
ASSESSMENT

1. Participation in coaching an external volunteer client between classes and ongoing personal reflection after each coaching session, plus ... ongoing self-assessment of skills with feedback from volunteer client.
2. In-class presentation of a 10 minute (maximum) segment of a recorded session.
3. Submission of 2 x 30 minute recorded coaching sessions for review and assessment by supervising lecturer. The 1st recording is due no later than 1 week after the 3rd class, and the 2nd recording is due no later than 1 week after the final class.
4. Written assignment – reflection of overall personal experience, learning and growth from ongoing coaching of a client, as well as application of relevant competencies. 500 -1,000 words. Due 1 week after final class.

Results: Competent / Not Yet Competent

This is in accordance with competency based guidelines.

Each assessable component must achieve an assessment of 'competent' in order to gain an overall result of 'Competent'. No grades available.

Note: To facilitate the return of your assignment you will need to provide a stamped addressed envelope. If no envelope is provided, assignments will be destroyed after results are recorded. Please also ensure you have a copy of your assignment before submission for your own records.

ATTENDANCE

80% minimum.

PRE-REQUISITES

Introduction to Transpersonal Psychology, Core Skills for Transformation, Coaching Presence.

CO-REQUISITES

Creating Awareness and Transformation.

MATERIALS REQUIRED

Notebook, pen.

TEXTBOOKS**Required:**

Whitworth L, Kimsey-House K, Kimsey-House H, Sandahl P, *Co-Active Coaching: New Skills for Coaching People Towards Success in Work and Life*. Davies-Black, California (latest edition).

Recommended Reading / References:

Nil.

WEEK-BY-WEEK OUTLINE

WEEK 1	Introduction to the competencies, qualities and core skills connected to Transformational Coaching in Practice. Overview of the ICF Code of Ethics. Review of the phases of the transformational coaching process. The initial coaching session.
WEEK 2	Transformational coaching supervision and training. Ongoing coaching sessions. In-class presentations – 10 minute (maximum) segment of a recorded coaching session. Exploring relevant coaching skills, tools and competencies.
WEEK 3	Transformational coaching supervision and training. Ongoing coaching sessions. In-class presentations – 10 minute (maximum) segment of a recorded coaching session. Exploring relevant coaching skills, tools and competencies. 1st Recording Due - 1 week after this 3rd class
WEEK 4	Transformational coaching supervision and training. Ongoing coaching sessions. In-class presentations – 10 minute (maximum) segment of a recorded coaching session. Exploring relevant coaching skills, tools and competencies.
WEEK 5	Transformational coaching supervision and training. In-class presentations - 10 minute (maximum) segment of a recorded coaching session. The final coaching session – completion of the journey.
WEEK 6	Transformational coaching supervision and training. In-class presentations – 10 minute (maximum) segment of a recorded coaching session. Review of the transformational coaching journey and closure. 2nd Recording and Assignment Due - 1 week after this final class

Please be respectful of your fellow students and arrive on time for classes. Please ensure all mobile phones are turned off prior to the commencement of class.

Nature Care College Pty Ltd ABN 77 105 282 264

46 Nicholson Street, St Leonards NSW 2065

Tel: +61 (0)2 8423 8333 Fax: +61 (0)2 9436 0503

email: info@naturecare.com.au website: www.naturecare.com.au