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# Nature Care College

## Shiatsu 3 plus tutorial

<b>DESCRIPTION</b>	This subject will cultivate your practical, theoretical and personal Shiatsu skills to an advanced professional level, preparing you for success in your clinical practice.	
<b>DURATION</b>	27 hours - 24 hours of lectures plus 1 x 3 hour tutorial	
<b>LEARNING OUTCOMES</b>	By the conclusion of the course, students should be able to: <ol style="list-style-type: none"> <li>1. Demonstrate advanced Shiatsu techniques</li> <li>2. Discuss commonly experienced disorders</li> <li>3. Apply Shiatsu treatment strategies</li> <li>4. Prepare a professional development plan to ensure continued competency as a practitioner.</li> <li>5. Develop an advanced case history</li> </ol>	
<b>TEACHING METHOD</b>	Practical demonstration Lectures Group work, discussion and role-play Notes and Case Studies Tutorial Set reading revision requirements between terms	
<b>ASSESSMENT</b>	Practical exam	50%
	Twelve comprehensive case studies	50%
	<b>Competent / Not Yet Competent</b> <b>All components must be passed at 80% in order to pass this subject satisfactorily.</b>	
<b>ATTENDANCE</b>	90% minimum Tutorials are compulsory	
<b>PRE-REQUISITES</b>	Introduction to Oriental Healing Oriental Diagnosis 1 Shiatsu 1 Shiatsu 2 Meridians	
<b>CO-REQUISITES</b>	Oriental Diagnosis 2	
<b>MATERIALS REQUIRED</b>	Notebook, pen, comfortable clothing.	

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## WEEKEND BY WEEKEND OUTLINE

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<b>WEEKEND 1</b>	Introduction & outline of the course Outline of case history taking requirements.
	Revision of sequences
	Chi merging exercises
	Hara diagnosis
<b>WEEKEND 2</b>	Chest cycle
	Hip cycle
<b>WEEKEND 3</b>	Specific conditions and treatments
	Revision.
	<b>Assessment Task 1 – case study assignments - Due</b>
	<b>Practical Examination.</b>
<b>TUTORIAL</b>	Hara, Hip and Chest Cycle revision

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Please be respectful of your fellow students and arrive on time for class. Please ensure all mobile phones are turned off prior to the commencement of class.