



Nature Care College

Case Management in Context

DESCRIPTION	This unit describes the skills needed to identify the suitability of clients for holistic counselling services and to develop, facilitate and monitor all aspects of case management. The important factors of mental health status, service suitability and referral are explored within a contemporary and holistic perspective.
DURATION	24 hours
LEARNING OUTCOMES	By the conclusion of this unit of study participants should be able to: <ol style="list-style-type: none"> 1. Demonstrate the ability to obtain information about the client's developmental and mental health status and their suitability for counselling. 2. Identify, report and document issues requiring notification to authorities within professional and organisational guidelines and policies. 3. Facilitate information sharing with the client and others when required in a therapeutic, client-centred way. 4. Develop and monitor an appropriate case management plan which suits client's goals and rights. 5. Demonstrate an expanded awareness of current attitudes and services available for clients living with mental health issues within the context of the allopathic and complementary health models.
TEACHING METHOD	The primary teaching methods used will be: Lecturer presentations, class discussion, case studies, role plays
COMPETENCIES PARTIAL COMPLETION	Competencies within the Diploma of Counselling (CHC51708): Partial completion: CHCCM503C-Develop, facilitate and monitor all aspects of case management CHCCSL512A-Determine suitability of client for counselling services
ASSESSMENT	60% Written research assignment due : week 8 40% Case Presentation (20%) and Role play demonstration (20%) Weeks 9 -12 Both components must be passed at 60% in order to pass this subject.
ATTENDANCE	80% minimum
PRE-REQUISITES	Introduction to the Holistic Perspective, 1A Counselling, Counselling and the Therapeutic Relationship, Counselling Theories, Counselling 1B, Emotional Development and Healing, Transpersonal Counselling in Practice, Ethics, Cultural Diversity and Referral, Counselling Skills in Practice A & B, Attachment, Addiction and Change, Relationship Issues.
CO-REQUISITES	Crisis Intervention and Care for Loss and Grief.
MATERIALS REQUIRED	Notebook, pen.
TEXTBOOKS	Compulsory: Nil Recommended Reading: Summers, Nancy. "Case Management Practice, <i>Skills for the Human Services</i> " (Third Edition) Brooks/Cole Publication Cengage Learning.

WEEK 1	Introduction to the course and assessment. Defining case management and counselling. Identifying similarities and differences. Discussing examples.
WEEK 2	* Sighting students' signed assessment pack The process of case management : 5 Components Case Study : Stress and Anxiety
WEEK 3	Case Management Contexts / The Ecological Model Developmental & Mental Health Assessment.
WEEK 4	The Counsellor's ethical and legal responsibilities Writing case notes/documentation.
WEEK 5	Conducting a case management meeting Outline Stage 1 :Assessment 2 x 30 minute role-plays (Session 1)
WEEK 6	Case management Outline Stages 2,3, 4 & 5 : Planning, Linking (referrals), Monitoring & Reviewing 2 x 30 minute role-plays (Session 2)
WEEK 7	2 x 40 minute role plays using case management model (Session 3)
WEEK 8	2 x 30 minute role-plays (Session 4) Preparation time for student presentation and role-play * Research Assignment due
WEEK 9	Assessments weeks 9 -12 2x 45 minutes Student presentations : case study and role-play
WEEK 10	Assessment 2x 45 minutes Student presentations : case study and role-play
WEEK 11	Assessment 2x 45 minutes Student presentations : case study and role-play
WEEK 12	Assessment 2x 45 minutes Student presentations : case study and role-play Assessment pack signed

Please be respectful of your fellow students and arrive on time for class. Please ensure all mobile phones are turned off prior to the commencement of class.