



Nature Care College

Safe Practices DISTANCE/BLENDED LEARNING

DESCRIPTION

The Safe Practices unit of study incorporates two topics: Infection Control in Complementary Therapies Clinics and Occupational, Health and Safety (OHS).

This unit incorporates the skills and knowledge required to comply with infection control policies and procedures and contribute to OHS processes.

DURATION

6 weeks approximately 12 learning hours.

LEARNING OUTCOMES

By the conclusion of the unit of study, students should be able to:

1. Discuss the Chain Model of Infection
2. Maintain personal hygiene with an understanding of risks associated with contamination and infection in a health setting
3. Demonstrate the application of standard precautions to prevent the spread of infections & additional precautions when required
4. Identify infection risks and implement appropriate response
5. Follow protocols for removal of spills and exposure to blood or other body fluids
6. Maintain hand hygiene and care requirements and follow hand washing procedures
7. Demarcate and maintain clean and contaminated zones
8. Identify and appropriate use of protective clothing
9. Safely dispose of infectious and/or hazardous waste material according to waste management policy and procedures
10. Document an infection control procedure.
11. Understand OHS legislative requirements and plan work appropriately
12. Identify when to conduct a risk management process.
13. Maintain and update own knowledge of OHS issues as they apply to workplace systems and processes
14. Be cognizant of specific risks in the workplace – workplace violence, manual handling, occupational overuse syndrome, occupational stress.
15. Identify OHS issues in the working environment – evacuation plan, fire prevention, trips and falls.
16. Understand Workers Compensation and return to work policy.

TEACHING METHOD

This subject will be studied by the method known as “Distance/Blended Learning”. This form of study involves your completion of all learning outcomes without formal attendance at lectures or other types of classes.

The benefits of this system are considerable as it contributes significant flexibility to your study programme. It also encourages students to take responsibility for their own learning, enhancing those mandatory skills of self-education. There will be considerable support from the College to aid you in your studies.

A tutor will be available to answer any academic questions students may have. Details regarding this will be in the information and instruction sheet that will be sent to you upon enrolment.

ASSESSMENT	An Assessment Pack will be included in your Distance/Blended Learning folder. Pass mark 60%
COMPETENCIES PARTIAL COMPLETION	Successful completion of this unit of study is in partial completion of the following Health Training Package HLT07 Units of Competency toward your qualification HLT0HS300A - Contribute to OHS process in the health industry HLTIN301A - Comply with infection control policies and procedures in health work HLTIN504A - Manage the Control of Infection HLTSE1A - Follow the organisation's occupational health and safety policies HLTIN1A - Comply with infection control policies and procedures
	You may enrol into this subject at any time. Unit of study fees must be paid in full when you enrol. All fees are <i>non-transferable and non-refundable</i> . You can enrol in person, over the telephone using a credit card, or by mail. Once you have enrolled you will be sent the Distance/Blended Learning workbook together with a detailed instruction and information sheet.
PRE-REQUISITES	Nil
CO-REQUISITES	Nil
TEXTBOOKS	Compulsory: Nature Care College - Safe Practices – Student Workbook Recommended Reading / References: <ul style="list-style-type: none"> • NSW Infection Control Policy/NSW Health • Occupational Health & Safety Act 2000. • Occupational Health & Safety Regulation 2001. • National Code of Practice for the prevention of musculoskeletal disorders from Performing manual tasks at work 2007 • National Code of Practice for the Prevention of Occupational Overuse Syndrome 1994 • Code of Practice for Risk Assessment

SUGGESTED HOME STUDY PLAN:

Week	Lesson
1	Infection Control
2	Hygiene Control
3	Blood borne pathogens Infection Control procedure
4	Introduction to Occupational Health & Safety Risk Management
5	OHS Risk Management to Occupational Health & Safety
6	OHS Risk Management of accidents or injury Assessment due.