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Nature Care College

Clinical Supervision - Ingestive

DESCRIPTION	This Unit of Study supports students in the facilitation of effective communication in relation to clinical practice and the health sector and building clinical confidence.
DURATION	24 hours
LEARNING OUTCOMES	By the conclusion of the unit of study, students should be able to: <ol style="list-style-type: none"> 1. Support culture of effective communication 2. Maintain a positive approach to health in the workplace 3. Take opportunities to develop own competence 4. Reflect upon own practice 5. Ensure continuing self-support and supervision 6. Operate within an agreed ethical code of practice/ethics 7. Demonstrate commitment to ethical work practices 8. Ensure ongoing development of self and team
TEACHING METHOD	Modified lecture, class discussions, role plays, case study presentations
ASSESSMENT	<p>Assessments Evaluation of the contributions each student makes to classroom discussions is considered when assessing each student. This evaluation will be included when marking the two assignments due in the final session.</p> <p>Weekly format Assignment 1. due week 10 (55% of total assessment) Assignment 2. due week 10 (45% of total assessment)</p> <p>Intensive format Assignment 1. due final day (55% of total assessment) Assignment 2. due 2 week after final day (45% of total assessment)</p> <p>Pass mark - 60% Each component must be passed at 60% in order to pass this subject satisfactorily.</p>
COMPETENCIES PARTIAL COMPLETION	<p>Successful completion of this Unit of Study is in partial completion of the following Health Training Package HLT07 Units of Competency</p> <p>CHCORG28A - Reflect and improve upon professional practice HLTHIR501A - Maintain an effective health work environment HLTHOM603B - Manage work within the homœopathic framework HLTNAT607B - Manage work within a naturopathic framework HLTNAT602B – Manage work within a western herbal medicine framework HLTNAT604B - Manage work within a clinical nutrition framework</p>
ATTENDANCE	90%

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PRE-REQUISITES 100 hours of student clinic in relevant modality.

CO-REQUISITES Continuation of student clinic in relevant modality.

**MATERIALS
REQUIRED** Notebook pen.

TEXTBOOKS Workshop notes handed out in class

WEEKLY OUTLINE

WEEK 1 Assessment, Assignment, Participation, Attendance
Introduction
Needs Assessment
Group Contract
Ethics of supervision
Five Goals and their criteria for achievement

WEEK 2 Reflecting upon our own practice
Clinical work – clinical issues and role reflection
Building clinical confidence – Part 1

WEEK 3 Reflecting upon our own practice
Practical Considerations – functional issues and role reflection
Building clinical confidence – Part 2

WEEK 4 Reflecting upon our own practice
Maintaining an effective health work environment
Promoting ethical practice
Mandatory notification
Building clinical confidence – Part 3

WEEK 5 Reflecting upon our own practice
Supporting a culture of effective communication
Communication strategies
Building clinical confidence – Part 4

WEEK 6 Reflecting upon our own practice
Maintain a positive approach to health in the workplace
Work in the health industry context
Essential skills
Building clinical confidence – Part 5

WEEK 7 Reflecting upon our own practice
Promoting positive client relationships
Incorporating a client-centred approach
Building clinical confidence – Part 6

WEEK 8 Reflecting upon our own practice
Professional standards
Clinic or organisational policies
Organisation procedures, policies, awards, standards and legislation
Building clinical confidence – Part 7

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WEEK 9	Reflecting upon our own practice Rights and responsibilities Employer rights and responsibilities Designated knowledge and skills development	
WEEK 10	Reflecting upon our own practice Critical aspects of competency for professional health care workers Essential knowledge Access and equity considerations	
WEEK 11	Reflecting upon our own practice Personal and professional growth and development Continuing self-support and supervision Evaluation of work performance. Improved work practices Continuing professional development.	Assignment Presentation 1 due
WEEK 12	Reflecting upon our own practice Discussion of self reflection assignment Review, evaluation and closing	Assignment Presentation 2 due
5 DAY INTENSIVE SESSION OUTLINE		
SESSION 1	Assessment, Assignment, Participation, Attendance Introduction Needs Assessment Group Contract Ethics of supervision Five Goals and their criteria for achievement Reflecting upon our own practice Clinical work – clinical issues and role reflection Building clinical confidence – Part 1 Reflecting upon our own practice Practical Considerations – functional issues and role reflection Building clinical confidence – Part 2	
SESSION 2	Reflecting upon our own practice Maintaining an effective health work environment Promoting ethical practice Mandatory notification Building clinical confidence – Part 3 Reflecting upon our own practice Supporting a culture of effective communication Communication strategies Building clinical confidence – Part 4	
SESSION 3	Reflecting upon our own practice Maintain a positive approach to health in the workplace Work in the health industry context Essential skills Building clinical confidence – Part 5 Reflecting upon our own practice Promoting positive client relationships Incorporating a client-centred approach Building clinical confidence – Part 6	

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SESSION 4

Reflecting upon our own practice
Professional standards
Clinic or organisational policies
Organisation procedures, policies, awards, standards and legislation
Building clinical confidence – Part 7
Reflecting upon our own practice
Rights and responsibilities
Employer rights and responsibilities
Designated knowledge and skills development
Reflecting upon our own practice
Critical aspects of competency for professional health care workers
Essential knowledge
Access and equity considerations

