



FLEXIBLE STUDY OPTIONS

NATURE CARE COLLEGE DELIVERS
STUDY/LIFE BALANCE

THE ADVANCED DIPLOMA OF NATUROPATHY COURSE CAN BE STUDIED:

- > Full-time duration 3 years
- > Part-time duration 6 years or
- > A study plan can be created by our Course Advisors to suit your individual lifestyle needs

COURSE START DATES

- > Term 1, February (Full-time & Part-time)
- > Term 2, May (Part-time)
- > Term 3, September (Part-time)

ADVANCED DIPLOMA OF NATUROPATHY STUDY OPTIONS:

- > On campus
- > Distance learning
- > Combination of on campus and distance learning

Our flexible approach allows you the option of starting with on campus studies for a term with the flexibility of changing to distance should your needs change.

Nature Care's Course Advisors are available to assist you with creating a flexible timetable to suit your needs.

WHAT IS A NATUROPATH?

A Naturopath is a Natural Therapist who uses a range of complementary medical techniques and remedies including homoeopathy, iridology, herbal medicine & nutrition to diagnose, treat & prevent physical illness or dysfunction.

DO YOU ENJOY LEARNING ABOUT HEALTH AND HAVE AN INTEREST IN FOOD STUDIES?

A Naturopath may perform the following:

- Analyse patients eating habits and develop personalised nutrition plans
- Prescribe natural medicines such as herbal remedies, vitamin compounds and mineral supplements
- Use organic techniques to stimulate the body's capacity for self-healing
- Massage the soft tissues of the human body, including muscles, tendons and ligaments, to assist healing and use massage techniques to enhance relaxation and wellbeing
- Examine the Iris to analyse and treat illness in various organs of the body

DO YOU ENJOY?

- A desire to help people achieve good health
- Promoting preventive medicine as a complement to conventional medicine
- Using your excellent communication skills
- Listening and observing

HANNAH ARMSTRONG – GRADUATE



STUDYING

at Nature Care
changed my life.
It allowed me
to respect the
human body, and
empowered me to
take control of my
life and build my
own destiny.





RECOGNITION OF OUR COURSE



The Advanced Diploma of Naturopathy is fully Government accredited with the Australian Skills Quality Authority (ASQA). The Australian Skills Quality Authority (ASQA) is the national regulator for Australia's vocational education and training sector. The Advanced Diploma of Naturopathy is also accredited with the Professional Associations – the Australian Traditional Medicine Society (ATMS), the Australian Natural Therapists Association (ANTA).

Note: Professional Training Association recognition is determined by the Professional Associations and may be subject to change.

YOUR DEGREE PATHWAY

Graduates of Nature Care College's accredited Advanced Diploma of Naturopathy are eligible to apply for articulation into the Bachelor of Health Science (Complementary Medicine) at Charles Sturt University (CSU) or Bachelor of Health Science (Naturopathy) from Paramount College of Natural Medicine via e-learning. Please contact Student & Learning Services for further information.

Graduates are also eligible for advanced standing in the following Nature Care College qualifications.

- Advanced Diploma of Nutritional Medicine HLT61007
- Advanced Diploma of Homoeopathy HLT60607
- Advanced Diploma of Western Herbal Medicine HLT60107
- Diploma of Remedial Massage HLT50307

COURSE ENTRY REQUIREMENTS

DIVERSITY ADDS TO A SENSE OF COMMUNITY

At Nature Care College, we are committed to welcoming, nurturing and developing growth. Nature Care's students have a wide range of backgrounds such as people straight from school to people with life experience but no educational background. This diversity adds to Nature Care's life-enriching community.

Admission to Nature Care College is based on program entry requirements. This may include but is not limited to academic merit, knowledge and skills achieved through formal courses of study, work experience, mature age entry and the potential for tertiary study.

Selection Process: For Vocational Education and Training (VET) courses, Nature Care does not require students to have any specific prior knowledge or a particular University Admissions Index (UAI) for course entry.

ENTRY REQUIREMENTS

- To qualify for admission course entry is through high school matriculation or mature age entry of 21 years and over
- Writing and submitting a personal statement indicating your special areas of interest, any related experience you may have, and why you wish to undertake the course (limited to one A4 page)
- Applicants may be requested to participate in a phone or in person appointment with a Course Advisor prior to final selection

YOUR PAYMENT OPTIONS

VET FEE-HELP The Advanced Diploma of Naturopathy is fully funded by VET FEE-HELP. Students can obtain an Australian Government student loan for all or part of their tuition fees. Please refer to www.naturecare.com.au for further information on VET FEE-HELP.

