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# Nature Care College

## Safe Practices

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**DESCRIPTION**

This workshop incorporates two topics: Infection Control in Alternative Health Clinics and Occupational, Health and Safety (OHS).  
This unit incorporates the skills and knowledge required to comply with infection control policies and procedures and contribute to OHS processes.  
Equipment and course manual provided.

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**DURATION**

12 hours weekend intensive or via distance learning (6 weeks completion time frame)

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**LEARNING OUTCOMES**

At the end of this Unit of Study students will be able to:

1. Discuss the Chain Model of Infection
2. Maintain personal hygiene with an understanding of risks associated with contamination and infection in a health setting
3. Demonstrate the application of standard precautions to prevent the spread of infections & additional precautions when required
4. Identify infection risks and implement appropriate response
5. Follow protocols for removal of spills and exposure to blood or other body fluids
6. Maintain hand hygiene and care requirements and follow hand washing procedures
7. Demarcate and maintain clean and contaminated zones
8. Identify and appropriate use of protective clothing
9. Safely dispose of infectious and/or hazardous waste material according to waste management policy and procedures
10. Document an infection control procedure.
11. Understand OHS legislative requirements and plan work appropriately
12. Identify when to conduct a risk management process.
13. Maintain and update own knowledge of OHS issues as they apply to workplace systems and processes
14. Be cognizant of specific risks in the workplace – workplace violence, manual handling, occupational overuse syndrome, occupational stress.
15. Identify OHS issues in the working environment – evacuation plan, fire prevention, trips and falls.
16. Understand Workers Compensation and return to work policy.

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**TEACHING METHOD**

The course is centered on group work, lectures/discussion, videos, practical exercises and student participation.

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**ASSESSMENT**

Assignment 100%

Students are required to participate in group work and presentation.

**Pass mark : 60%**

**Assignment as outlined in assessment pack**

**Assignment due two weeks after completion of the course.**

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<b>COMPETENCIES PARTIAL COMPLETION</b>	Successful completion of this unit of study is in partial completion of the Health Training Package HLT07 Units of Competency  HLTIN301A - Comply with infection control policies and procedures in health work HLTIN504B - Manage the control of infection HLTOHS300A - Contribute to OHS processes HLTHSE1A - Follow the organisation's occupational health and safety policies HLTIN1A - Comply with infection control policies and procedures
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<b>ATTENDANCE</b>	80% minimum
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<b>PRE-REQUISITES</b>	Nil
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<b>CO-REQUISITES</b>	Nil
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<b>MATERIALS REQUIRED</b>	Notebook, pen.
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<b>TEXTBOOKS</b>	<p><b>Compulsory:</b> Nature Care College - Safe Practices - Student Guidelines is included with the course. These notes will be e-mailed one week prior to the commencement of the course. Please ensure Student &amp; Learning Services have your current e-mail address.</p> <p><b>Recommended Reading / References:</b> Occupational Health &amp; Safety Act 2000. Occupational Regulation 2001. NSW Infection Control Policy/NSW Health</p>
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## COURSE OUTLINE

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<b>DAY 1</b>	Infection Control.
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<b>DAY 2</b>	Occupational Health & Safety.
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Please be respectful of your fellow students and arrive on time for class. Please ensure all mobile phones are turned off prior to the commencement of class.