



# Nature Care College

## CERTIFICATE IN COUNSELLING DIPLOMA OF COUNSELLING

### A Note to Prospective Counsellors/Psychotherapists

The Certificate and Diploma in Counselling are training programs in holistic counselling and life (& inner life) skills conducted by Nature Care College. These courses have significant experiential, skills based and potentially transformational aspects and components.

All students of Nature Care College who are participating in these courses are required to attend a minimum number of counselling or therapy sessions throughout the duration of their training.

Course	Minimum no. of sessions	Type of session must be
Certificate of Counselling	9	Counselling/Psychotherapy
Diploma of Counselling	16	Counselling/Psychotherapy

The total number of sessions must be complete at graduation. One session per unit of study must be completed each term (typically three sessions per term – please ask your client to refer to the study plan on the course outline for the exact number of sessions)

Additional sessions are strongly recommended for all participants throughout the course, and particularly during times of emerging psychological issues.

Suitable counsellors/therapists to address student needs as part of this counselling attendance requirement are those who hold recognised qualifications in counselling and/or psychotherapy in addition to association membership in order to exercise appropriate ethical and professional care of their clients.

If a student of either the Certificate OR Diploma of Counselling has engaged you for counselling/therapy, please complete the reverse side of this form at the end of each session in order to verify their attendance at sessions with you. Normal professional confidentiality agreements and arrangements apply.



# Nature Care College

## Certificate of Counselling | Diploma of Counselling Student Personal Counselling/Therapy Record Form

Student Name & Number: \_\_\_\_\_ Term: \_\_\_\_\_

Course: \_\_\_\_\_ Year: \_\_\_\_\_

Date	Counsellor / Psychotherapist (Name, Contact Phone no & Signature)	Qualifications / Prof. Membership
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
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_____	_____	_____
_____	_____	_____

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### Note to NCC Students:

This form is to be completed each session by your counsellor/therapist and sighted by your lecturer in class on the due date detailed on your unit of study outline. Prior to returning the completed form **please photocopy it and retain for your records** should proof be required at a later date. Please keep this form for the duration of term. Hand in to Student & Learning Services for filing at the end of each term.

### Note to NCC Lecturers:

Please check this form has been completed in class at the final assessment & mark complete in the appropriate section of the Assessment Pack.