AUSTUDY/ABSTUDY Students studying the Advanced Diploma of Naturopathy full-time may apply for Austudy/Abstudy. Centrelink determines eligibility and can be contacted on 13 24 90 or visit their website: www.centrelink.gov.au.

PAY TERM BY TERM AS YOU GO Study programs can be structured to suit your individual lifestyle needs. Course fees are charged on a term by term basis & are dependant on the number of units of study you enrol into each term.

SPREAD THE COST OF YOUR COURSE THROUGHOUT THE TERM Payment Plans provide an option for students to spread the cost of your course fees throughout the term, in weekly or fortnightly instalments. A 50% deposit on the terms fees is payable at enrolment, the remaining fees are then spread throughout the term. A 10% surcharge applies to the outstanding balance for the use of a Payment Plan.



REASONS TO STUDY AT NATURE CARE COLLEGE [THE NATURE CARE BENEFIT]

- We are Australia's most experienced trainers of natural therapists, established in 1973
- Course study plans are designed to maximise learning outcomes & allow time for interactive class discussions
- Work Ready qualifications that allow you to start practising immediately upon graduation
- Bachelor Articulation Pathways
- Our highly regarded Nature Care Clinic – vital to put theory into practice, working with the general public as patients and being closely mentored by specialist practitioners
- Nature Care College graduates are the industry preferred employees
- Flexible study options providing study/life balance
- VET FEE-HELP funding & flexible payment options
- Nature Care College's unique campus atmosphere & wide demographic of students
- The Nature Care Café – in-house vegetarian café
- Library
- Job Assistance – a multitude of job opportunities advertised through Nature Care College

YOUR TRAINERS

Nature Care College trainers are professionals who are passionate about their fields of expertise. They bring a wealth of knowledge, clinical expertise and industry experience to provide for you an exciting, engaging and relevant educational experience as you learn the knowledge and skills needed to be a competent and successful natural therapies practitioner.

YOUR QUALIFICATION

Your qualification at Nature Care College provides the most relevant natural therapies training in Australia. It provides you with additional studies in Naturopathic Principles, Iridology-Iris Diagnosis and Bach Flower Remedies. These practical natural diagnostic tools further expand your repertoire of training resulting in what a true naturopath is all about.

CAN I APPLY FOR RECOGNITION OF PRIOR LEARNING (RPL), CREDIT TRANSFERS & NATIONAL RECOGNITION AT NATURE CARE COLLEGE?

At Nature Care College we recognise prior learning and encourage you to apply. If you have fully or partially completed a nationally endorsed Training Package and Australian Qualifications Framework (AQF) accredited course you can apply for National Recognition of Recognition of Current Competencies.

If you have fully or partially completed studies in the last 10 years with a recognised Higher Education provider within Australia you can apply for Credit Transfer.

If you have acquired knowledge and skills through avenues other than those mentioned above you are encouraged to apply for Recognition of Prior Learning.

Further details can be found on our website <http://www.naturecare.com.au/enrolment/?id=57> or alternatively please contact a Course Advisor who will assist you with the process.

DID YOU KNOW?

A STUDY INTO THE COST EFFECTIVENESS OF COMPLEMENTARY MEDICINE IN AUSTRALIA FOUND **MILLIONS IN HEALTHCARE COSTS COULD BE SAVED** WITHOUT COMPROMISING PATIENT OUTCOMES IF COMPLEMENTARY MEDICINE WERE MORE WIDELY USED

THE GLOBAL MARKET FOR HERBAL REMEDIES ALONE IS ESTIMATED AT **\$83 BILLION DOLLARS** (EXCLUDING SOY, ALGAE & FIBRE)

DOCTORS AND HEALTH PROFESSIONALS RATED THE TOP SOURCE OF RECOMMENDING COMPLEMENTARY MEDICINE INFORMATION *WITH **2 IN 3 AUSTRALIANS USING COMPLEMENTARY MEDICINES EACH YEAR**

DURING THE FIVE YEARS TO MAY 2010, **EMPLOYMENT INCREASED BY 51.9% FOR MASSAGE THERAPISTS**, COMPARED WITH 10.9% GROWTH FOR ALL OTHER OCCUPATIONS**

