



# Nature Care College

## EVIDENCE BASED PRACTICE DISTANCE/BLENDED LEARNING

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<b>DESCRIPTION</b>	This unit of study will enhance your critical thinking skills and will provide you with the knowledge and skills required to source and evaluate relevant information and then apply those findings to clinical practice.
<b>DURATION</b>	14 hours
<b>LEARNING OUTCOMES</b>	<p>At the end of this module students will be able to:</p> <ol style="list-style-type: none"><li>1. Interpret and evaluate written and verbal arguments on an issue</li><li>2. Demonstrate and apply critical thinking skills to an issue to present a well-supported and reasoned argument</li><li>3. Articulate the evidence based approach to medicine</li><li>4. Respect and understand the differences between traditional and scientific knowledge</li><li>5. Justify the relevance of clinical treatment strategies by reference to the literature</li><li>6. Collect evidence based practice information for given clinical conditions</li><li>7. Understand the process of preparing a systematic literature review</li></ol>
<b>TEACHING METHOD</b>	<p>This unit will be studied by the method known as 'Distance/Blended Learning'. This form of study involves the completion of all learning outcomes without formal attendance at lectures or other types of classes.</p> <p>The benefits of the system are considerable as it provides significant flexibility to your study program. It also encourages students to take responsibility for their own learning thereby enhancing those mandatory skills of self- education. The College will provide considerable support to help you with your studies.</p> <p>A tutor will be available to answer your academic questions. Details regarding this will be included in the information and instruction sheet sent to you on enrolment.</p>
<b>ASSESSMENT</b>	<p><b>An Assessment Pack will be included in your Distance/Blended Learning folder.</b></p> <p><b>Pass mark: 60%</b></p>
<b>ENROLMENT</b>	You may enrol in this course at any time. Course fees must be paid in full when you enrol. All fees are <i>non-transferable and non-refundable</i> . You can enrol in person or by mail or over the telephone (using a credit card).

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<b>PRE-REQUISITES</b>	Develop professional expertise
<b>CO-REQUISITES</b>	Nil
<b>TEXTBOOKS</b>	<p><b>Compulsory textbook:</b> Nature Care College <i>Evidence based practice</i> Distance/Blended Learning Student Workbook</p> <p><b>Highly recommended:</b> Hoffman T, Bennett S, Del Mar C. Evidence-based practice: across the health professions. Sydney: Churchill Livingstone, Elsevier; 2010.</p> <p><b>Recommended Reading / References:</b> Beckner W, Berman B. Complementary therapies on the Internet. Churchill Livingstone; 2003 Fisher A. Critical thinking: an introduction. Cambridge: Cambridge University Press; 2001 Guyatt G, Rennie D, editors. Users' guide to the medical literature: essentials of evidence-based clinical practice. USA: American Medical Association Press; 2002. Johnstone M. Effective writing for health professionals: a practical guide to getting published. Australia: Allen &amp; Unwin; 2004. Kane M. Research made easy in complementary and alternative medicine. Churchill Livingstone; 2004 Paul R, Elder L. Critical thinking: tools for taking charge of your professional and personal life. New Jersey, USA: Prentice Hall; 2002 Van den Brink-Budgen, R. Critical thinking for students: learn the skills of critical assessment and effective argument 3<sup>rd</sup> edition. Oxford, UK: How To Books Ltd; 2000</p> <p>Useful <b>websites</b> are included in the Student Workbook</p>

This subject is in full completion of the following unit/s of competency:

HLTNUT601B      Apply literature research findings to clinical practice

### SUGGESTED HOME STUDY PLAN:

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#### CRITICAL THINKING

**Lesson 1:**      What is critical thinking?  
**Lesson 2:**      The process of critical thinking  
**Lesson 3:**      Assessing credibility

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#### EVIDENCE BASED PRACTICE

**Lesson 4:**      What is evidence based practice?  
**Lesson 5:**      Apply findings to clinical practice  
**Lesson 6:**      Literature reviews  
**Assessment due**

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