



Nature Care College

Bach Flower Remedies DISTANCE/BLENDED LEARNING

DESCRIPTION	This unit of study looks at the subtle healing system by Dr Edward Bach for treating negative states of mind and disturbed emotions. You will learn about the 38 unique remedies, including how to prescribe, dispense and manufacture them.
DURATION	One term (12 weeks) approximately 24 learning hours.
LEARNING OUTCOMES	<p>By the conclusion of the unit of study, students should be able to:</p> <ol style="list-style-type: none"> 1. Determine the philosophical basis of Bach Flower Remedies. 2. Apply a knowledge of materia medica to the preparation of remedies 3. Take a detailed case history 4. Identify the mental and emotional state of the client through active listening 5. Select appropriate Bach Flower Remedies 6. Prepare and dispense appropriate remedies 7. Determine the frequency of remedy usage
TEACHING METHOD	<p>This subject will be studied by the method known as “Distance/Blended Learning”. This form of study involves your completion of all learning outcomes without formal attendance at lectures or other types of classes.</p> <p>The benefits of this system are considerable as it contributes significant flexibility to your study programme. It also encourages students to take responsibility for their own learning, enhancing those mandatory skills of self-education. There will be considerable support from the College to aid you in your studies.</p> <p>A tutor will be available to answer any academic questions students may have. Details regarding this will be in the information and instruction sheet that will be sent to you upon enrolment.</p>
ASSESSMENT	<p>An Assessment Pack will be included in your Distance/Blended Learning folder.</p> <p>Pass mark : 60% All components must be passed at 60% in order to pass this subject.</p>
COMPETENCIES PARTIAL COMPLETION	<p>Successful completion of this Unit of Study is in partial completion of the following Health Training Package HLT07 Units of Competency</p> <p>HLTNAT601B - Provide naturopathic treatment</p>
ENROLMENT	<p>You may enrol into this subject at any time. Unit of study fees must be paid in full when you enrol. All fees are <i>non-transferable and non-refundable</i>. You can enrol in person, over the telephone using a credit card, or by mail.</p> <p>Once you have enrolled you will be sent the Distance/Blended Learning Workbook together with a detailed instruction and information sheet.</p>

PRE-REQUISITES	Nil
CO-REQUISITES	Nil
TEXTBOOKS	<p>(a) Compulsory:</p> <p>Bach E. The Essential Writings of Dr Edward Bach. UK: Vermilion; 2005</p> <p>Barnard J.A. A Guide to the Bach Flower Remedies. Essex, England: The C.W. Daniel Company Ltd; 2000</p> <p>Weeks N. Medical Discoveries of Edward Bach. Essex, England: The C.W. Daniel Company Ltd; 1997</p> <p>(b) Recommended Reading / References:</p> <p>Ramsell J. Questions & Answers. Essex, England: The C.W. Daniel Company Ltd; 1991</p> <p>Hyne-Jones TW. Dictionary of the Bach Flower Remedies. Essex, England: The C.W. Daniel Company Ltd; 1995</p> <p>Chancellor PM. The Illustrated Handbook of Bach Flower Remedies. Essex, England: The C.W. Daniel Company Ltd; 2000</p>

SUGGESTED HOME STUDY PLAN:

WEEK 1	History & Philosophy 1
WEEK 2	History & Philosophy 2
WEEK 3	Learning the Remedies 1
WEEK 4	Learning the Remedies 2
WEEK 5	Learning the Remedies 3
WEEK 6	The Case History 1 Assessment Due
WEEK 7	The Case History 2
WEEK 8	Diagnosis and Prescribing 1
WEEK 9	Diagnosis and Prescribing 2
WEEK 10	Diagnosis and Prescribing 3
WEEK 11	New plants and New Remedies
WEEK 12	Assessment due