

unitofstudyoutline
 e unitofstudyoutlin
 ne unitofstudyoutli
 line unitofstudyout
 utline unitofstudyou
 outline unitofstudy
 outline unitofstud
 dyoutline unitofstu
 dyoutline unitofst
 studyoutline unitofs
 fstudyoutline unito



Nature Care College

Herbal Medicine 3 (Therapeutics)

DESCRIPTION	You will learn how to diagnose, manage, prescribe and dispense herbal medicines for disease/dysfunction of the skin, genitourinary, endocrine, cardio vascular and nervous systems. Client age, gender and mental health needs are also explored.																			
DURATION	72 hours																			
LEARNING OUTCOMES	<p>By the conclusion of this Unit of Study, students should be able to:</p> <ol style="list-style-type: none"> 1. Describe and apply the principles of clinical reasoning as it relates to herbal medicine. 2. Discuss and apply dosage systems in herbal medicine. 3. Compare and contrast the activities and clinical uses of various herbal medicines in each therapeutic class. 4. Describe the therapeutic classes of herbal medicines used in the treatment of diseases/dysfunction of the nervous, genitourinary, male reproductive, dermatological, endocrine and cardiovascular systems. 5. Diagnose, manage, prescribe and dispense herbal medicines in accordance with client age, gender and mental health needs. 																			
TEACHING METHOD	<p>Lectures accompanied with handouts Slides and overhead transparencies where appropriate. Exercises. Group discussion.</p>																			
ASSESSMENT	<p>Term 1:</p> <table border="0"> <tr> <td>Case Study 1</td> <td style="text-align: right;">32%</td> </tr> <tr> <td>Case Study 2</td> <td style="text-align: right;">32%</td> </tr> <tr> <td>Compulsory Workbook Activities</td> <td style="text-align: right;">36%</td> </tr> </table> <p>Term 2:</p> <table border="0"> <tr> <td>Case Study 1</td> <td style="text-align: right;">32%</td> </tr> <tr> <td>Case Study 2</td> <td style="text-align: right;">32%</td> </tr> <tr> <td>Compulsory Workbook Activities</td> <td style="text-align: right;">36%</td> </tr> </table> <p>Term 3:</p> <table border="0"> <tr> <td>Case Study 1</td> <td style="text-align: right;">32%</td> </tr> <tr> <td>Case Study 2</td> <td style="text-align: right;">32%</td> </tr> <tr> <td>Compulsory Workbook Activities</td> <td style="text-align: right;">36%</td> </tr> </table> <p>Pass mark 60% All components must be passed at 60% in order to pass this subject satisfactorily.</p> <p>Note: To facilitate the return of your assignment you will need to provide a stamped addressed envelope. If no envelope is provided assignments will be destroyed after results are recorded. Please also make a copy of your assignment before submission for your own records.</p>		Case Study 1	32%	Case Study 2	32%	Compulsory Workbook Activities	36%	Case Study 1	32%	Case Study 2	32%	Compulsory Workbook Activities	36%	Case Study 1	32%	Case Study 2	32%	Compulsory Workbook Activities	36%
Case Study 1	32%																			
Case Study 2	32%																			
Compulsory Workbook Activities	36%																			
Case Study 1	32%																			
Case Study 2	32%																			
Compulsory Workbook Activities	36%																			
Case Study 1	32%																			
Case Study 2	32%																			
Compulsory Workbook Activities	36%																			

