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Nature Care College

Herbal Medicine 2C1 & 2C2 (Female Reproductive System)

DESCRIPTION	In this Unit of Study students will learn to diagnose, manage and prescribe herbal medicine for disease and dysfunction of the female reproductive system.	
DURATION	48 hours over two terms	
LEARNING OUTCOMES	<p>By the conclusion of this module, students should be able to:</p> <ol style="list-style-type: none"> 1. The main clinical features of disorders in the female reproductive system. 2. Appropriate pathology tests and investigations required for the female reproductive system. 3. The principles of herbal formulation, dosage and treatment duration in the herbal treatment of female reproductive diseases and dysfunctions. 4. Certain orthodox medications used for female reproductive diseases and dysfunctions. 5. Classes of herbal medicines used in the treatment of the female reproductive system. 6. The phytochemistry and clinical application of herbal medicines used in the treatment of the female reproductive system. 7. Non-pharmacological measures used in the management of the female reproductive system. 8. Treatment procedures in accordance with the philosophy, principles and clinical features of the female reproductive system. 	
TEACHING METHOD	Modified lectures. Group exercises.	
ASSESSMENT	Exam	50%
	Assignment	30%
	Quiz	20%
	Pass mark	60%
	Both components must be passed at 60% in order to pass this subject satisfactorily.	
	Note: To facilitate the return of your assignment you will need to provide a stamped addressed envelope. If no envelope is provided assignments will be destroyed after results are recorded. Please also make a copy of your assignment before submission for your own records.	
COMPETENCIES PARTIAL COMPLETION	<p>Successful completion of this Unit of Study is in partial completion of the following Health Training Package HLT07 Units of Competency</p> <p>HLTHER608B - Provide specialised western herbal medicine treatment HLTNAT602B - Provide western herbal medicine treatment HLTHER601B - Apply western herbal medicine diagnostic framework HLTHER604B - Perform western herbal medicine health assessment</p>	

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HLTHER605B - Plan the western herbal medicine treatment strategy
HLTHER606B - Prepare and dispense western herbal medicine
HLTHER609B - Provide western herbal medicine treatment

ATTENDANCE 80% minimum.

PRE-REQUISITES Herbal Medicine 1A.
Herbal Medicine 1B.
Herbal Medicine 1C.

CO-REQUISITES Nil

MATERIALS REQUIRED Notebook, pen.

TEXTBOOKS **Compulsory:**
Trickey, Ruth. *Women, Hormones and the Menstrual Cycle*, 2nd Edition. Allen & Unwin, Sydney, 2003.
Nature Care College Herbal Medicine 2C Female Reproductive System Workbook, 2007

Recommended Reading / References:

About: Adam Health Care Centre. Fibroid Tumours. 2007 Available from:
<http://adam.about.com/encyclopedia/17064.htm>

About: Adam Health Care Centre. Mammary Gland. 2007 Available from:
<http://adam.about.com/encyclopedia/17084.htm>

Davidson's Principles and Practice of Medicine. Current ed. Edited by Macleod J, Edwards C, Bouchier I. Churchill Livingstone, Edinburgh.

Metagenics, Detox, Key Clinical Concepts.

Trickey, Ruth. *Women, Hormones and the Menstrual Cycle*, 2nd Edition. Allen & Unwin, Sydney, 2003.

WEEK-BY-WEEK OUTLINE – Term 2

WEEK 1 Introduction. Anatomy and Physiology revision.

WEEK 2 The hormonal cycle (oestrogen dominance etc)

WEEK 3 Health checks, Investigative Procedures

WEEK 4 OCP and Hormone Replacement Therapy & other types of contraception.

WEEK 5 Materia Medica – new (including clinical trials)

WEEK 6 Materia Medica – new (including clinical trials)

WEEK 7 Menorrhagia & Metorrhagia

Quiz

WEEK 8 Amenorrhoea

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WEEK 9	Dysmenorrhoea	
WEEK 10	PMS	
WEEK 11	Revision	Assignment due
WEEK 12	Exam	

WEEK-BY-WEEK OUTLINE – Term 3

WEEK 1	Ovarian cysts.	
WEEK 2	PCOS	
WEEK 3	Endometriosis	
WEEK 4	Uterine fibroids.	
WEEK 5	Menopause	
WEEK 6	PID.	Quiz
WEEK 7	Infertility (male & female)	
WEEK 8	Pregnancy.	
WEEK 9	Breast disorders.	
WEEK 10	Vaginal disorders. STD's.	
WEEK 11	Revision & case studies.	Assignment due
WEEK 12		Exam

Please be respectful of your fellow students and arrive on time for classes. Please ensure all mobile phones are turned off prior to the commencement of class.