



### DESCRIPTION

Alternatives to Antibiotics in Treating Infections – CPE Points Eligible: 5 Points

This is an interactive workshop which explores the options that natural therapists have in managing minor infections without advising their patients to seek medical treatment with antibiotics. The vast majority of common infections which affect Australians are not bacterial and do not require antibiotic therapy. Even minor superficial bacterial infections can be safely and effectively treated with some herbal and nutritional medicines.

A thorough coverage of viral, bacterial and fungal infections and parasitic infestations will be undertaken during this program, emphasising those which need emergency medical attention. A survey of the commonly used antibiotics and antifungals will be given, followed by a discussion on natural anti-infective medicines.

Six case studies will be presented in the second part of the workshop, with a problem-solving case as well for participants to ponder. At the close of the day participants will feel very well-informed about the appropriate role of antibiotic therapy in the management of common infections and the natural alternatives available for prescription to their patients.

### ABOUT THE FACILITATOR

Dr. Giselle Cooke – Education: University of NSW – M.B.,B.S., Medicine & Surgery  
 Additional Education: Botanical Medicine, Nutritional Medicine & Spiritual Psychology.  
 Giselle taught for many years for Nature Care College and opened a holistic health centre, Pymble Grove Health Centre in 1989 comprising of a large team of medical and complementary medicine practitioners. At that time it was a unique concept in comprehensive health care delivery and has grown steadily in strength and reputation since, to be one of the busiest and most established holistic medical centres in Australasia with eight GP and specialist medical, dental and complementary medicine colleagues.

Specialties: Wellness consulting, radio & television, conferences & public seminars, professional writing & Integrative Health teamwork.

### DURATION

7 hours – One Day Seminar 9:30am to 4:30pm

### OTHER (where applicable)

Pre-requisites: Currently studying Natural Medicine  
 Graduates in Naturopathy, Herbal Medicine or Homoeopathy

### CONTINUING EDUCATION CREDITS:

This workshop is eligible for 5 Continuing Education points.