COMPETENCIES PARTIAL COMPLETION	Successful completion of this Unit of Study is in partial completion of the following Health Training Package HLT07 Units of Competency: HLTHER605C – Plan the western herbal medicine treatment strategy - Discuss the treatment strategy with the client HLTHER606C – Prepare and dispense western herbal medicine HLTHER608C - Provide specialised western herbal medicine treatment
ATTENDANCE	80% minimum.
PRE-REQUISITES	Herbal Medicine 1 Anatomy & Physiology 1 Chemistry
CO-REQUISITES	Anatomy & Physiology 2 Symptomatology & Diagnosis 1 Biochemistry Herbal Medicine 2
MATERIALS REQUIRED	Notebook, pen.
TEXTBOOKS	<p>Compulsory: Mills, Simon & Bone, Kerry <i>Principles & Practices of Phytotherapy</i> Churchill Livingstone 2000 Weiss R, 2000. <i>Herbal Medicine</i>. 2nd ed. Thieme Medical Publishers, Stuttgart.</p> <p>Recommended Reading / References: Bates B. <i>A Guide to Physical Examination and History Taking</i>. Current ed. J. B. Lippincott Company, Philadelphia, USA. (BHMA) British Herbal Medicine Association, 1992. <i>British Herbal Compendium</i>. Vol 1. Edited by Bradley PR. British Herbal Medicine Association, Dorset, UK. Ellingwood F, 1983. <i>American Materia Medica, Therapeutics and Pharmacology</i>. Eclectic Medical Publications, Portland. Holmes P, 1989. <i>Energetics of Western Herbs</i>. Vol 1 and 2. Artemis Press, Colorado, USA. <i>Davidson's Principles and Practice of Medicine</i>. Current ed. Edited by Macleod J, Edwards C, Bouchier I. Churchill Livingstone, Edinburgh. Mills SY, 1991. <i>Out of the Earth</i>. Arkana, London, UK. Pizzorno J, Murray M. <i>Textbook of Natural Medicine</i>. Current ed. Bastyr College, Seattle. Priest AW, Priest LR, 1982. <i>Herbal Medications</i>. LN Fowler, London, UK. Wren RC, 1988. <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i>. C.W. Daniel Co, Saffron. Bone, K.B., 2003, <i>A Clinical Guide to Blending Liquid Herbs</i>, Churchill Livingstone, London. Mills, S. Bone, K. 2005. <i>The Essential Guide to Herbal Safety</i>, Churchill Livingstone, London.</p>

WEEK-BY-WEEK OUTLINE

TERM ONE

WEEK 1	Introduction. Herbal prescribing practices. Clinical reasoning. Dosage principles. Case taking principles
WEEK 2	Introduction to urinary therapeutics Classes of herbal medicines used in urinary therapeutics
WEEK 3	Urinary Tract Infection/Inflammation Cystitis, Interstitial Cystitis, Incontinence, Enuresis
WEEK 4	Pyelonephritis, Glomerulonephritis, Urinary Calculi.
WEEK 5	Male reproductive system Benign Prostatic hypertrophy, Prostatitis.
WEEK 6	Case Study Assignment 1 Due: In class workshop
WEEK 7	Introduction to Endocrine System, Clinical features, investigations, orthodox treatment.
WEEK 8 & 9	Endocrine Conditions Pituitary conditions - Diabetes, Chronic complications of Diabetes, Insulin Resistance, Dysglycaemia
WEEK 10 & 11	Endocrine Conditions - Thyroid disease, , Adrenal disorders – Cushing and Addison
WEEK 12	Case Study Assignment 2 Due: In class workshop

TERM TWO

WEEK 1	Introduction to skin therapeutics Classes of herbal medicines used in dermatological therapeutics.
WEEK 2	Dermatitis, Eczema, Urticaria
WEEK 3	Psoriasis, Acne
WEEK 4	Fungal Infections
WEEK 5	Herpes, Infectious Wounds
WEEK 6	Case Study Assignment 1 Due: In class workshop
WEEK 7	Introduction to the Cardiovascular/Circulatory system Classes of herbal medicines used for the cardiovascular/circulatory system
WEEK 8 & 9	Atherosclerosis/Hyperlipidaemia/Hypercholesterolaemia Hypertension and TIAs (Stroke)
WEEK 10	Hypotension and Angina Pectoris – Ischaemic Heart Disease
WEEK 11	Raynaud's Disease, Varicose Veins/Haemorrhoids, Vascular Ulcers

WEEK 12	Case Study Assignment 2 Due: In class workshop
TERM THREE	
WEEK 1	Introduction to Nervous system Classes of herbal medicines used in neurological therapeutics.
WEEK 2	Stress, Anxiety/Panic attacks, Insomnia
WEEK 3	Headache, Migraine, Withdrawals & Dependence
WEEK 4	Multiple Sclerosis, Depression
WEEK 5	Chronic Fatigue Syndrome, Dementia, Alzheimers
WEEK 6	Case Study Assignment 1 Due: In class workshop
WEEK 7	Schizophrenia, Bipolar, Eating disorders
WEEK 8	Epilepsy, ADHD, Learning disorders
WEEK 9 & 10	Babies and Infants, Children's conditions, Fever management
WEEK 11	Vaccination – pre and post care
WEEK 12	Case Study Assignment 2 Due: In class workshop

Please be respectful of your fellow students and arrive on time for classes. Please ensure all mobile phones are turned off prior to the commencement of class.