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Nature Care College

Aura Soma Level 1

DESCRIPTION	This first of three levels sets out the philosophy behind the Aura Soma system and explores what colour says about people. Students are taught how to use all the tools and given the confidence to begin consultations with the wondrous colour combination bottles.
DURATION	36 hours
LEARNING OUTCOMES	By the conclusion of the module, students should be able to: <ul style="list-style-type: none">• Display the foundation for pursuing a career as an Aura-Soma colour practitioner.• Demonstrate the understanding and skills of how the Aura-Soma colour system can be applied and integrate the knowledge into their personal lives.
TEACHING METHOD	Modified lectures, demonstrated and practical activities, group and class discussion.
ASSESSMENT	Attendance Only.
ATTENDANCE	80% minimum.
PRE-REQUISITES	Nil
CO-REQUISITES	Nil
MATERIALS REQUIRED	Notebook, pen, comfortable clothing.
TEXTBOOKS	Compulsory: Nil Recommended Reading / References: Nil

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DAY-BY-DAY OUTLINE

DAY 1	The History & Philosophy of the Aura-Soma Colour System The Language of Colour
DAY 2	The Language of Colour Continued. The Aura-Soma Consultation Procedure- The Basics The Aura-Soma Consultation Procedure-the Basics Continued. The Function, Feature and use of the Aura-Soma Equilibrium Bottles.
DAY 3	Human Energy Field and Subtle Anatomy. Special Sets of Aura-Soma Equilibrium Bottles- Chakra and Rescue Sets The Aura- Soma Consultation Procedure-Colour Subtleties 1: Flow of Colours and Hidden Colours. The Aura-Soma Thumb Massage.
DAY 4	The Aura-Soma Equilibrium Bottles Keynotes
DAY 5	The Aura-Soma Consultation Procedures-Colour Subtleties 2: Shaken Colours, The Aura-Soma Pom Continue The Aura-soma Pomanders The Aura-Soma Consultation Procedure Colour, Subtleties3: Complementary Colours
DAY 6	The Aura-Soma Quintessences and Masters-1 The Aura-Soma Colour Essences The Aura-Soma Consultation Procedure-Product Recommendations. The Storage and Care of the Aura-Soma Equilibrium Bottles.

Please be respectful of your fellow students and arrive on time for classes. Please ensure all mobile phones are turned off prior to the commencement of class.