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# Nature Care College

## Oriental Therapies in Practice

<b>DESCRIPTION</b>	This module is a practical application of various skills that a practitioner will have to use or have knowledge of in a clinical setting. Topics include differential diagnostic skills for the oriental therapies practitioner & information about complementary modalities that can be used in practice.
<b>DURATION</b>	24 hours
<b>LEARNING OUTCOMES</b>	By the conclusion of the module the student will have: 1.Developed a deeper understanding of the Oriental Philosophy 2.Assessed the current status of Shiatsu Therapy within the broader community 3.Developed their knowledge base regarding other Oriental Therapy modalities 4.Enhanced their knowledge and skills to treat clients with special needs 5.Develop their knowledge to differentiate Western Medical diseases using TCM Theory
<b>TEACHING METHOD</b>	Practical demonstration and discussion. Case Study presentation and discussion Role play and group work Course notes. Set reading requirements between terms
<b>ASSESSMENT</b>	Assessment Task 1 - Assignment – 50% Assessment Task 2 – Presentation – 50% <b>Competent / Not Yet Competent</b>
<b>ATTENDANCE</b>	90% minimum
<b>PRE-REQUISITES</b>	Oriental Diagnosis 2 Shiatsu 3 Zen Shiatsu
<b>CO-REQUISITES</b>	Nil
<b>MATERIALS REQUIRED</b>	Notebook, pen.
<b>TEXTBOOKS</b>	<b>(a) Compulsory:</b> Beresford-Cooke Carol. <i>Shiatsu Theory &amp; Practice</i> . Churchill & Livingstone  <b>(b) Recommended Reading / References:</b> Ted Kaptchuk. <i>Chinese Medicine: The web That has no weaver</i> . Rider Giovanni Maciocia. <i>The Foundations of Chinese Medicine</i> . Churchill and Livingstone Bob Flaws & Phillippe Sionneau. <i>The Treatment of modern Western Diseases with Chinese Medicine</i> . Blue Poppy Press 2001

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## WEEKEND BY WEEKEND OUTLINE

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<b>WEEKEND 1</b>	<b>Introduction:</b> Outline assignment / presentation requirements. Shiatsu practice within the broader Industry context
	Discussion and further development of the Oriental Therapies Philosophy.
	<b>Body types &amp; emotions:</b> How they can effect and influence your treatment
<b>WEEKEND 2</b>	<b>Barefoot Shiatsu:</b> - A complete treatment technique Relaxation & meditation techniques for use in the clinical setting
	<b>Working with clinical challenges:</b> Treating clients with disabilities, poor flexibility or specific age groups Treating outside the typical clinical setting
<b>WEEKEND 3</b>	Differentiation of Western Medical diseases using TCM theory.
	Assessment Task 1 - Assignment – Due Assessment Task 2 - Presentation of Report - Due

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Please be respectful of your fellow students and arrive on time for class. Please ensure all mobile phones are turned off prior to the commencement of class.