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Nature Care College

Remedial Stone Fusion Massage

DESCRIPTION

A Continuing Professional Education subject: CPE POINTS GAINED: 10

Remedial Stone Fusion is a combination of Remedial and Hot Stone techniques which result in an extremely effective massage treatment. The therapist is able to give a deeper massage, producing faster results by reducing pain and stiffness, as the body relaxes naturally with the warmth of the stones. This makes it the perfect choice for clients with a low pain tolerance. The application of alternating hot and cold stones, creates the deepest thermo-therapeutic healing by relaxing the muscles, decongesting the tissues and easing sore joints.

For the Remedial Therapist using stones instead of wrists and thumbs is a much healthier alternative and may aid the longevity of your career as a therapist. By learning the art of Thermotherapy (warm stones) and Cryotherapy (cold stones) you can offer your clients a treatment that is not only enjoyable, but highly effective for reducing stress, anxiety, pain and poor circulation.

ABOUT THE FACILITATOR

Sarah Li-Chaing is a successful Massage Therapist specialising in Hot Stone Massage, Remedial Hot Stone Fusion and many additional forms of remedial massage therapies. Sarah owns and operates her own clinical practice.

DURATION

16 Hour 2 day course

OTHER (where applicable)

Pre-requisites: Cert IV in Massage or equivalent training

CONTINUING EDUCATION CREDITS:

This workshop is eligible for 10 Continuing Education points.

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