



Nature Care College

From Psyche to Soul

DESCRIPTION	This Unit of Study (formerly known as Realm of the Psyche 2) looks at the different religious and cultural perspectives of death and dying. Students also explore karma, the Akashic Records, soul mates, near death experiences and reincarnation.	
DURATION	3 days	
LEARNING OUTCOMES	By conclusion of this module, students should be able to: <ol style="list-style-type: none"> 1. Understand the phenomena and implications of near death and out of body experiences. 2. Have an understanding of the principles of reincarnation. 3. Have a comprehension of karma and the Akashic Records and the potential effect on our lives. 4. Access the Halls of Healing on the Astral Realms 5. Understand the process of dying from an energetic perspective. 6. Have a comprehension of the various philosophical aspects of death and dying from a cultural and spiritual perspective. 7. Use the knowledge and skills practiced in this course to support and understand the terminally ill and dying. 8. Discuss the different types of soul mates we may encounter. 	
TEACHING METHOD	Presentation of theory basis, class and small group discussion. Development of practical skills. Guided visualisation. DVD Reference handouts	
ASSESSMENT	Written assignment	100%
	Pass mark	60%
ATTENDANCE	80% minimum	
PRE-REQUISITES	Year 1 of Diploma of Energetic Healing, Realm of the Psyche	
CO-REQUISITES	Nil.	
MATERIALS REQUIRED	Notebook, pen	

TEXTBOOKS**Compulsory:**

Nil

Recommended Reading/ReferencesChopra, D, *Life After Death, The Book of Answers*, Harmony BooksBrown S, *The Other Side and Back*, Piatkus Books, UKLinn D, *Past Lives, Present Dreams*, Piatkus Books, UKHamilton-Parker, Craig, *What to Do When You are Dead*, Sterling Publishing Co. Inc.Rinpoche, S, *Tibetan Book of Living and Dying*, Harper San Francisco, USA.Cayce, Edgar, *On the Akashic Records*

DAY-BY-DAY OUTLINE**DAY 1**

A look at the different cultural philosophies and rituals in relation to death and dying in multicultural Australia. Lecture and discussion.

The process of dying and the relationship to energy fields is explored. Passing over from a spiritual view. Lecture and discussion.

Developmental exercises on consciously working with the terminal ill or dying person. Guided meditation to visit the halls of healing in the spiritual realm.

DAY 2

Out of body experiences and near death experiences are discussed. A look at some commonly reported experiences. DVD, lecture and discussion.

View of Karma from the Eastern and Western perspective. The potential effect Karma has on our lives. Group discussion.

The Akashic Records – The Book of Life. We look at Edgar Cayce's interpretation of the Akashic Records as a chronicle of the past, indicator of the present and potential of the future. Guided meditation to access the Akashic Records.

DAY 3

Soul mates. What is a soul mate and how do they influence our lives. Guided visualisation to connect with soul mates.

Reincarnation/past lives is explored. Have you lived before? The potential effect on our present circumstances. Experience past life regression.

Realising our highest potential. Course conclusion and review.

Please be respectful of your fellow students and arrive on time for class. Please ensure all mobile phones are turned off prior to the commencement of class.

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