



# Nature Care College

## Evidence Based Practice

<b>DESCRIPTION</b>	This unit of study will enhance your critical thinking skills and will provide you with the knowledge and skills required to source and evaluate relevant information and then apply those findings to clinical practice.	
<b>DURATION</b>	14 hours	
<b>LEARNING OUTCOMES</b>	By the conclusion of the module, students should be able to: <ol style="list-style-type: none"> <li>1. Interpret and evaluate written and verbal arguments on an issue</li> <li>2. Demonstrate and apply critical thinking skills to an issue to present a well-supported and reasoned argument</li> <li>3. Articulate the evidence based approach to medicine</li> <li>4. Respect and understand the differences between traditional and scientific knowledge</li> <li>5. Justify the relevance of clinical treatment strategies by reference to the literature</li> <li>6. Collect evidence based practice information for given clinical conditions</li> <li>7. Understand the process of preparing a systematic literature review</li> </ol>	
<b>TEACHING METHOD</b>	This unit of study includes group work, lectures/discussion, practical exercises and use of electronic bibliographic databases.	
<b>ASSESSMENT</b>	Assessment	100%
	<b>Pass Mark</b>	<b>60%</b>
	<b>Each component must be passed at 60% in order to pass this unit of study.</b>	
	<b>NOTE:</b> Students are required to take photocopies before submitting completed assessments to the Lecturer. Please include a large, self-addressed, stamped envelope for the return of your assignment.	
<b>ATTENDANCE</b>	100% minimum	
<b>PRE-REQUISITES</b>	Develop professional expertise	
<b>CO-REQUISITES</b>	Nil.	
<b>MATERIALS REQUIRED</b>	Notebook, pen, access to the Internet.	
<b>TEXTBOOKS</b>	<p><b>Compulsory:</b>          Nature Care College <i>Evidence based practice</i> Student Workbook.</p> <p><b>Highly recommended:</b>          Hoffman T, Bennett S, Del Mar C. Evidence-based practice: across the health professions. Sydney: Churchill Livingstone, Elsevier; 2010.</p>	

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**Recommended Reading / References:**

Beckner W, Berman B. Complementary therapies on the Internet. Churchill Livingstone; 2003

Fisher A. Critical thinking: an introduction. Cambridge: Cambridge University Press; 2001

Guyatt G, Rennie D, editors. Users' guide to the medical literature: essentials of evidence-based clinical practice. USA: American Medical Association Press; 2002.

Johnstone M. Effective writing for health professionals: a practical guide to getting published. Australia: Allen & Unwin; 2004.

Kane M. Research made easy in complementary and alternative medicine. Churchill Livingstone; 2004

Paul R, Elder L. Critical thinking: tools for taking charge of your professional and personal life. New Jersey, USA: Prentice Hall; 2002

Van den Brink-Budgen, R. Critical thinking for students: learn the skills of critical assessment and effective argument 3<sup>rd</sup> edition. Oxford, UK: How To Books Ltd; 2000

Useful **websites** are included in the Student Workbook

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This subject is in full completion of the following unit/s of competency:

HLTNUT601B          Apply literature research findings to clinical practice

**COURSE OUTLINE:** The facilitator may alter the program at his/her discretion to best meet the needs of the particular group.

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<b>Day 1</b>	<b>Critical thinking</b> What is critical thinking? The process of critical thinking Assessing credibility
<b>Day 2</b>	<b>Evidence based practice</b> What is evidence based practice? The five step model of EBP Apply findings to clinical practice Literature reviews

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Please be respectful of your fellow students and arrive on time for class. Please ensure all mobile phones are turned off prior to the commencement of class.