE OF MY FAVOURITES, WE'VE BEEN USING IT FOR YEARS IN THE OZ FAMILY, AND WE SWEAR BY IT." [HTTP://WILDREIKI.WORDPRESS.COM/2010/01/11/DR-OZ-DECLARES-REIKI-HIS-1-ALTERNATIVE-MEDICINE-SECRET-TIPS-ON-CHOOSING-A-TEACHER/](http://wildreiki.wordpress.com/2010/01/11/dr-oz-declares-reiki-his-1-alternative-medicine-secret-tips-on-choosing-a-teacher/)

"RECENT RESEARCH IS CONFIRMING THAT ENERGY MEDICINE & COMPLEMENTARY MEDICINE THERAPIES CAN BE HELPFUL IN TREATING MANY PROBLEMS FOR WHICH CONVENTIONAL MEDICINE MAY HAVE NO CURES. GROWING NUMBERS OF DOCTORS ARE **INTEGRATING THESE THERAPIES** IN THEIR PRACTICES." ([HTTP://WWW.WHOLISTICHEALINGRESEARCH.COM/ENERGYMEDICINEFORTHEINTERNIST.HTML](http://www.wholistichealingresearch.com/energymedicinefortheinternist.html))

THERE ARE NUMEROUS RANDOMIZED CONTROLLED STUDIES IN HUMANS, ANIMALS, PLANTS, BACTERIA, YEASTS, AND ENZYMES WHICH SUGGEST THAT **SPIRITUAL HEALING CAN BE EFFECTIVE** FOR PAIN, ANXIETY, DEPRESSION, AIDS, HYPERTENSION, ARTHRITIS, WOUND HEALING, AND OTHER PROBLEMS. (BENOR, D J, HEALING RESEARCH, VOLUME I, SPIRITUAL HEALING: SCIENTIFIC VALIDATION OF A HEALING REVOLUTION, SOUTHFIELD, MI: VISION PUBLICATIONS (2001A & 2001B))



Individual Unit of Study Course Outlines can be downloaded from the website for all classes www.naturecare.com.au homepage under 'Course Finder'. The outline has the course description, pre & co-requisites, assessment, textbook & week by week lesson outline information.

DIPLOMA OF ENERGETIC HEALING COURSE CONTENT

Module Name	Hours
Introduction to Energetic & Spiritual Healing	24 hours
Subtle Anatomy 1	24 hours
Subtle Anatomy 2	24 hours
Body Systems - An Introduction <small>NB: Students who have completed 'Anatomy & Physiology 1B' do not have to do 'Body Systems - An Introduction'</small>	20 hours
Communicate With Clients <small>NB: Students who have completed 'Communication Skills For Health Professionals 1A do not have to do 'Communicate With Clients'</small>	24 hours
Meditation 1	24 hours
Meditation 2	24 hours
Nature's Essences	24 hours
Creative Expression as Healing	24 hours
Nourishing the Self	24 hours
Transformation & Change <small>(N.B. Students who have completed Life Transitions & Transformation do not have to do Transformation & Change)</small>	24 hours
Realm Of The Psyche	24 hours
From Psyche To Soul	24 hours
Journey Of The Soul	24 hours
Vibrational Healing	24 hours
The Energy of Colour	24 hours
Energetic Healing in Practice 1	36 hours
Energetic Healing in Practice 2	36 hours
Energetic Practicum & Review	24 hours
One Elective (see page 4)	24-42 hours
Safe Practices	12 hours
Energetic Healing Student Clinic	minimum 96 hrs
Apply First Aid Certificate	minimum 12 hrs