



Nature Care College

Clinical Studies (Naturopathy)

DESCRIPTION

These lectures will enable you to consolidate your knowledge of medical sciences and naturopathic protocols; aiming to assist you in solving problems, emulating the methods used by naturopaths and herbalists in their own clinics. The unit of study will then focus on those health complaints commonly encountered in early practice. This subject involves a considerable amount of home study.

DURATION

40 hours (Eight sessions over three terms).

LEARNING OUTCOMES

By the conclusion of this unit of study, students should be able to:

1. Solve clinical problems systematically by applying both allopathic and naturopathic knowledge to practical case studies.
2. Apply systematic processes and procedures to case taking.
3. Determine systematically, from a given case history, likely physical findings.
4. From a given case history and its physical findings, make a diagnostic assessment.
5. Using appropriate techniques, confirm or exclude clinical conditions in the differential diagnosis for a given clinical condition.
6. Interpret the results of clinical investigations.
7. Synthesise the results of case history, physical examination, and investigations to refine a provisional diagnosis.
8. Delineate the naturopathic features of a given clinical case.
9. Determine appropriate management for each clinical case.

TEACHING METHOD

The largest component of this course involves individual student work away from the classroom. Teaching sessions will focus on reviewing material completed at home between sessions. This will be explained in full during the first session.

ASSESSMENT

Eight assignments throughout the year. Each involves submission of three separate sections.

Part 1 - 15%

Part 2 - 25%

Part 3 - 60%

NB: Students are allowed only one resubmission of part 3 (at lecturers discretion) before 'Fail' grade is given.

Pass mark

60%

Each assignment must be passed at 60% in order to pass this subject satisfactorily.

Note: To facilitate the return of your assignment you will need to provide a stamped addressed envelope. If no envelope is provided assignments will be destroyed after results are recorded. Please also make a copy of your assignment before submission for your own records.

**COMPETENCIES
PARTIAL
COMPLETION**

Successful completion of this Unit of Study is in partial completion of the following Health Training Package HLT07 Units of Competency:

HLTNAT601B - Apply naturopathic diagnostic framework
HLTNAT608B - Provide naturopathic treatment
HLTHER601B - Apply western herbal medicine diagnostic framework
HLTHER604B - Perform western herbal medicine health assessment
HLTHER605B - Plan the western herbal medicine treatment strategy
HLTHER608B - Provide specialised western herbal medicine treatment

ATTENDANCE

100% attendance.

Note:

Please note that 100% attendance is required in order to successfully pass this subject. If you do miss a class due to illness or extenuating circumstances you must provide evidence in the form of a Practitioners Certificate or other approved documentation as outlined in the Student Handbook.

Failure to comply with attendance requirements may result in a Fail grade regardless of your theory mark.

**PRE-
REQUISITES**

Anatomy & Physiology 1
Anatomy & Physiology 2
Symptomatology, Diagnosis & Pathology 1
Nutrition 1
Communication Skills For Health Professionals 1A & 1B
Nutrition 2 (Diploma of Nutrition only)
OR
Herbal Medicine 1
Herbal Medicine 2

CO-REQUISITES

Naturopathic Diagnosis
Symptomatology, Diagnosis & Pathology 2
Herbal Medicine 3
OR
Nutrition 3 (Diploma of Nutrition only)

**MATERIALS
REQUIRED**

Notebook, pen.

TEXTBOOKS**Compulsory:**

Nil

Recommended Reading / References:

Purchase or read current editions if available.

Oseiki.H *The Physicians Handbook of Clinical Nutrition*.Pizzorno JE, Murray MT, Joiner-Bey H. *The Clinician's Handbook of Natural Medicine*. London: Churchill Livingstone; 2008Berklow, R. (Ed.), *The Merk Manual of Diagnosis and Therapy*, current edition, Merk Sharp and Dohme Research Laboratories, New Jersey, 1999.Bates, B. *A Guide to Physical Examination & History Taking*. 4th Edition. Lippincott, Philadelphia, USA.

MIMS Companion 2000 onwards.

Weatherby.D.ND *Blood Chemistry & CBC Analysis, Clinical Laboratory Testing from a Functional Perspective*.Bartram.T. *Encyclopedia of Herbal Medicine*Bone.K. *A Clinical Guide to Blending Liquid Herbs*.Bone.K. *Principles & Practice of Phytotherapy*Bone.K. *The Ultimate Herbal Compendium, A Desktop Guide For Herbal Prescribers*Mills.S. *Modern Herbal Medicine*Braun, M Cohen. *Herbs and Natural Supplements, An Evidence Based Guide* (2nd Edition 2007)Hoffman, D. *Holistic Herbal*. 3rd EditionThomsin, M. *PhytotherapyDesk Reference*Weiss, RF, MD. *Herbal Medicine, Classic Edition*Schmidt, P, Chand H. 1982. *Kent's Final General Repertory*. 2nd ed

Students will be required to seek out further appropriate reference material for the cases with which they are presented.

SESSION-BY-SESSION OUTLINE**SESSION 1**

Introduction to subject.

SESSION 2

Treatment strategies and case management of Digestive System Cases

SESSION 3

Treatment strategies and case management of Respiratory & ENT Cases

SESSION 4

Treatment strategies and case management of Endocrine / Metabolic Cases

SESSION 5

Treatment strategies and case management of Cardiovascular System Cases

SESSION 6

Treatment strategies and case management of Neurology Cases

SESSION 7

Treatment strategies and case management of Genitourinary / Reproductive System/s Cases

SESSION 8

Treatment strategies and case management of Musculoskeletal – Rheumatology Cases

Please be respectful of your fellow students and arrive on time for classes. Please ensure all mobile phones are turned off prior to the commencement of class.

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