



Introduction to Energetic Health Concepts

Summary

The course introduces concepts of energy; the body-mind relationship; and energetic perspectives of health, healing and wholeness.

Vibrational tools such as crystals, Sound and Essences, used by energetic healers to facilitate health and harmony in clients, are also introduced.

Duration

24 hours

(12 contact hours and 12 hours self-directed learning)

Hours are inclusive of all supervised and prescribed activities throughout the duration of this subject. These may include lectures, assessments, prescribed reading, research, assignments and activities.

Learning Outcomes

By the conclusion of the subject, you should be able to:

1. Demonstrate understanding of the fundamental principles of body-mind concepts and energetic links to everyday life.
 2. Develop an understanding of the subtle energy systems of the human body (Auras, Chakras and Meridians), and their relationship to health and healing.
 3. Outline the theoretical aspects of energetic assessment and treatment.
 4. Demonstrate an understanding of the importance of self-development, personal evolution and self-healing.
 5. Outline the importance of Ethics and Self-Care in working as an energetic healer.
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Assessment

This subject is assessed via a Written Assignment
Refer to Assessment Pack for full details.

Attendance

Live On-line attendance required – 80% minimum

Pre-requisites

Nil

Resources

You will need a computer to access your course materials and submit assessments. Your computer needs reliable internet access.

NCC is a Wi Fi friendly site. Students are encouraged to use laptops/notepads etc. with internet access for log in into e-Learning for resources.

Compulsory Textbooks

Nil

Content

- Introduction
- Mind-Body-Spirit
- Energy work independent of modality: more connected to Perception, Interaction, Engagement
- What is Energy; Sensing Energy; Energetic Cleansing and Protection
- Philosophy of working with energy: intention, mindfulness, respect and consent
- What is Energetic Healing
- Self-care and self-development
- Mind-energy-body; Disease WHAT AFFECTS ENERGY? Traditional vs. Modern approaches; An Overview of Consciousness: What is Consciousness? States of Consciousness; Altered States of Consciousness, Meditation
- Chakras OVERVIEW
- Auric Fields
- Meridians overview
- Overview of EFT (Tapping)
- Pendulums: General overview
- General Overview of Psychic Abilities
- Energy is VIBRATION Vibrational Tools: Essences: (Flower, Gem, Shell, Animal, Environment); Colour Healing; Crystal Healing; Music/Sound Therapy Intention Feelings
- Distant Healing; Space Clearing
- Energetic Healing in society today
- Ethics and integrity for Energetic Healers
- Self-Care for Energetic Healers
- Universal LAWS connected to Energy work (everything is Energy, everything is connected, As above so below etc...

Certificate of Completion

Enrolled students completing this subject as a stand alone short course will be issued with a Certificate of Completion.

If you are completing the subject as part of a Course Program you will be issued with a Transcript of Results upon the completion of your Course Program studies.

Studying for Personal Interest Only?

If you are learning for personal growth, you may elect not to participate in the assessment or receive a Certificate of Completion.

Please email info@naturecare.com to advise that you will not be completing the assessment.