

ATTENDANCE	80% minimum.
PRE-REQUISITES	Anatomy & Physiology 1 Chemistry Herbal Medicine 1
CO-REQUISITES	Anatomy & Physiology 2 Symptomatology, Diagnosis & Pathology 1
MATERIALS REQUIRED	Notebook, pen.
TEXTBOOKS	<p>(a) Compulsory: Braun, L & Cohen M, 2010. <i>Herbs & Natural Supplements An evidence-based guide 3rd Edition</i>. Churchill Livingstone. Mills, Simon & Bone, Kerry <i>Principles & Practices of Phytotherapy</i> Churchill Livingstone 2000</p> <p>Strongly recommended for purchase Macleod J, <i>Davidson's Principles and Practice of Medicine</i>. Current ed, Edited Edwards C, Bouchier I. Churchill Livingstone, Edinburgh OR Porth C, <i>Pathophysiology 2005: Concepts of Altered Health States</i>. 16th Edition. Lippincott, Philadelphia. Berkow M, <i>Merck Manual</i>. 17th Edition. Merck Sharpe & Dohme, USA. (available online at: www.merck.com)</p> <p>(b) Recommended Reading / References: Weiss R, 2000. <i>Herbal Medicine</i>. Classis edition. Thieme Medical Publishers, Stuttgart Bates B, 1999. <i>A Guide to Physical Examination and History Taking</i>. JB Lippincott Company, Philadelphia, USA. (BHMA) British Herbal Medicine Association, 1992. <i>British Herbal Compendium</i>. Vol 1. Edited by Bradley PR. British Herbal Medicine Association, Dorset, UK. (BHMA) British Herbal Medicine Association, 1983. <i>British Herbal Pharmacopoeia</i>. Vol I-III, British Herbal Medicine Association, London, UK. Ellingwood F, 1983. <i>American Materia Medica, Therapeutics and Pharmacology</i>. Eclectic Medical Publications, Portland. Galvin Kelly & Bishop Madelaine, 2011, <i>Case Studies for Complementary Therapists</i>, Elsevier, Australia Hoffman D. 1990. <i>The New Holistic Herbal</i>, Element, London, UK Holmes P, 1989. <i>Energetics of Western Herbs</i>. Vol I and II, Artemis Press, Colorado. Mills SY, 1991. <i>Out of the Earth. (aka: The Essential Book of Therapeutics)</i> Arkana, London. Felter HW, 1922. <i>The Eclectic Materia Medica, Pharmacology and Therapeutics</i>. 2002 reprint by Eclectic Medical Publications, Portland. Culbreth DMR, 1903. <i>A Manual of Materia Medica and Pharmacology</i>. Lea Brothers & Company, Philadelphia - reprint by Eclectic Medical Publications, Portland. Pizzorno J, Murray M, 1998. <i>Textbook of Natural Medicine</i>. Bastyr College, Seattle. Priest AW, Priest LR, 1982. <i>Herbal Medications</i>. LN Fowler, London. Wren RC, 1988. <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i>. CW Daniel Co, Saffron. Mills SY, 1985. <i>The Dictionary of Modern Herbalism</i>. Lothian Publishing, Sydney, Australia. (out of print) Murray M, Pizzorno J, 1998. <i>Encyclopedia of Natural Medicine</i>. Bastyr College, Seattle. Bone, K.B., 2003, <i>A Clinical Guide to Blending Liquid Herbs</i>, Churchill Livingstone, London. Mills, S. Bone, K. 2005. <i>The Essential Guide to Herbal Safety</i>, Churchill Livingstone, London.</p>

LESSON OUTLINE

TERM ONE – GASTROINTESTINAL TRACT

LESSON 1	Introduction Herbal prescribing practices Clinical reasoning Dosage principles
LESSON 2	Case taking principles
LESSON 3	Introduction to gastrointestinal tract therapeutics Classes of herbal medicine used in gastrointestinal tract therapeutics
LESSON 4	Herbal Materia Medica
LESSON 5	Constipation Diarrhoea
LESSON 6	Peptic Ulcer Disease (PUD) Gastric Duodenal Case study assessment in class: Constipation
LESSON 7	IBS Diverticular disease Case study assessment in class: Peptic Ulcer
LESSON 8	GORD Oesophagitis Dyspepsia
LESSON 9	Inflammatory Bowel Disease (IBD) Crohn's Ulcerative colitis Case study assessment in class: IBS
LESSON 10	Chronic gastrointestinal infections Dysbiosis Food intolerances and Allergies
LESSON 11	Hepatobiliary disease Cholecystitis Cholelithiasis Case study assessment in class: Lactose Intolerance
LESSON 12	Hepatitis Liver detoxification

TERM TWO – RESPIRATORY SYSTEM

LESSON 1	Introduction to respiratory therapeutics
LESSON 2	Classes of herbal medicine used in respiratory therapeutics
LESSON 3	Herbal Material Medica
LESSON 4	Upper respiratory conditions Allergic Rhinitis Sinusitis
LESSON 5	Upper respiratory conditions Cold Influenza Case study assessment in class: Allergic Rhinitis
LESSON 6	Upper respiratory conditions Otitis media Fever Management
LESSON 7	Asthma Case study assessment in class: Otitis Media
LESSON 8	Asthma
LESSON 9	Pleurisy & Pneumonia Case study assessment in class: Asthma
LESSON 10	Acute & Chronic Bronchitis
LESSON 11	Chronic Obstructive Pulmonary Disease (COPD) Emphysema Bronchiectasis Case study assessment in class: Chronic Bronchitis
LESSON 12	Simulated Case Study work

TERM THREE – MUSCULOSKELETAL SYSTEM

LESSON 1	Introduction to Musculoskeletal therapeutics Principles of musculoskeletal injuries
LESSON 2	Classes of Herbal Medicine
LESSON 3	Herbal Material Medica
LESSON 4	Topical Applications
LESSON 5	Fibromyalgia
LESSON 6	Principles of Autoimmune Disease Management Systemic Lupus Erythematosus (SLE) Case Study Assessment in Class: Fibromyalgia
LESSON 7	Rheumatoid Arthritis. Juvenile Onset Rheumatoid Arthritis Case Study Assessment in Class: SLE
LESSON 8	Connective Tissue Disorders Scleroderma
LESSON 9	Osteopenia Osteoporosis Case Study Assessment in Class: Rheumatoid Arthritis
LESSON 10	Osteoarthritis
LESSON 11	Gout Case Study Assessment in Class: Osteoarthritis
LESSON 12	Simulated Case Study work

Please be respectful of your fellow students and arrive on time for classes. Please ensure all mobile phones are turned off prior to the commencement of class.