AssignmentPresentation 1 due

SESSION 5

Reflecting upon our own practice
Personal and professional growth and development
Continuing self-support and supervision
Evaluation of work performance.
Improved work practices
Continuing professional development.
Reflecting upon our own practice
Discussion of self reflection assignment
Review, evaluation and closing

AssignmentPresentation 2 due

3 DAY INTENSIVE SESSION OUTLINE**SESSION 1**

Introduction to supervision module
Lecturer presentation
Goal setting
Student Journal –What? Why? When?
'What are your professional development/supervision goals?'
Learning Activity – (1) Brainstorm (2) Journaling and workbook (3) small group discussion
Lecturer Notes pages 3 – 7
MORNING TEA
Building Clinical Confidence – Parts 1-4
Self Esteem
Self Confidence
Self Efficacy
Skills Mastery
Lecturer presentation
Learning Activity – (1) Brainstorm (2) Journaling and workbook (3) small group discussion
Lecture Notes pages - 9, 12, 15, & 18
LUNCH
(HLTHIR501A Elements 2 -4) Support Culture of Effective Communication
Review Active Listening Skills
Review Transference, Countertransference and client defences
Professional Practice, Health in the workplace, Positive Client Relationships, Industry Context
Lecturer presentation
Learning Activity – Role play exercise using case Studies relating to communication competencies. (See attached Learning Resource) (1) Small group discussion (2)

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Journaling
Lecture Notes pages -8, 16, 17, 19, 20 & 22.
QUESTIONS AND CLOSE

SESSION 2

(HLTHER 602B OR NUT604A HOM603B NAT607B) MANAGE WORK ENVIRONMENT

Clinic Skills – Therapeutic Frame

Business, phone calls, appointments, referrals, fees, conflict, ethics, mandatory notification, organisational policies, rights and responsibilities, Safety , OH&S, access and equity, work health environment

Lecturer presentation

Learning Activity – Group construction of collage/flow chart to clarify and reinforce competencies

Lecture Notes – Pages 9 – 14

Building Clinical Confidence – Part 5 and 6

Modelling, mentoring and supervision

Lecturer presentation

Learning Activity – (1) Brainstorming (2) journaling (3) small group discussion

Lecture Notes – Pages 21, 23, 24, 25, 27 &28

MORNING TEA

Reflective practice

Supervision Element – Case Presentations – Students are to present cases from their clinical work. Interpersonal process, sociocultural, psychological, somatic and professional practice perspectives are the focus of these presentations. Although it is nice to talk about sessions that went well, in this instance cases that didn't go smoothly are to be considered. (See appendix for detailed instructions)

Learning Activity – (1) Students to present a case from their own clinical experience to the group. (2) Lecturer and Peer Supervision (3) Journaling. (Approx 20 minutes per case)

LUNCH

Reflective practice

Supervision Element – Case Presentations – Students are to present cases from their clinical work. Interpersonal process, sociocultural, psychological, somatic and professional practice perspectives are the focus of these presentations. Although it is nice to talk about sessions that went well, in this instance cases that didn't go smoothly are to be considered. (See appendix for detailed instructions)

Learning Activity – (1) Students to present a case from their own clinical experience to the group. (2) Lecturer and Peer Supervision (3) Journaling. (Approx 20 minutes per case)

QUESTIONS/DISCUSSION ABOUT ASSESSMENT PROCEDURE FOR FINAL SESSION

SESSION 3

Reflective practice

Supervision Element – Case Presentations – Students are to present cases from their clinical work. Interpersonal process, sociocultural, psychological, somatic and professional practice perspectives are the focus of these presentations. Although it is nice to talk about sessions that went well, in this instance cases that didn't go smoothly are to be considered. (See appendix for detailed instructions)

Learning Activity – (1) Students to present a case from their own clinical experience to the group. (2) Lecturer and Peer Supervision (3) Journaling. (Approx 20 minutes per case)

MORNING TEA

Session two

Building Clinical Confidence – Part 7

Reinterpretation of Physiological Signs and Symptoms – The Body of the Therapist

Lecturer Presentation

Learning Activity – Group walk (have students walk randomly around room) (1) "Feel

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your Body” (hot/cold, relaxed/tense, emotions? Thoughts? Images?), (2) “Feel the body of others ” (hot/cold, relaxed/tense, emotions? Thoughts? Images?), (3) “Make eye contact with others/come into relationship, (relaxed/tense, emotions? Thoughts? Images?).

Group Discussion – relate to BCC concept.

Lecture notes page 26

Building Clinical Confidence – Part 8

Encouragement and Positive Feedback

Learning Activity – “Positive Feedback Game” – (see appendix)

Lecture notes – page 29

Professional Development, Self Support, Self-evaluation

Lecturer presentation

Learning Activity – Brainstorm, Group discussion and journaling

Lecture notes – pages 33 - 35

LUNCH

Session three

Assessment Activities – Individual presentations

Questions and close

Please be respectful of your fellow students and arrive on time for class. Please ensure all mobile phones are turned off prior to the commencement of class.

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