*Roy Morgan Research, Catalent Australia 2008 **joboutlook.gov.au/myfuture.edu.au
All other statistics obtained from the National Institute of Complementary Medicine (an Australian Government initiative)



RECOMMENDED FULL TIME 3 YEAR STUDY PLAN

	Term One	Term Two	Term Three
Year 1	<ul style="list-style-type: none"> Anatomy & Physiology 1A Chemistry 1A Nutrition 1A Homœopathy 1A/1B Herbal Medicine 1A1 & 1B Traditions in Herbal Medicine Introduction to Naturopathy 	<ul style="list-style-type: none"> Anatomy & Physiology 1B Chemistry 1B Nutrition 1B Homœopathy 1C/2A Herbal Medicine 1A2 & 1C Bach Flower Remedies Develop Professional Expertise 	<ul style="list-style-type: none"> Anatomy & Physiology 1C Chemistry 1C Nutrition 1C Homœopathy 2B/2C Herbal Medicine 1A3 & 1D Safe Practices Evidence Based Practice Swedish Massage
Year 2	<ul style="list-style-type: none"> Anatomy & Physiology 2A Biochemistry 1A Symptomatology, Diagnosis & Path. 1A Remedial Massage 1 Herbal Medicine 2A1 & 2B1 Nutrition 2A Communicate With Clients Homœopathic Student Clinic for Naturopaths 	<ul style="list-style-type: none"> Anatomy & Physiology 2B Biochemistry 1B Symptomatology, Diagnosis & Path. 1B Remedial Massage 2 Herbal Medicine 2A2, 2B2, 2C1 Nutrition 2B Wetlab 1 Massage Student Clinic 	<ul style="list-style-type: none"> Anatomy & Physiology 2C Biochemistry 1C Symptomatology, Diagnosis & Path. 1C Business Skills Herbal Medicine 2A3 & 2C2 Nutrition 2C Wetlab 2 Massage Student Clinic Communicate In Health
Year 3	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Path. 2A Herbal Medicine 3A Nutrition 3A Iridology 1A Clinical Studies (Naturopathic) 1A Physical Examination & Integrated Pathology Pharmacology Naturopathic Student Clinic 	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Path. 2B Herbal Medicine 3B Nutrition 3B Iridology 1B Clinical Studies (Naturopathic) 1B Naturopathic Diagnosis Naturopathic Student Clinic 	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Path. 2C Herbal Medicine 3C Nutrition 3C Modern Phytotherapy Clinical Studies (Naturopathic) 1C Clinical Supervision - Ingestive Apply First Aid Certificate Naturopathic Student Clinic

CAREER PATHS TO CONSIDER PRIVATE PRACTICE | SPA OR GYM PRACTITIONER
 INDUSTRY COMPANY PRACTITIONER | PRACTITIONER ADVISORY SERVICE | RESEARCH |
 PUBLISHING | EDUCATION | HEALTH SERVICE | AGED CARE | CONSULTING WORK

RECOMMENDED STUDY PLANS



Nature Care
College

RECOMMENDED PART TIME 6 YEAR STUDY PLAN

	Term One	Term Two	Term Three
Year 1	<ul style="list-style-type: none"> Anatomy & Physiology 1A Chemistry 1A Homœopathy 1A Introduction to Naturopathy 	<ul style="list-style-type: none"> Anatomy & Physiology 1B Chemistry 1B Homœopathy 1B Bach Flower Remedies Develop Professional Expertise 	<ul style="list-style-type: none"> Anatomy & Physiology 1C Chemistry 1C Homœopathy 1C Communicate With Clients Evidence Based Practice
Year 2	<ul style="list-style-type: none"> Anatomy & Physiology 2A Biochemistry 1A Homœopathy 2A Swedish Massage Business Skills Safe Practices 	<ul style="list-style-type: none"> Anatomy & Physiology 2B Biochemistry 1B Homœopathy 2B Remedial Massage 1 Wet Lab 1 Massage Student Clinic 	<ul style="list-style-type: none"> Anatomy & Physiology 2C Biochemistry 1C Homœopathy 2C Remedial Massage 2 Wet Lab 2 Massage Student Clinic
Year 3	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology 1A Herbal Medicine 1A1 & 1B Homœopathy Student Clinic for Naturopaths 	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology 1B Herbal Medicine 1A2 & 1C Traditions in Herbal Medicine 	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology 1C Herbal Medicine 1A3 & 1D Communicate In Health
Year 4	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology 2A Herbal Medicine 2A1 & 2B1 Nutrition 1A 	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology 2B Herbal Medicine 2A2,2B2 & 2C1 Nutrition 1B 	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology 2C Herbal Medicine 2A3 & 2C2 Nutrition 1C
Year 5	<ul style="list-style-type: none"> Herbal Medicine 3A Nutrition 2A Iridology 1A Student Clinic 	<ul style="list-style-type: none"> Herbal Medicine 3B Nutrition 2B Iridology 1B Student Clinic 	<ul style="list-style-type: none"> Herbal Medicine 3C Nutrition 2C Physical Examination & Integrated Pathology Student Clinic
Year 6	<ul style="list-style-type: none"> Clinical Studies (Naturopathic) 1A Nutrition 3A Pharmacology Clinical Supervision - Ingestive Student Clinic 	<ul style="list-style-type: none"> Clinical Studies (Naturopathic) 1B Nutrition 3B Naturopathic Diagnosis Student Clinic 	<ul style="list-style-type: none"> Clinical Studies (Naturopathic) 1C Nutrition 3C Modern Phytotherapy Apply First Aid Certificate Student Clinic

