



Nature Care College

Journey of the Soul

DESCRIPTION

By conclusion of this course students should have developed via direct experience the methodology and personal understanding required to access and assist in a safe manner the unfolding process of their Souls Journey. Information of the evolutionary process of the Soul. Students should gain a deeper understanding of the Universal Laws that govern the concept of the Macrocosm and man as a Microcosmic reflection. Students should gain a comprehensive and personal understanding of how to intuit the information and knowledge to interpret their on going future-development.

DURATION

24 hours

LEARNING OUTCOMES

By the conclusion of this module students will be able to:

- Connect with their Higher Self
- Further develop and work from an intuitive/soul level
- Understand and work with the higher spiritual and angelic realms
- Identify and differentiate the various levels of their consciousness
- Understand the evolutionary journey of the soul

TEACHING METHOD

Modified lectures, guided visualisation, individual and group exercises, group and class discussions, reflective learning and practical work

ASSESSMENT

Personal Record:	50%
Brief Presentation to Class	50%

Compulsory Component to Overall Pass Mark.

This presentation is to be focused around the student's choice and style of self expression in relationship to their Personal Record. It is to be a reflection of the Inner Journey work throughout the course.

Pass mark: 60%

NOTE: To facilitate the return of your assignment you will need to provide a stamped addressed envelope. If no envelope is provided, assignments will be destroyed after results are recorded. Please ensure you have a copy of your assignment before submission for your own records.

ATTENDANCE

80% minimum

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PRE-REQUISITES	Realm of the Psyche
CO-REQUISITES	Nil.
MATERIALS REQUIRED	Notebook, pen
TEXTBOOKS	<p>(a) Compulsory Reading: Nil</p> <p>(b) Recommended Reading / References: <i>White Eagle – Spiritual Unfoldment 1-4</i> <i>White Eagle – The Light Bringer</i> <i>Living the illumined life – Joel S. Goldsmith</i> <i>Spiritual Discernment – Joel S. Goldsmith</i> <i>Ponder on This – Alice Bailey</i> <i>A Treatise on White Magic- Alice Bailey</i> <i>The Seven Rays of Life – Alice Bailey</i> <i>Awakening the Buddha Within – Lama Surya Das</i> <i>Initiation – Elizabeth Haich</i> <i>Occult Anatomy and the Bible – Corinne Heline</i> <i>Life & Teaching of the Masters of the Far East – Baird T. Spalding</i> <i>Spiritual Growth – Sanaya Roman</i> <i>Archangels and Ascended Masters – Doreen Virtue</i> <i>The Ascended Masters of the Great White Brotherhood – Edmund Harold</i></p>

WEEK-BY-WEEK OUTLINE

WEEK 1	<p>Introduction and module focus. Exploring the journey of the soul from Involution to Evolution. The role of the Rainbow Bridge in synthesizing the Higher and Lower Self. The pathway of self-responsibility and right human relationships. Intro to the Ascended Masters. <i>Experiential:</i> Meditation building the 'Inner Temple of Light'</p>
WEEK 2	<p>Our connection to the elements of Fire, Earth, Air, Water as sign and symbol to the Journey of the Soul. Discussion on the meaning and understanding of the three fold flame of Spiritual Fire. Ascended Master - El Morya and his connection to the 7 Rays. Group Discussion <i>Experiential:</i> Meditation building the 'Inner Temple of Light'</p>
WEEK 3	<p>Initiations of the Soul, what are they? The signposts and relevance to the Spiritual Seeker. Group Discussion Ascended Master - Kuthumi. His connection to the Intuitional plane of consciousness. Sacred Geometry – the hidden magic in shapes relevant to the Spiritual Path. <i>Experiential:</i> Meditation building the 'Inner Temple of Light'</p>

- WEEK 4** The role of Kundalini.
From Astral illusion – to knowing ones own truth.
Ascended Master - Serapis Bey his connection to the Ray of Humanity.
Discussion on the effects of this 'Ray of Humanity' as a mirror of the Soul.
Silence is Golden.
Experiential: Meditation building the 'Inner Temple of Light'
- WEEK 5** The Mental Body – How the patterns of the past restrict our present clarity.
The Ascended Master - Hilarion his connection to the Heart the way of truth light and the Inner Teacher.
Group Discussion
Experiential: Meditation building the 'Inner Temple of Light'
- WEEK 6** The Ascended Master - Jesus – his symbolic and historical journey with humanity.
The power of Love, Intention, Service, Humility and Forgiveness.
Group Discussion
Experiential: Meditation building the 'Inner Temple of Light'
- WEEK 7** The Ascended Master - St. Germaine – his connection to the Age of Aquarius.
The Violet Flame in relationship to healing.
Group Discussion
Experiential: Meditation building the 'Inner Temple of Light'
- WEEK 8** The role of a Spiritual teacher or Mentor
The Water Initiation in context to our 'emotional life'.
Looking at the connection of these elements in our Astrological chart.
Group Discussion
Experiential: Meditation building the 'Inner Temple of Light'
- WEEK 9** The Air Initiation in context to our daily life and our 'thought' processes.
Group Discussion
Experiential: Meditation building the 'Inner Temple of Light'
- WEEK 10** The Fire Initiation in context to our Spirit and the journey of the Soul.
Group Discussion
Experiential: Meditation building the 'Inner Temple of Light'
- WEEK 11** Earth Initiation in context to our 'physical self' and how we can take steps to integrate this awareness.
Group Discussion
Experiential: Meditation building the 'Inner Temple of Light'
- WEEK 12** The Mystical Marriage.
Group Presentation of Assignments
Experiential: Sitting in the Inner Temple

Please be respectful of your fellow students and arrive on time for class. Please ensure all mobile phones are turned off prior to the commencement of class.