



DESCRIPTION	This unit describes the knowledge and skills required to support clients to move through the therapeutic process by clarifying goals, decision making and exploring possible course of action. Gerard Egan's helping model will be the framework for this process. The genogram will be used to understand the client within the context of their cultural and ancestral history. Advanced micro-skills will continue to be developed in this unit.	
DURATION	24 hours	
LEARNING OUTCOMES	<p>By the conclusion of the module, the student should be able to:</p> <ol style="list-style-type: none"> 1. Name and identify the purpose of the 3 stages in the Egan Helping Model, including goal setting, decision making and action plans. 2. Demonstrate the ability to use appropriate counselling skills within this Egan model. 3. Define and explain the purpose of a Genogram in the counselling process. 4. Prepare and analyse a Genogram. 5. Reflect upon their present self in relation to this inherited history and dynamics evident from this Genogram information. 6. 	
COMPETENCIES PARTIAL COMPLETION	<p>Successful completion of this unit of study is in partial completion of the Diploma of Counselling (CHC51708):</p> <p>CHCCSL507A-Support clients in decision-making processes</p>	
TEACHING METHOD	Lectures, class discussion of course content and material, role-plays, case study analysis, DVD's and experiential exercises.	
ASSESSMENT	Practical Assessment Exam	Due: Week 10-11 Exam: week 12
ATTENDANCE	90% minimum	
PRE-REQUISITES	Counselling 1A, The Therapeutic Relationship, Introduction to The Holistic Perspective.	
CO-REQUISITES	Nil	
MATERIALS REQUIRED	Notebook, pen,	

TEXTBOOKS

Compulsory: Geldard D. Basic Personal Counselling. (latest edition)

Recommended Reading / References:

Egan, Gerard The Skilled Helper 7th Edition. Brooks/Cole. 2002

Bradshaw, John Bradshaw on: The Family. Health Communications Inc .1996.

WEEK-BY-WEEK OUTLINE

WEEK 1	Introduction to course Assessment Pack Group learning contract Selection of 'Plan of Action' Re-cap of 1a micro skills
WEEK 2	Introduction to Family of Origin work and The Genogram Re-cap of advanced micro skills Role Play
WEEK 3	Issues in family of origin work: Child order Family roles Themes and Patterns Generational issues
WEEK 4	Role Plays in groups Family of origin revision
WEEK 5	Introduction to the Egan Helping Model Pros and cons of models and theories Goals
WEEK 6	Stage one of the Egan Model Role Play
WEEK 7	Stage two of the Egan Model
WEEK 8	Stage three of the Egan Model
WEEK 9	Indicators of Referral and reporting Case study for class discussion
WEEK 10	Role Plays – Three Stages of the Egan Model
WEEK 11	Role Plays – Three Stages of the Egan Model - Continued
WEEK 12	Course Review and Assessment completion

Please be respectful of your fellow students and arrive on time for class. Please ensure all mobile phones are turned off prior to the commencement of class.