Massage Tables: It is essential that students acquire, or have access to, a massage table as they will be required to practice massage for the Certificate IV in Massage Therapy Practice. Massage tables are available for hire from the Nature Care Clinic ph: 8423 8444, or for purchase from The Emporium ph: 8423 8478.



Individual Unit of Study Course Outlines can be downloaded from the website for all classes www.naturecare.com.au homepage under 'Course Finder'. The outline has the course description, pre & co-requisites, assessment, textbook & week by week lesson outline information.

ADVANCED DIPLOMA OF NATUROPATHY COURSE CONTENT

Module Name	Hours
Anatomy & Physiology 1A, 1B, 1C	72 hours
Anatomy & Physiology 2A, 2B, 2C	72 hours
Wet Labs 1& 2	2 sessions (4 hrs each)
Chemistry 1A, 1B, 1C	72 hours
Biochemistry 1A, 1B, 1C	72 hours
Symptomatology, Diagnosis & Pathology 1A, 1B, 1C	144 hours
Symptomatology, Diagnosis & Pathology 2A, 2B, 2C	72 hours
Physical Examination & Integrated Pathology	24 hours
Pharmacology	36 hours
Clinical Studies (Naturopathic) 1A, 1B, 1C	40 hours
Swedish Massage	42 hours
Remedial Massage 1	42 hours
Remedial Massage 2	42 hours
Nutrition 1A, 1B, 1C	72 hours
Nutrition 2A, 2B, 2C	72 hours
Nutrition 3A, 3B, 3C	72 hours
Traditions in Herbal Medicine	24 hours
Modern Phytotherapy	24 hours
Herbal Medicine 1A1, 1A2, 1A3 (Introduction)	72 hours
Herbal Medicine 1B (Botany)	24 hours
Herbal Medicine 1C (Manufacturing)	24 hours
Herbal Medicine 1D (Local Medicinal Plants & Weeds)	24 hours
Herbal Medicine 2A1, 2A2, 2A3 (Therapeutics)	72 hours
Herbal Medicine 2B1, 2B2 (Pharmacognosy)	48 hours
Herbal Medicine 2C1, 2C2 (Female Reproductive System)	48 hours
Herbal Medicine 3A, 3B, 3C (Therapeutics)	72 hours
Homœopathy 1A, 1B, 1C	72 hours
Homœopathy 2A, 2B, 2C	72 hours
Introduction to Naturopathy	24 hours
Iridology 1A, 1B	48 hours
Bach Flower Remedies	24 hours
Naturopathic Diagnosis	36 hours
Communicate With Clients (NB: Students who have completed Communication Skills For Health Professionals 1A do not have to do Communicate With Clients)	24 hours
Communicate In Health (NB: Students who have completed Communication Skills For Health Professionals 1B do not have to do Communicate In Health)	24 hours
Safe Practices	12 hours
Business Skills	21 hours
Develop Professional Expertise	24 hours
Evidence Based Practice	14 hours
Clinical Supervision - Ingestive	24 hours
Naturopathic Student Clinic (includes 72 hours Massage Clinic and 48 hours Homoeopathic Clinic for Naturopaths)	minimum 400 hrs
Apply First Aid Certificate	12 hours